# **Daifukuji Soto Mission**

### **Nurturing Spiritual Friendships**







79-7241 Mamalahoa Hwy., Kealakekua, HI 96750

November, 2023

(808) 322-3524 www.daifukuji.org

See "archives" on our website for previous newsletters.

### Inside this issue

Thanksgiving Servicep. 1
Online Auction for Kona Daifukuji Taikop. 2
Temple & Grounds Clean Up p. 3
November activitiesp. 4
Temple Tourp. 5
Library Newsp. 5
Dharma Classesp. 6
Fujinkai's Field Trippp. 7-8
Zen Retreatp. 9

Mahalo for supporting Daifukuji's bazaar on October 29th!

9:00 a.m. - 1:00 p.m.

# Thanksgiving Service "Grateful for the Three Jewels" Sunday, November 19, 2023 10:00 a.m. All are welcome

All are warmly invited to Daifukuji's Thanksgiving Service. Let us gather the Sunday before Thanksgiving to express our gratitude to Buddha, Dharma, and Sangha, the Three Jewels which enrich our lives in countless ways. This service offers a time for reflection on all that supports our existence and brings meaning and happiness into our lives. A Dharma message will be given by Deacon Amy Jikai.

We ask that you bring some canned or packaged food for the Hawaii Island Food Basket, and your own set of reusable tableware if you plan on staying for refreshments.

The Daifukuji Gift Shop will be open, offering a good chance to do some holiday shopping.



### Autumn Aloha from Reverend Jikō

Aloha Daifukuji members and friends,

Seeing farmers out in their fields harvesting bright red coffee cherries, I feel the deepening of autumn and my heart longing for still and quiet moments. The Zen Retreat on November 18 will be an opportunity to spend a day in silence with folks from our temple and community. Two weeks later on December 1st, the Rohatsu Sesshin will begin with its eight mornings and seven evenings of zazen. During this period of deep quiet, I will begin a new series of Dharma classes on Zoom, focusing on the topic of impermanence and death. In Buddhism, one can honor impermanence and befriend death as one's greatest teachers.

Dear and noble Sangha, how truly grateful I am for each one of you and for the precious moments that we share in this life! Please take care and strive to live each unrepeatable day with awareness, compassion, and loving-kindness. My family joins me in wishing you and your 'ohana a very happy Thanksgiving.

Taking refuge in Buddha, Dharma, & Sangha,

Jíkō Nakade

Resident Minister

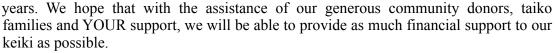
# Online Auction for Kona Daifukuji Taiko November 18 - 25, 2023

by Jolene Furuto Mears, Auction Chair

Konnichiwa & Domo Arigatou Gozaimasu for your interest and support of our Kona Daifukuji Youth Taiko Group Silent Auction!

100% of all funds raised will be used to help defray trip costs for 12 youth participants and 2 instructors to travel to Japan in July of 2024. The purpose of the trip is for the children to be enriched and inspired by both varied cultural experiences, as well as valuable hands-on taiko instruction from qualified instructors.

To earn this opportunity, all of the participants have been practicing diligently 2-3 times a week for over 5



To check out our online auction page, please go to the link below or scan the QR code. The site will be updated as new items are received. The auction goes live on November 18!

https://www.32auctions.com/konadaifukujitaiko







### Welcome to Our New Members

Our sangha warmly welcomes the following new members:

Tish Langbridge

Spencer Kelly and Malia Tanaka

New members are always welcome. For information, see Rev. Jiko or visit our website:

http://www.daifukuji.org/membership brochure.pdf.



## In Memoriam

To the family of the late Aaron Wolfe, who passed away on October 9, 2023 at the age of 50, we express our sincere condolences. Aaron Hōgaku was a member of the Daifukuji Zazenkai, Fujinkai, Shakyo & Samu groups, and Daifukuji Zen Taiko. *Namu Kanzeon Bosatsu* 



Kōkua Needed To Clean Temple and Grounds Sunday, November 26, 2023 8:00 A.M.

Sangha members and temple groups, please pitch in and lend a hand on November 26. Our goal is to clean our temple, halls, columbarium, and grounds in preparation for Bodhi Day and the New Year.

We will begin with a short blessing inside the temple at 8:00 a.m. Please bring rags, buckets, garden tools and gloves, all labelled with your name. Any amount of time you can contribute would be very much appreciated.

Refreshments will be provided. (Please bring your own water bottle and your own set of reusable tableware to help us eliminate the use of single-serve products.)

Questions? Please call Shaun, our clean-up day coordinator, at (808) 936-9815.



Soto Zen Buddhist Confirmation Ceremony



Big Island Taiko Festival in Hilo

### **November Activities**

**Dharma Keiki, November 5 & 12** - A Dharma program for preschoolers - 3rd graders that's held at 9:30 a.m. on certain Sundays. Contact Rev. Jiko for information & schedule. (808)322-3524, rev.jiko@daifukuji.org.

