



79-7241 Mamalahoa Hwy., Kealahou, HI 96750

August, 2021

(808) 322-3524 [www.daifukuji.org](http://www.daifukuji.org)

See “archives” on our website for previous newsletters.

## Aloha from Rev. Jikō

Dear Members and Friends of Daifukuji,

August promises to be a month of new beginnings. After over a year of no in-person services, Deacon Jikai and I are truly looking forward to seeing the children of the Daifukuji Family Sangha (Sunday Dharma School) and the teens of the Daifukuji Young Buddhist Association (Y.B.A.) Newcomers and new members are always welcome. In addition, Baikako practice sessions will be resuming and a new series of online Zoom Dharma classes on Soto Zen Buddhism starting. You can find information about these programs in this newsletter. August is surely going to be an exciting Dharma-filled month.

Until restrictions are further relaxed, mask wearing indoors, social distancing, and hand sanitization are all still required when one comes to the temple. I am happy and grateful that many sangha members have been vaccinated, the result of which is the possibility of safely gathering in groups of limited numbers.

I am hoping that Daifukuji will be able to start holding in-person major monthly services in the fall and safely re-start our Project Dana program for our temple seniors. In the meantime, improvements are being made to our social hall, cemetery, and orchard. New ideas for further development of the temple are being explored. Many people have shared with me how our Buddhist teachings and sangha support have helped them weather this pandemic. In the best of times and the worst of times, the light of the Buddha-Dharma illuminates our hearts and minds. May you be well.

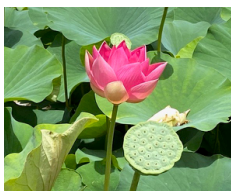
In gasshō,

*Rev. Jikō*



Left to right: Deacon Jikai, Rev. Hata, Deacon Juho, and Rev. Jiko at the Obon service.

## In Memoriam



To the family of the late Toshio Ushijima, who passed away on June 8, 2021 at the age of 92, we express our sincere condolences.

*Namu Shakamuni Butsu*  
*Homage to Shakyamuni Buddha*

## Dear Daifukuji,



I remember coming to the temple as a young boy and always feeling welcomed and loved. Even after not coming to the temple for ten plus years, when I returned I still felt that warm welcoming and loving presence that I felt as a young boy. I would like to thank Reverend Jiko and all at Daifukuji for the constant support and love they have shown to my family and me.

D'Marco Mireles

Konawaena High School Class of 2021

## A Report from the Daifukuji Board of Directors

by Steve Hoshin Mann, Corresponding Secretary

The Daifukuji Board of Directors met via Zoom on July 1.

Rev. Jiko's Dharma message noted the wide opportunities that have been opened by online gatherings. People can participate from afar, and Daifukuji can be represented at venues anywhere. Because of who we are and what we do, we have something to share.

The last of the aging macadamia nut trees is down, in preparation for a new orchard to produce food for the sangha. We will treat for fire ants July 21, with Kiyoshi Adachi from the extension service again joining us. The second draft of the Long Range Planning Committee's plan has been circulated for review. A new Dharma class series, Introduction to Soto Zen Buddhism, will begin in August.

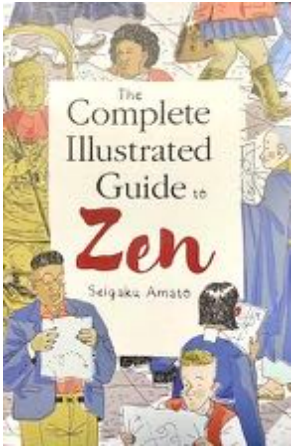
Cemetery cleanup proceeded in the rain June 19; so far 21 people are signed up for the cleaning July 11. The Board discussed plans for organizing the long-term maintenance of the cemetery. Board members will share ideas on the subject with the group of volunteers on the 11th.

The new paneling is up in the social hall. The next steps are cleanup, window screens, and painting.

Board member Kai Ioh presented information he has gathered with regard to Daifukuji's tiny Captain Cook gravesite property and mauka land, and the vacant lot to the north. He will continue his investigations.



