Daifukuji Soto Mission

Nurturing Spiritual Friendships

79-7241 Mamalahoa Hwy., Kealakekua, HI 96750 (808) 322-3524 <u>www.daifukuji.org</u>

See "archives" on our website for previous newsletters.

"Walking the Path of Compassion" Sunday, March 19, 2023 at 10:00 a.m. All are welcome. Bring 36 coins. Potluck lunch to follow.

Spring Higan and 33 Kannon Pilgrimage Service

Please join us on a ritualized pilgrimage to the 33 Kannon temples of western Japan. Thirty-three statuettes of Kannon-sama, the Bodhisattva of Compassion, will be displayed in the Kannon Hall. While the sutras are chanted, the pilgrims circulate the hall, stepping onto small packets of earth brought to Kona many years ago from each of the temples. This service has been held annually at Daifukuji since 1948. It is a practice to offer a coin to each Kannon-sama. There are a total of 36. A spring Higan service will also be held. **Lunch will be a potluck.** The gift shop will be open.

From March 20 - 23 you may come to the temple to do the pilgrimage on your own. Feel free to bring family members and friends. To ensure that the temple is open, it is best to call ahead (808-322-3524). Please note that there will be no Kannon-ko service on March 15.

Help is needed — A call for volunteers

To set up the 33 Kannon: Saturday, March 18 at 9:30 a.m.

To put away the 33 Kannon: Friday, March 24 at 8:00 a.m.

We are in need of flowers for this special service. If you are able to donate flowers, please inform Rev. Jiko by March 10. Thank you.





March, 2023





Rev. Jiko introducing the Daifukuji Baikako choir at the New Year's Party.

Aloha from Reverend Jikō

Aloha Sangha members and friends,

There are accounts of not only how radiant the countenance of the Buddha was, but also that of the monks and nuns and followers of his noble sangha. People around them noticed their calmness and composure, their mindful speech and actions, their compassion and spiritual joy. They asked, "Whose teachings do you follow?" They were told, "the Buddha, the Awakened One." We can be grateful that we, too, have encountered the Buddha's teachings and have the capacity to awaken.

In March of each year, our sangha gathers to participate in a ritualized pilgrimage to 33 Kannon temples of western Japan. Donning the traditional white pilgrims' vests provided by the temple, we focus our minds on the power of compassion, symbolized by the 33 Kannon bodhisattvas. Compassion. It's what our world needs.

In gassho,

Jíko Nakade



The Daifukuji Happy Strummers



Party coordinators Barb Shoshin and Joyce Yuko with temple president Stephen Shodo.

Honoríng the Buddha's Bírth





The Hawaii Association of International Buddhists invites the public to the **11th Annual Buddha Day Celebration**

"Buddhism and Mental Health"

March 12, 2023 9:30 a.m. - 11:00 a.m. HST Kona Hongwanji Buddhist Temple 81-6630 Mamalahoa Hwy in Kealakekua, Kona (Ample parking in back of Bank of Hawaii) Free Admission In-person and via Zoom Register for the Zoom link at https://forms.gle/FuVvtH2USoRCNWQ27.

"Resilience in Our Lives" featuring keynote speaker Bart Aoki, PhD



A graduate of Konawaena High School, Dr. Bart Aoki holds masters and doctorate degrees in Clinical Psychology. During his career of over forty years, he practiced psychology, conducted research, and led grant programs in the state of California. Dr. Aoki also developed community-based programs to strengthen social competence and resilience among Asian American adolescents.

For questions, please contact Rev. Blayne Higa at <u>bhiga@honpahi.org</u>, 808-323-2993 or Rev. Jiko Nakade at <u>rev.jiko@daifukuji.org</u>, 808-322-3524.

In Memoriam

Glady Arase, 91, passed away on January 26, 2023.

Kikuko Ushijima, 93, passed away on February 7, 2023.

We express our deepest sympathy to their families and will cherish our memories of our departed sangha members.