**Zazen (Meditation)** - Zazen is offered in person and via Zoom every Wednesday and Friday from 6:00 a.m. - 7:00 a.m. Wednesday zazen is followed by 20 minutes of chanting. Practitioners are asked to arrive at 5:45 a.m. Monday evening zazen is held from 6 p.m. - 7 p.m. Contact Rev. Jiko at rev.jiko@daifukuji.org to receive the Zoom link for zazen sessions.

**Shakyo (Tracing the Sutras) & Shabutsu (tracing pictures of buddhas)** - Saturday, July 4 from 9:30 a.m. to 11:00 a.m. in the Social Hall. All are welcome. By donation.

**Daifukuji Gay Sangha** - 1st Friday of the month at 5:30 p.m. Meditation and discussion. For information, call Clear Houn at (808) 328-0329.

**Sangha Sisters Women's Spirituality Circle** - Meetings are held in person and via Zoom on the second Friday of the month at 5:30 p.m. Call Susie at (808) 936-5817 for information.

**T'ai Chi** - All classes are one hour and held inside the Hisashi Kimura Cultural Hall. \$5.00 per class. Call instructor Philip Kakuho Hema for schedule and other information: (808) 345-1492.

**Soleful Strutters** - T'ai Chi warm-up & walking on temple grounds at 9:00 a.m. on Tuesdays. For information, please contact Hannah Israel at (408) 421-8845 or Reverend Jiko at (808) 322-3524.

**Samu Fridays** - Volunteers are needed for temple cleaning and grounds maintenance on Friday mornings from 8 a.m. - 10 a.m. Coffee hour & fellowship follows. Bring a snack to share.

**Yoga** — Mondays from 8:30 - 9:30 a.m. in the Hisashi Kimura Cultural Hall. No fee, but donations accepted. Bring a mat or towel. Call instructor Liz Aschenbrenner: (808) 345-1270 or <a href="mailto:liz217a@hotmail.com">liz217a@hotmail.com</a>.

**Yoga via Zoom** — Thursdays from 8:00 - 9:00 a.m. HST. Welcome and Warm-up from 7:45 - 8 a.m. HST. ZOOM Yoga from 8:00 - 9:00 a.m. HST. Optional Chat from 9:00- 9:20 a.m. Drop in or whole series. What's needed: Yoga mat, loose clothing, water, towel, empty stomach. "Dana"=Temple Offering by mail or at: http:// <a href="www.daifukuji.org/donation/index.html">www.daifukuji.org/donation/index.html</a>. Instructor: Ambika "Jō-An" Rose, (808) 430-2620. Email for Registration & Zoom Link: <a href="mailto:ambikarose@hawaiiantel.net">ambikarose@hawaiiantel.net</a>.

### **Free Temple Tour**

Sunday, November 12 3:00 p.m. - 4:00 p.m.



Bring your friends to a free one-hour tour of Daifukuji. Your tour guides will be Rev. Jiko and Clear Houn Englebert. The history and meaning of the objects in and around the temple will be explained, as well as the architectural features of the building. This is an opportunity to ask questions and learn about the unique things the temple contains. After the tour, the gift shop will be open.

### **Library News**

by Clear Houn Englebert



Here are the new arrivals:

The Moon Bamboo by Thich Nhat Hanh is a collection of his fiction.

Zen Way—Jesus Way by Tucker Callaway is a new addition to the Comparative Religion section.

The Heart of the Buddha's Path by Dalai Lama is two books reissued in one binding. The two books are: The Power of Compassion and The Four Noble Truths.

The Hidden Lamp by Florence Caplow and Susan Moon is subtitled Stories from Twenty-Five Centuries of Awakened Women.

Women & Buddhism is a special issue of the Canadian Buddhist magazine/journal, Spring Wind, from 1982. This is a very unique publication and I highly recommend it.

The Lotus in Paradise by George Tanabe is another very unique item. It's the stapled-together resource booklet that was published in 2000 in conjunction with an exhibit in Honolulu on Buddhism and Japanese American Identity in Hawaii. Neat old photographs are reproduced and they are to be treasured.

There are four books in Japanese language:

Kannon Sutra That's Applicable to the Present by Yoshio Mitsuyama

Easy-to-Understand Sutra Dictionary by various authors

Zen is a magnificent large-format book with lots of color pictures. We've never had anything like it before in Japanese.

*Taiko for Beginners*. This book is probably for children, but adults would appreciate it too. There's lots of written music in it, so even non-Japanese speakers can learn from it.

And we have a new English-language book for children: *Little Sid* by Ian Lendler, with beautiful color illustrations by Xanthe Bouma. Sid is Siddhartha.