Contractor Glenn Uchimura giving "shakas" upon completion of the installation of the social hall panels.



## **An Introduction to Soto Zen Buddhism**

*A new 3-month Zoom Dharma series starting in August*

*Instructor: Rev. Jiko Nakade*

Here's a chance to learn the basics of Soto Zen Buddhism by joining the Zoom Dharma Fellowship which is open to all. Please select group 1 or group 2.

Group 1: Tuesdays from 3:00 - 4:00 p.m. (Starting August 17)

Group 2: Saturdays from 8:00 - 9:00 a.m. (starting August 21)

We will be using the newly published book *The Complete Illustrated Guide to Zen* by Seigaku Amato, a writer, illustrator, and Soto Zen Buddhist priest who is the assistant minister at the Long Beach Buddhist Church. The illustrations are delightful and the text is easy to understand. This book is available through the Daifukuji Gift Shop. Dharma class members may purchase a copy at the special price of \$10. (The regular gift shop price is \$15.) Sorry, we are unable to handle mail orders. The book can be ordered online: <https://wisdomexperience.org/product/the-complete-illustrated-guide-to-zen/>.

Topics to be covered: a brief history of Buddhism, buddhas and bodhisattvas, Soto Zen practice, holidays, ceremonies, sutras, Buddhist vestments, how to set up a home altar.

This series of classes is being offered free of charge. If you would like to offer a donation, you may do so through the temple website: <http://www.daifukuji.org/donation/index.html>.

Checks may be mailed to: Daifukuji Soto Mission, P.O. Box 55, Kealakekua, HI 96750.

A Zoom link will be sent to you each week. Learning together via Zoom is a fun way to meet new people and make new Dharma friends.

To register for the series, please contact Rev. Jiko at [rev.jiko@daifukuji.org](mailto:rev.jiko@daifukuji.org), (808) 322-3524.

## **August In-person Kannonko Service**

***Wednesday, August 18                      10:00 a.m.***

The Kannon-ko service, held on the third Wednesday of the month, is dedicated to the bodhisattva Kannon, also known as Avalokiteshvara bodhisattva, Kwan Yin, and Kanzeon Bosatsu. At Daifukuji, there are many images of Kannon, all expressions of the power of compassion. Prominently featured is the Hawaii Kannon, the central figure in the Kannon meditation hall. Invoking the power of compassion alleviates suffering, promotes healing, and awakens the compassionate mind in oneself and all beings. Names of those for whom one wishes prayers to be offered may be submitted prior to the start of the service. Generally, one brings a monetary offering in an envelope on which one's name is written. For more information, please contact Rev. Jiko at [info@daifukuji.org](mailto:info@daifukuji.org). All are welcome. Masks, sign in, and social distancing are still required.

## Family Services to Begin

*Sunday, August 15  
9:30 a.m.*



As the new school year begins, the Daifukuji Family Sangha will resume its in-person 45-minute Sunday morning services. Services will be held in the temple's main hall. Social distancing will be practiced and masks are required until restrictions are lifted.

While all are invited to participate, please know that these services are child-focused and include 1-minute zazen meditation, chants, songs, and Dharma lessons that are suitable for youth.

Parents and grandparents, we invite you to give your children and grandchildren the gift of the Buddha's teachings.

In August, family services will be held on the following Sundays at 9:30 a.m.:

**August 15 and August 29**

Questions? Please contact Rev. Jiko at (808) 322-3524, [rev.jiko@daifukuji.org](mailto:rev.jiko@daifukuji.org).

## Inviting Teens to Join the Y.B.A.

*Sunday, August 29  
10:30 a.m.*



**Middle schoolers and high schoolers** are invited to join our temple's Young Buddhist Association, also known as the Y.B.A. Meetings are held once a month.

A Y.B.A. will be meeting on Sunday, August 29 at 10:30 a.m. in the temple's library.

Y.B.A. members are given opportunities to:

- \* Learn about Buddhism & Buddhist practice
- \* Develop character and leadership skills
- \* Engage in temple and community projects
- \* Have fun while doing all of the above!