Welcome to Our Sangha

We warmly welcome the following new member:

Allison Clarke

New members are always welcome. For information, see Rev. Jiko or visit our website:

<u>http://www.daifukuji.org/</u> <u>membership_brochure.pdf</u>.



Fujinkai Activity: A Presentation by MaryAnne Jiu SeibertSunday, March 262:00 p.m. Social Hall

Fujinkai members, please come to our activity of the month. Feel free to bring a friend and, if you wish, some plant-based refreshments.

EATING IS ALWAYS AN OPPORTUNITY FOR US TO BE IN THE PRESENT MOMENT.

What did it take to bring this food to me? Who was involved? Who is sitting with me?

Should we be moving toward a plant-based diet? To some, a vegan diet is about restriction: unappealing and impossible. The shortcut term for "no animal products." Many dismayed hostesses and hosts have been flummoxed: "Well, that doesn't leave much to choose from! What on earth DO you eat????" The reply is always, "Everything else." Vegan takes on a whole new meaning when we use the recent coinage "plant-based diet".

Let's share our stories and learn from each other. Some are just curious, others would like to change. I've been asked to do a presentation because I've had 35 years of experience with plant-based eating and served on the board of EarthSave Seattle for 15 years. I'll bring some commercially prepared vegan foods to sample, and if you have a favorite you'd like to share, please let me know so I won't duplicate. I'd love to be introduced to something new. MaryAnne Jiu <u>CMU70@icloud.com</u>

MaryAnne, whose Buddhist name is Jiu, is a member of our Daifukuji sangha together with her husband John. She is a member of the Dharma study group and teaches kids yoga to the Dharma Keiki group.

For further information, contact Rev. Jiko at (808) 322-3524, rev.jiko@daifukuji.org.

March Activities

Dharma Keiki, March 5 & March 26 - A Dharma program for preschoolers - 3rd graders that's held twice a month at 9:30 a.m. on Sundays. Contact Rev. Jiko for information & schedule. (808)322-3524, rev.jiko@daifukuji.org

Shakyo (Tracing the Sutras) & Shabutsu (tracing pictures of buddhas) - Saturday, March 4 from 9:30 a.m. to 11:00 a.m. in the Social Hall. All are welcome. By donation.

Zazen and Chanting - Zazen is offered in person and via Zoom every Wednesday and Friday from 6:00 a.m. - 7:00 a.m. Wednesday zazen is followed by 20 minutes of chanting. Practitioners are asked to arrive at 5:45 a.m. Contact Rev. Jiko at <u>rev.jiko@daifukuji.org</u> to receive the Zoom link for zazen sessions.

Daifukuji Gay Sangha - 1st Friday of the month at 5:30 p.m. Meditation and discussion. For information, call Clear Houn at (808) 328-0329.

Sangha Sisters Women's Spirituality Circle - Meetings are held both in person and via Zoom on the second Friday of the month at 6:00 p.m. Call Susie at (808) 936-5817 for information.

T'ai Chi - All classes are one hour and held inside the Hisashi Kimura Cultural Hall. \$5.00 per class. Call instructor Philip Kakuho Hema for schedule and other information: (808) 345-1492.

Soleful Strutters - T'ai Chi warm-up & walking on temple grounds at 9:00 a.m. on Tuesdays. For information, please contact Hannah Israel at (408) 421-8845 or Reverend Jiko at (808) 322-3524.

Samu Fridays - Volunteers are needed for temple cleaning and grounds maintenance on Friday mornings from 8 a.m. - 10 a.m. Coffee hour & fellowship follows. Bring a snack to share.

Yoga — Mondays from 8:30 - 9:30 a.m. in the Hisashi Kimura Cultural Hall. No fee, but donations accepted. Bring a mat or towel. Call instructor Liz Aschenbrenner: (808) 345-1270 or liz217a@hotmail.com. Note: No class will be held on March 20.