We congratulate the following people who received the bodhisattva precepts in a Soto Zen Buddhist Confirmation Ceremony officiated by Bishop Shugen Komagata on September 16, 2023:

Raymond Jōshō Baltero, Sharlene Hōju Gee, Catherine Keiryū Ishida, Spencer Jōkai Kelly, Richard Kakudō Lawyer, Dori Ann Jikei Nakahira, Hani Egaku Ouali, Kathleen Myōe Puou, Ambika JōAn Rose (renewed vows), Isabelle Jōkei Scholl, Andrea Shōen and Phillip Dōen Shea, Wiliwili Keiju Weaver, Ray Jizan Wofford, and the late Aaron Hōgaku Wolfe.

A New 5-Week Zoom Dharma Series

### Two of Our Greatest Teachers: Impermanence and Death



MUJŌ

Impermanence

Two groups (please choose 1):

Group 1: Thursdays from 1:00 -2:00 p.m. Hawaii Time (November 30 - December 29) Group 2: Saturdays from 8:00 - 9:00 a.m. Hawaii Time (December 2 - December 30)

In this five-week series guided by Rev. Jikō, we will reflect upon the Buddhist teachings on impermanence and death and examine our personal views and feelings on the topic.

Notes Rev. Jiko, "I have been wanting to offer classes on this topic for years, and now seems to be a good time to do so. When I was a college student, I took a religion class called *Death and Dying* taught by Professor Mitsuo Aoki, a Hawaii-born theologian who did pioneering work in end-of-life education and counseling and laid the foundation for hospice programs in Hawaii. To this day, I have kept the notes that I took over 40 years ago. Dr. Aoki's class was *that* good. I feel that I finally have enough life experience to offer a Dharma class on this profound topic."

You are invited to join either the Thursday afternoon or Saturday morning class. Each class is an hour long, and a commitment to being non-judgmental and to holding others' personal stories confidential is required. Please try to attend all five classes.

Rev. Jikō offers the Dharma freely. There is no class fee. To support such programs, one may make a donation to Daifukuji Soto Mission if one wishes to do so.

The registration deadline is November 23, 2023 (Thanksgiving Day). No book will be used for this series.

For more information or to register, please contact Rev. Jikō at (808) 322-3524, rev.jiko@daifukuji.org.



### The Fujinkai's Autumn Field Trip

by Lorraine Jitoku Tanimoto, Field Trip Coordinator

After a three-year hiatus due to the Covid pandemic, and with favorable weather following us from Kona to Hilo, our much awaited field trip finally came and went. On Saturday, September 23rd, twenty-nine Fujinkai members and guests visited the Hilo Daijingu. This Shinto shrine was established on November 3, 1898 as the first Shinto shrine outside Japan. It was rebuilt in its present location after the 1960 tsunami damaged the original structure. Rev. Yuki Fujimori, the residing priestess, gave us a brief explanation of the Shinto religion, while pointing out significant items inside and outside the shrine.

At Miyo's Restaurant we enjoyed our preordered bentos, then walked across the street to Big Island Candies where we shopped for snacks and gifts, a happy way to end our Hilo trip.

It was a fun and education field trip and the camaraderie of traveling with fellow friends made it a memorable one.

Here is a reflection from Fujinkai members Susie Seien Weaver & Barb Shoshin Bosz, who wrote it as "one."

"Have you signed up for the field trip yet?," Lorraine asked me as we were passing each other in the Daifukuji temple kitchen. Well honestly, I'd seen it in the newsletter but hadn't thought about it seriously. "Sure," I said, "sign me up."

This was a few months ago and then suddenly it was September 23. When we got to Daifukuji bright and early at 7 a.m., twenty-nine of us piled into a Robert's school bus, which bottomed out on Daifukuji's driveway. I had not been in a school bus since my kids were little and went on field trips with them.

Continued on page 8

### Continued from page 7







We just bounced along the high road to Waimea with everybody chatting away. There was a stop at in Waimea to stretch our legs and get breakfast. Then we had a lovely ride along the Hamakua Coast to the Hilo Daijingu Shinto shrine, this amazing jewel near the university. The priestess Rev. Yuki Fujimori met us and we followed her as if on a pilgrimage through the Torii gate to a purification station where we all cleansed ourselves with water before entering the temple. Inside, she did a blessing ceremony for us and answered questions about Shintoism, explaining everything we saw around us. Mike Nakade stepped in as an excellent translator. We learned that Hilo Daijingu enshrines several goddesses. Rev. Fujimori was open and kind; she is the first priestess in Daijingu's long history. We were able to all have a lovely experience at this peaceful place. I later learned this is where sangha friends Pam & Alton Kajikawa were married 47 years ago!