Y.B.A. advisors are Avis and Brian Yamamoto and Amy Jikai Nakade.

For information, text or call Amy at (808) 345-2269.

## 2021 Obon Service and Rev. Shinsho Hata's Dharma Talk

Daifukuji's Obon Service, live-streamed on June 27th, may be viewed on the temple's Facebook page: <https://www.facebook.com/konadaifukujitemple/videos/2965599283719324>

Reverend Shinsho Hata's 14-minute Obon Dharma talk is available on the temple's YouTube channel:

<https://www.youtube.com/watch?>

## Baikako Practice to Resume August 29

**7:45 a.m. - 9:00 a.m.**

Members of the Daifukuji Baikako Plum Blossom Choir are invited to the first in-person Baika practice since the temple's closure in March of last year.

Masks are required and social distancing will be practiced.





## **August Programs (Masks are required inside temple buildings.)**

**Zazen** - Wednesday morning zazen and service is being offered both in-person and via Zoom from 6 a.m. - 7:20 a.m. Participants are requested to arrive at 5:45 a.m. Masks are required. The twice-a-month Thursday evening service and zazen (August 12 & 26) will continue to only be offered via Zoom from 6 p.m. - 7:20 p.m. until further notice. Contact Rev. Jiko to receive the ZOOM link, (808) 322-3524, [info@daifukuji.org](mailto:info@daifukuji.org).

**Sangha Sister's Women's Spirituality Circle** - Meetings are held via Zoom on the second Friday of the month at 7:00 p.m. Call Susie at (808) 936-5817 for information.

**Bare Bones Writers Group** - Meetings are held via Zoom on the second Tuesday of the month at 9:00 a.m. Call Kathryn at (808) 345-2976 for information.

## **In-person Yoga at Daifukuji**

Hatha Yoga by donation offered Mondays 8:30-9:30 am. inside the Daifukuji Social Hall. Please bring yoga mat, blanket, water, and any other props you like to use. Mask, temperature check, & social distancing required. Arrive 10 minutes early to sign in and complete a waiver. Call or text questions to Liz, 808-345-1127. Note: There will be no classes on July 19, July 26, and August 2.

## **Zoom Yoga (July 22 - August 26)**

Six Thursdays from 8:00 - 9:00 a.m. HST

Welcome warmup from 7:45 - 8 a.m. HST. Optional chat from 9:00 - 9:20 a.m. HST. Drop in or whole series.

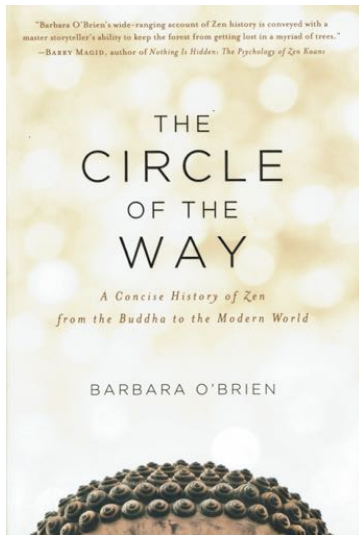
What's needed: Yoga mat, loose clothing, water, towel, empty stomach "Dana"=Temple Offering by mail or at: <http://www.daifukuji.org/donation/index.html>

Suggested Sliding Scale for 6 classes: \$60 to \$120, as a "Love Offering" from your heart. Instructor: Ambika "Jō-An" Rose

For inquiry: (808) 430-2620. Email for Registration & Zoom Link: [ambikarose@hawaiiantel.net](mailto:ambikarose@hawaiiantel.net)

## **Soleful Strutters Walking Moai      Tuesdays from 8:30 - 9:30 a.m.**

A Tai Chi warmup on the lawn followed by walking on temple grounds. New walkers are welcome. For additional information or questions, please contact Hannah Israel at 408-421-8845 or Reverend Jiko at 808-322-3524.



## Library News

by Clear Houn Englebert

Unpretentious-looking books can sometimes contain truly great Dharma teaching. Such is the case with Barbara O'Brien's new book "The Circle of the Way" a Zen history book with a light touch – you can't help but enjoy reading it. Recommend is too mild of a word—I'd like to RAVE about it.