Yoga via Zoom (February 23 - March 30: Basic yoga asanas/postures)

Thursdays from 8:00 - 9:00 a.m. HST. Welcome and Warm-up from 7:45 a.m. HST. ZOOM Yoga from 8:00 - 9:00 a.m. HST. Optional Chat from 9:00- 9:20 a.m. "Dana"=Temple Offering by mail or at: <u>https://www.daifukuji.org/donation/index.html</u>. Instructor: Ambika "Jō-An" Rose, (808) 430-2620. Email for Registration & Zoom Link: <u>ambikarose@hawaiiantel.net</u>.



Zazenkai to Hold Vegetarian Potluck Breakfast Meeting March 1 7:00 a.m. (after zazen)

Members of the Daifukuji zazen group are cordially invited to a vegetarian potluck breakfast meeting on Wednesday, March 1. The purpose of this meeting is to plan the Zazenkai's offering of a *Hanamatsuri* lunch for the Buddha Day service on April 9.

Paper goods will be available, but please bring your own oryoki set (plate, utensils, and mug) if you can.



Dharma Class Gathering and Vegetarian Potluck Lunch

Saturday, April 29 11:30 a.m. Social Hall

Members of the Thursday and Saturday "Hidden Lamp" Dharma classes, as well as members of all previous Dharma classes, are all invited to a potluck lunch get-together on Saturday, April 29 at 11:30 a.m. in the social hall.

Please bring something for the potluck lunch and a Dharma quote or saying that you like.

Paper goods will be available, but please bring your own plate, utensils, and mug if possible. Mahalo.



Susan & Susie

Congratulations to Sei-en and Ki-en

On February 4th, a Soto Zen Buddhist Lay Confirmation Ceremony was held for temple members Susan Harvey and Susie Weaver. Upon receiving the sixteen bodhisattva precepts, Susan received the Buddhist name Ki-en, meaning "Garden of Joy," from Reverend Jiko. Susie's Buddhist name is Sei-en, which means "Garden of Serenity." We extend to both Ki-en and Sei-en our sangha's warmest congratulations!

A new three-month series of classes on the precepts will begin in June of this year. Details are forthcoming and will be announced by Rev. Jiko in next month's newsletter. She is planning to offer the next Soto Zen Buddhist Lay Confirmation Ceremony in September. Those interested are asked to contact Rev. Jiko. (808) 322-3524, rev.jiko@daifukuji.org

Your 2023 & 2024 Board of Directors

Serving our sangha!

President: Stephen Shodo Tanaka Vice-president: Barbara Shoshin Bosz



From left to right: Barb, Betsy, Teri, Joyce, Steve, Bobby, Stephen, Eliana.

Recording Secretary: Betsy Kairen Morrigan

Correspondence Secretary: Teri Jigen Hollowell

Treasurer: Joyce Yuko St. Arnault Assistant treasurer: Steve Hoshin Mann

Directors: Bobby Command, Judie Myoko Fekete, Kai Ioh, Travis Hosshin Marsh, Carlo Taizan Mireles, and Eliana Jisho Sattler

A Report from the Board

By Betsy Kairen Morrigan, Recording Secretary

The Daifukuji Board has been busy with many important projects to improve the physical aspects of our temple and to celebrate the spiritual life with our sangha.

Our New Year's Party on January 29, 2023 was well-attended and very successful, with over a hundred celebrants enjoying a good meal, great taiko performance, and the changing of the Daifukuji Board of Directors. The Board welcomed new members Travis Hosshin Marsh and Betsy Kairen Morrigan, and said thanks and goodbye to retiring board members Jan Bovard, Michele Abe, Tony Takai and Harold Hall. We all enjoyed a wonderful meal and a delightful and very energetic taiko performance by the youth taiko drummers. The Board thanks everyone who did so much work for this party and those who donated food and prizes. Almost everyone went home happily with a nice raffle gift.

The painting of the temple roofs is complete, and the white roofs are now sparkling bright. This painting of the temple complex was largely funded by a generous grant from the Historic Hawaii Foundation.