After touring the temple grounds and exchanging gifts, we were off to a Japanese bento lunch at Miyo's. They were ready for our big group. We savored our meals. It was a gorgeous day in Hilo and although we had our umbrellas ready, nobody needed them as we walked across the street to Big Island Candies. Now that, too, was a first time experience for me. They gave us free samples and everybody walked out with goodies. Our excellent bus driver Hideo took us over the Saddle Road home with a stretch-and-bathroom break at Mauna Kea State Park. Not much to report about there, just a lot of napping going on. Our Fujinkai is a fun group and this field trip Lorraine organized was over the top. It was so well orchestrated and yet full of surprises. A very memorable day!

The Daifukuji Fujinkai is open to all adults and welcomes new members. For information, please stop by the temple to pick up a brochure and membership form, or visit <a href="https://www.daifukuji.org/activities/Fujinkai\_Brochure\_2022.pdf">https://www.daifukuji.org/activities/Fujinkai\_Brochure\_2022.pdf</a>.



Wishing You a Happy Thanksgiving!

### Time to Slow Down — Join Us for a Day of Silence on November 18

The Daifukuji Zazenkai invites you to its 2023 Zen Retreat which is open to all. Participants are asked to arrive and check in at 8:30 a.m. The retreat will begin at 9:00 a.m. with an opening circle followed by instruction on the practice of zazen given by Rev. Jiko. Two 25-minute periods of seated meditation follow, with 10 minutes of walking meditation between them. Chairs will be available. Next comes *shakyo*, a kind of art meditation which involves tracing the Heart Sutra and pictures of buddhas on rice paper. At midday, we'll enjoy a vegetarian lunch - this is a potluck, so please bring a dish to share, as well as your own set of reusable tableware.

In the afternoon, a brief yoga or gi gong session will give one an opportunity to move and stretch. This is followed by listening to Dharma talks inside the temple. The afternoon concludes with two periods of seated meditation, a closing circle, a group photo, and tea. There's time to visit the temple's gift shop after the retreat is *pau*, if desired.

A donation of \$15 is suggested. To pre-register, please contact Rev. Jiko at rev.jiko@daifukuji.org or call (808) 322-3524. Questions? Please feel free to ask.

Zazenkai: We have a potluck breakfast meeting on November 1 following zazen. Please join us.



### Coming Up in December...

Rohatsu Sesshin December 1- 8

Bodhi Day Service December 10

Project Dana December 13

Kannonko Service and Ofuda-yaki Ceremony

December 20

Kona Daifukuji Taiko's Mini Concert

December 30

Note: We are sorry to have to announce that no mochitsuki (mochi making) will be held at year's end. Rev. Jikō's video on how to make your own New Year's mochi the easy way is still available on the temple's YouTube channel: <a href="https://www.youtube.com/watch?">https://www.youtube.com/watch?</a> v=dJno1VdIOwE&list=PL1vCcj2ZDjWTlEm kBwLyVA4O92ppTPba6

# November 2023

Happy Strummers

Orchid Club

Home

Zazen



Youth Taiko

October 2023

S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14

15 16 17 18 19 20 21

November 2023

SMTWTFS

5 6 7 8 9 10 11

12 13 14 15 16 17 18

December 2023

3 4 5 6 7 8 9

10 11 12 13 14 15 16



79-7241 Mamalahoa Hwy, Kealakekua, HI 96750

(808) 322-3524



# KONA DAIFUKUJI "ZOOM" YOGA 10.18.23

6 Thurs. 8-9am HST Nov.16, 23, 30 Dec. 7, 14, 21

- 7:45 8 am HST Welcome Warm-up
- 8:00 9 am
- "ZOOM" YOGA!
- 9:00 9:20am Chat (optional)
- 12:45 1 pm EST
- 1:00 2 pm
- 2:00 2:20 pm

Open to: Members, Kona Community and ALL Beginners & Experienced WELCOME!

@Drop in or Whole Series@

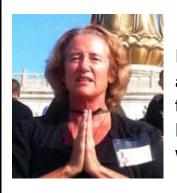
EnErGy is our focus, so move to your body!

Part 2: Why does Alignment matter? Aligning our body ENERGY!

Bring: Yoga mat, loose clothing, H2O, & towel, empty stomach

"Dana"=Temple Offering by mail or at: <a href="http://www.daifukuji.org/donation/index.html">http://www.daifukuji.org/donation/index.html</a>

Email for REGISTRATION & Link: <a href="mailto:ambikarose@hawaiiantel.net">ambikarose@hawaiiantel.net</a>



Instructor: Ambika "Jō-An" Rose

I have taught yoga for 46 years. The "Style" is **Amrit Yoga** an authentic, meditative exploration of **Shakti [Chi] EnErGy** through intention, breath, alignment, extension & movement. Following postures, we pause: relax, breathe, and "let go!" We **EXPLORE ENERGY! For inquiry: 808-430-2620** 10.18.23