I'll first quote from the sections concerning Dogen and Keizan:

"Keizan is remembered as a warm-hearted fellow whose dharma presentations were less mystical and more down-to-earth than Dogen's. His primary contribution to the Soto school was to grow it."

"Soto monastics proselytized in rural areas and gained a following among lay people and local elites, growing communities that would sustain Soto through the centuries. It was often the case, however, that these communities were more focused on memorial rights and other ceremonies than on the kind of practice that Dogen taught."

"Despite these efforts to order and preserve the master's works, as Soto Zen spread through Japan, Dogen's scrolls were carried to new temples and then stored away and forgotten. Many of his best works were lost for centuries. Within a few generations Dogen's writing had been forgotten by nearly everyone except a few monks at Eihei-ji."

"During the late Edo period of Japanese history, all Buddhist sects were required by the Tokugawa shogunate to define themselves and explain their basic teachings. In 1703, the shogunate ordered the Soto school to base its practices on Dogen's teaching. More importantly, the rediscovery of Dogen's work sparked a renewed dedication to his approach to Zen, which continues to this day."

"The rediscovery of Dogen's writing in the late 17th century brought about a wave of Dogen scholarship and commentary, not all of which was positive. The controversies created such dissension that the Soto establishment requested that the shogunate ban copying or publishing any part of 'Shobogenzo', a request the shogunate granted in 1722. 'Shobogenzo' would not be available to the non-Soto Zen public until the twentieth century."

O'Brien does a great job of briefly explaining the end of the shogunate and the beginning of the Meiji Restoration.

She doesn't gloss over or mince words when it comes to Zen's involvement in World War II. "Zen teachers used the teaching of emptiness to justify slaughter, saying that no one would be killed." "And what does Buddhism teach about war? The first precept tells us to avoid taking life, period; it doesn't list conditions." "Buddhism was incorporated into the Japanese war machine, and the Zen establishment was complicit in this."

Both the library and the gift shop have copies of this fine book. The gift shop copies are ¼ off the retail price.



## Cemetery Cleanup Mahalo

Mahalo to everyone who helped with the June and July cemetery cleanup. On June 19 a few volunteers cut back trees and brush, power washed moss, and picked up large rubbish items. On July 11 many hands carefully cleaned the graves and surrounding areas.

Thank you to the Fujinkai for preparing take-home lunches for the volunteers.

I also wish to thank Shirlene Yoneyama and Verna Fukunaga for their help with weed control which greatly facilitated our clean up efforts.

Aloha,

Shaun Roth, Cleanup Chair



Mahalo to the following individuals who lent a hand at the June 19th cleanup: Shaun Roth (coordinator), Noa Roth, Keoni Roth, Wade Yasuda, Noel Kimura, Akemi and Ron Iwamoto, and Stephen Tanaka.

Thank you to those who participated in the July 11th cemetery cleanup: Shaun Roth (coordinator), Stephen Tanaka, the Yamamoto Family (Midori, Shigeru, Mako, and Koutaro), Teri Hollowell, David Fiedler, Hiro and Yoko Otsubo, Yuki Tomidokoro, Akemi and Ron Iwamoto, The Sasaki family (Lance, Ayako, and Yukino), the Tateishi Family (Hiroko, Jason, and Abbi), Verna Chang, Enid Nishida, Ann Nakamoto, Noel Kimura, the Macatiag Family (Iris, Asia, and Ivan), and the Nakade family (Rev. Jiko, Michael, and Amy). A big mahalo to Fujinkai volunteers Joyce St. Arnault, Elaine Fernandez, Kelly Deguchi, and Merle Uyeda for making lunches for everyone.



# Dharma Lei

## Bishop's Office Newsletter

Soto Zen Buddhism Hawaii Office

c/o Soto Mission of Hawaii 1708 Nuuanu Avenue, Honolulu HI 96817 U.S.A.