The Board replaced two sinks in the women's restroom and thanks Larry Yoshiyama for installing them. The next project is to replace the carpet in the cultural hall and clean the carpet in the main temple room, the meditation room, and the library inside the temple.

The Board is now looking into converting the old crematorium up the hill into a multipurpose space, especially for the taiko drummers to work on their drums.



New Year's Party Mahalo

There isn't enough space on this page to thank everyone who contributed to the success of our temple's New Year's party in some way, so we'll just send out a BIG mahalo to all!



We do, however, wish to recognize those who spent hours standing on their feet working in the hall kitchen over the course of two days to prepare the delicious feast which everyone enjoyed. A warm mahalo to

Merle Uyeda, Ann Nakamoto, Marsha Norvell, Kelly Deguchi, Jessica Yamasawa, Lorraine Tanimoto, Joy Kawakami, Andrea Shea, Yuki Yamane, Hideko Kawakami, Ayako Sasaki, Elaine Fernandez, Michiko Enomoto, Lori Uchimura, Akemi Iwamoto, Renee Kimura, Reiko Sekine, & Ella Yasuda. (If your name was missed, please forgive us and know that your help was appreciated.)

It took a lot of planning and coordination to make this party happen. The food, decorations, and entertainment were delightful. What's more, it was a joy to see our 91-year-old MC Walter Kimura tell his "kolohe" jokes, give the New Year's toast, and share his resonant voice on stage. What an inspiration!

Mahalo, Daifukuji 'ohana, for coming together to share your aloha. With so much beautiful energy generated, this will surely be a happy Year of the Rabbit in a multitude of ways.









Mahalo to artist Michele for creating this sparkling mosaic.

A Garden of Blessings

Before sunset on February 10th, the Daifukuji Sangha Sisters group gathered for a garden blessing which was performed by Rev. Jiko. Over the course of a year the women transformed a rocky lava outcrop above the columbarium into a delightful garden filled with a variety of succulents, colorful flowers, and amazing art. All are invited to enjoy this garden and paint a rock to add to it. Mahalo, Sangha Sisters!



Mahalo to Sherry Yamaguchi for donating Valentine's Day card kits.

Project Dana: Daifukuji's Kupuna Program

Seniors 60 and above, who are members of Daifukuji, are warmly invited to join Project Dana, a monthly program which brings kupuna and volunteers together for fun, exercise, and fellowship. This is where holidays are celebrated, nutritious lunches are served, warm smiles abound, and everyone goes home with flowers and bingo prizes.

Project Dana is held on the second Wednesday of the month from 9:30 a.m. to noon. For information, please contact Joyce at (808) 329-3833 or Rev. Jiko at (808) 322-3524.

Enlightenment



By Michael Keller

I'm not sure where the idea in Zen comes from that enlightenment is so rare and special that few can hope to experience it. The source may be D.T. Suzuki or Alan Watts or both. Happily there are counter indications in Zen that enlightenment is not either special or remote.

I remember a long time ago seeing a cartoon in some Buddhist journal that showed two monks sitting side by side, who had become enlightened. The one monk said to the other, "Is this all there is?" Refreshingly, that takes some of the specialness out of enlightenment. Similarly, in Uchiyama's book, *Opening the Hand of Thought*, a certain Sawaki Roshi is quoted as saying, "I've had several big satoris and numerous small ones, and I can tell you that it doesn't amount to a hill of beans."

As for the remoteness of enlightenment, the contemporary Zen teacher, Adyashanti, has published a book of his talks entitled *The End of Your World*. It is directed to those of his students who have had an enlightenment experience as well as to zazen practitioners in general. In the introduction to Adyashanti's book, the editor says that the subject of the book is "the misconceptions, pitfalls, and delusions that can occur after an initial experience of spiritual awakening. This is an interesting book, but what I mainly want to remark about it is that its intended readership must be considerable. Awakening experiences are no doubt more common than might be supposed.