Tel & Fax: 808-538-6429

E-Mail: [info@sotozenhi.org](mailto:info@sotozenhi.org)

WEB: <http://global.sotozen-net.or.jp/eng/>

Third Quarter, 2021

Issue No. 37

### Bishop's Message:

Aloha from the Bishop's Office,

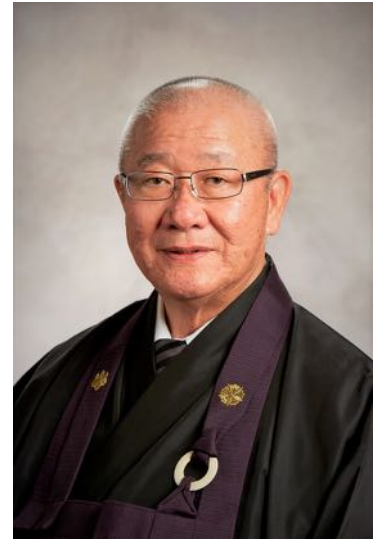
As we enter the months of July and August, our minds, bodies, and spirits have been conditioned through the years to welcome the exciting annual Bon Season here in Hawaii. The sound of music, the sight of all the dancers around the red and white yagura (Bon Dance tower), and the refreshing taste of shave ice—seem like distant memories now. For the second year in a row, we have had to cancel our Bon Dance season because of the COVID-19 pandemic.

There have encouraging news that Hawaii is slowly approaching herd immunity, and that restrictions will one day be lifted, and we will be able to return to our normal lifestyle. I am hopeful that we can once again enjoy Bon Dances next year in 2022.

The sadness and frustration I feel for not being able to enjoy the Bon Dance this year is the same type of feeling many people have shared with me regarding so many other activities. Family vacations, graduation parties, birthday parties, and weddings are just some of the activities they have had to postpone or cancel.

I share with people, though, that no matter how depressing these setbacks have been, it is still important that we stay committed to living each day to the fullest. It is true that the pandemic has taken so much from us—from our health to our daily activities. However, it has never taken away our choice to make the best of each day. That decision is left to us.

I am reminded by the wise words of the Venerable Thich Nhat Hanh, whose poignant words help me through my own struggles to stay positive through these difficult times, and I share them with you to hopefully provide you focus and hope...



***Breathing in, I calm body and mind.  
Breathing out, I smile.  
Dwelling in the present moment,  
I know this is a wonderful moment.***

*~The Venerable Thich Nhat Hanh*

Please take care of yourselves and your loved ones. I look forward to meeting with you soon.

In Gassho,

Bishop Shugen Komagata





# Hilo Taishoji Shinsanshiki and Hossenshiki Report

Aloha,

On May 16, 2021, We had a special ceremony at Taishoji. It is the Shinsankaido and Hossenshiki ceremony. To explain the ceremonies simply, they are Deacon Jigaku and my promotion ceremony. They are a great celebration.

Shinsan means that a new resident minister enters the temple officially. In Soto Zen Buddhism, a new resident minister performs the Shinsan ceremony as a first ritual. For the ceremony, basically, many temple members and ministers gather at the temple to celebrate the new resident minister. But actually, this ceremony is normally held a couple years later after the minister has been ordained as the resident minister, because the resident minister cannot have the ceremony without his disciple. And the Shinsankaido ceremony is part of the Shinsan ceremony.

During the Shinsankaido ceremony, the resident minister shares his knowledge of Buddhism to lead the members to the Buddha's path. I climbed up the altar as the resident minister of Taishoji and prayed for Buddha, Dogen Zenji, Keizan Zenji and world peace and offered incense for them. And I expressed my gratitude for two Taishoji founders, Rev. Mokusen Hioki and Rev. Hakudo Ezawa, and all the past ministers. After that, I prayed for all the family members' prosperity and long continuity of the family line, and offered incense for them. And I expressed my gratitude and offered incense for my dharma teacher, Rev. Gakuyu Hata. He is my father. After that, I answered all the questions related to Zen practice from the attending ministers. This is the main part of the ceremony. I was a little bit nervous, but it was a very meaningful time for me. Before and after the question and answer section, Bishop Shugen Komagata hit a mallet two times. The first announcing mallet signals the start of the questions and answers. The last announcing mallet proves that I provided my knowledge of Buddhism to the attending ministers completely. So this Shinsankaido ceremony is important for me. Next, Hossenshiki ceremony, Hossen means dharma battle. During the ceremony, my disciple, deacon Jigaku Takenouchi, answered all the questions related to Zen practice from the attending ministers instead of me. This style came from the story in which Buddha let Mahākasapa, a disciple of Buddha to share his dharma with all the disciples instead of Buddha. Through this ceremony, Jigaku was tested for his practice of the Dharma and showed his determination.