Enlightenment is the prerogative of everyone. Thich Nhat Hanh says in *Understanding Our Mind*, "The seed of enlightenment is already within our consciousness. This is our Buddha nature – the inherent quality of enlightened mind that we all possess, and which needs only to be nurtured."

The best nutriment is a practice such as zazen. Since the advice of Zen teachers is not to have any "gaining idea" in zazen practice, enlightenment should not be deliberately sought during zazen or in any other way. Chances are that enlightenment is going to come in a kind of stealthy way as one continues to practice, just as one gets gradually wet in a fog without noticing it. See Suzuki Roshi's *Zen Mind, Beginner's Mind*.

Ultimately it doesn't matter whether a person is enlightened or not. In an enlightened mind, everything is equally affirmative. Again in *Zen Mind, Beginner's Mind,* Suzuki Roshi says, "In your big mind, everything has the same value. Everything is Buddha himself." That is the outlook of an enlightened mind.

To read more essays by Michael Keller, visit his website <u>https://www.zazenessays.com/</u>.

Coming Up in April — Buddha Day Celebration at Daifukuji

Sunday, April 9 10:00 a.m. "The Festival of Flowers" Hanamatsuri

Together, we will celebrate the Buddha's birth and participate in the pouring of sweet heavenly tea over a statue of the infant Buddha. There will be a spring egg hunt for the keiki. Lunch will prepared by the Daifukuji Zazenkai. All are invited.



79-7241 Mamalahoa Hwy, Kealakekua, HI 96750 (808) 322-3524

2023

KONA DAIFUKUJI "ZOOM" YOGA 1.22.23

6 Thursdays 8-9 am HST Feb. 23 Mar.2, 9,16, 23, 30

- 7:45 8 am HST Welcome Warm-up
- 8:00 9 am "ZOOM" YOGA!
- 9:00 9:20am
- am Chat (optional)
- 12:45 1 pm EST • 1:00 – 2 pm
 - 2:00 2:20 pm

Open to: Members, Kona Community and ALL Beginners & Experienced WELCOME!

@Drop in or Whole Series@

EnErGy is our focus, so move to your body!

Part 1: "Basic Yoga Asanas/Postures" Tuning into our ENERGY!

Bring: Yoga mat, loose clothing, H2O, & towel, empty stomach "Dana"=Temple Offering by mail or at: <u>http://www.daifukuji.org/donation/index.html</u>

Email for REGISTRATION & Link: ambikarose@hawaiiantel.net



Instructor: Ambika "Jō-An" Rose

I have taught yoga for 45 years. The "Style" is **Amrit Yoga** an authentic, meditative exploration of **Shakti [Chi] EnErGy** through intention, breath, alignment, extension & movement. Following postures, we pause: relax, breathe, and "let go!" We **EXPLORE ENERGY! For inquiry: 808-430-2620** 1.22.23

March 2023			February 2023 S M T W T F S 1 2 3 4	March 2023 S M T W T F S 1 2 3 4	April 2023 S M T W T F S 1
ZazenHappy StrummersOrchid ClubSangha SistersTemple BoardSamuYouth TaikoFujinkaiSpecial EvenAdult TaikoKannon-ko ServiceBaikako PraMajor ServiceProject DanaDharma Stu	Work ts Offsite Backup tice Bon Dance Group	Youth Taiko Adult Taiko Family Service Major Service and 15 more	5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 9:30 AM Spring HSMA Meeting	27 = 5:00 PM Youth Taiko	28 = 9:00 AM Soleful Strutters Moai = 9:00 AM Tai Chi = 6:00 PM Zen Taiko	1 = 6:00 AM Zazen & Breakfast Meeting = 5:00 PM Youth Taiko	2 = 8:00 AM Zoom Yoga with Ambika = 9:00 AM Tai Chi = 1:00 PM Zoom Dharma Study = 6:00 PM Zen Taiko = 7:00 PM Temple Board	3 = 6:00 AM Zazen = 8:00 AM Samu = 10:00 AM Gift shop 10am-1pm = 5:30 PM Gay Sangha	4 = 8:00 AM Zoom Dharma Study = 9:30 AM Shakyo = 10:15 AM Youth Taiko = 11:00 AM Gift Shop 11am-2pm
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Dharma Keiki 9:30 am	 8:30 AM Yoga with Liz 5:00 PM Youth Taiko 	 9:00 AM Soleful Strutters Moai 9:00 AM Tai Chi 6:00 PM Zen Taiko 	Project Dana 9:30 AM	 8:00 AM Zoom Yoga with Ambika 9:00 AM Tai Chi 6:00 PM Zen Taiko 	 6:00 AM Zazen 8:00 AM Samu 10:00 AM Gift shop 10am-1pm 6:00 PM Sangha Sisters 	 8:00 AM Zoom Dharma Study 10:15 AM Youth Taiko 11:00 AM Gift Shop 11am-2pm
 7:45 AM Baikako Practice 2:00 PM Happy Strummers 			 6:00 AM Zazen & Service 5:00 PM Youth Taiko 6:30 PM Orchid Club 			
12	13	14	15	16	17	18
HAIB Buddha Day 9:30 am Kona Hongwanji Temple	= 8:30 AM Yoga with Liz = 5:00 PM Youth Taiko	 9:00 AM Soleful Strutters Moai 9:00 AM Tai Chi 6:00 PM Zen Taiko 	= 6:00 AM Zazen & Service = 5:00 PM Youth Taiko	8:00 AM Zoom Yoga with Ambika	 = 6:00 AM Zazen = 8:00 AM Samu = 10:00 AM Gift shop 10am-1pm 	 8:00 AM Zoom Dharma Study 9:30 AM Set up 33 Kannon 10:15 AM Youth Taiko 11:00 AM Gift Shop 11am-2pm
19 Potluck Lunch 33 Kannon Service 10 am	20 = 5:00 PM Youth Taiko	21 9:00 AM Soleful Strutters Moai 9:00 AM Tai Chi 6:00 PM Zen Taiko	22 = 6:00 AM Zazen & Service = 5:00 PM Youth Taiko	23 = 8:00 AM Zoom Yoga with Ambika = 9:00 AM Tai Chi = 6:00 PM Zen Taiko	24 = 6:00 AM Zazen = 8:00 AM Samu = 8:00 AM Put away 33 Kan- non = 10:00 AM Gift shop 10am-1pm	25 = 11:00 AM Gift Shop 11am-2pm
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THE AFFORDABLE CONNECTIVITY PROGRAM

CONNECTING HAWAII HOUSEHOLDS TO THE INTERNET



The Affordable Connectivity Program is an FCC benefit program that helps ensure that households can afford the broadband they need for work, school, healthcare and more.



Up to \$30 a month towards broadband service from a participating provider



Up to \$75 towards broadband service for households on Hawaiian **Home Lands**



A one-time discount of up to \$100 to purchase a laptop, desktop computer, or tablet

Your household qualifies if at least one member:

- Qualifies for the Supplemental Nutrition Assistance Program (SNAP), Supplemental Security Income (SSI), Medicaid, Federal Public Housing Assistance, Veterans and Survivors Pension Benefit, or Lifeline program
- Received benefits under the free and reduce-price school breakfast or lunch program
- Received a Federal Pell Grant in the current year
- Meets eligibility criteria for a participating provider's existing low-income program
- Receives assistance through the Special Supplemental Nutrition Program for Women, Infants and Children



To see the full list of eligibility details, visit broadband.hawaii.gov/acp

If you gualified under a provider's COVID-relief low income program or unemployment for the Emergency Broadband Benefit Program, you may need re-gualify for the Affordable Connectivity Program. Check with the provider for more information about whether you qualify for the Affordable Connectivity Program.

To apply, contact your service provider directly or apply online at <u>ACPBenefit.org</u>.



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