The reason why we performed the ceremonies is that Jigaku became my disciple to be an official soto zen minister. I mentioned that the Shinsankaido ceremony is an important ceremony for me, but I could not have the ceremony without my disciple. After I got a disciple, Jigaku, I was able to perform the ceremony for the first time. And Jigaku also cannot perform his hossenshiki ceremony without his teacher. In order to become a soto zen minister, he has to find a teacher and have the ceremony with the teacher. Both ceremonies are always held together. So the ceremonies are rare and people hardly get to see them. At Taishoji, I heard that the 10<sup>th</sup> resident minister of Taishoji, Rev. Aoki performed the ceremonies, but that was about 50 years ago. So you can understand how valuable the ceremonies are.

For deacon Jigaku, it was difficult to perform the ceremony as a soto zen monk, because everything was for the first time. He learned how to wear the robe and behave as a soto zen monk. But he completed the ceremonies successfully. I am proud of him. Actually, I wanted to have the ceremonies last October, but I couldn't do that due to the coronavirus.



And we tried to have the ceremonies on different days several times and tried to have an online ceremony via Zoom, but we couldn't schedule it again and again. However, Jigaku and I didn't give up. Finally, we were able to have the ceremonies this month. The date and program of the ceremonies have changed due to the coronavirus, but it became more special and meaningful as a result. The important thing in our life is to make an effort to achieve our goal without giving up. And to continue the efforts. Things don't always go the way we want them to. There are times we make mistakes. But I believe that if we always continue the effort to achieve the goal which we set, we will achieve good results and make new discoveries which we didn't expect. Finally, my deepest thanks to the Taishoji members, all the Hawaii ministers and deacons who helped with the ceremonies and the HSMA members who support us.

With gratitude, In Gassho,  
Shinsho Hata, 15th resident minister of Taishoji Soto Mission

Dear Friends Family and Sangha,

My name is Joseph Takenouchi or Jigaku and I am a deacon at Taishoji Soto Mission of Hawaii on the Big Island. This year through the Shinsanshiki and Hossenshiki ceremony I became a disciple of Reverend Shinsho Hata. The ceremonies, last held over 50 years ago, tie student and teachers together for life. Once bound no other transmission may occur. They are also an important requirement to enter a monastery for formal training. A few years ago, after attending Sunday services I decided that this was a path I would like to walk and began training with Reverend Hata.

Through my involvement at Taishoji I began attending Hawaii Soto Mission Association (HSMA) meetings and getting to know the ministers of the other Soto temples in Hawaii. Without them in attendance the ceremonies would not have been possible. Each minister has guided me on this path in one way or another through kind words, speech or actions that represent the Buddha Way. I am also thankful for the encouragement and support received from Bishop Komagata. Due to the extra safety measures in place due to Covid-19 making these ceremonies a possibility was a challenging task, but with the help of everyone we persevered and succeeded in observing them. I am grateful to everyone's dedication and diligent work in making it all a possibility and am truly thankful for their efforts. To better serve our islands and local communities I will be traveling to Japan to undergo formal training at a monastery. My goal is to return with a greater understanding of Buddhism that I can put into practice here in Hawaii. During the Hossenshiki ceremony Reverend Wright asked about my commitment to becoming a Soto Zen minister. My aspiration is that I can help propagate the Dharma within our community and help those seeking to understand the teachings of the Buddha. Everyone has a unique experience in this life. By being an active member in my community I will be able to facilitate understanding of Buddhist teachings in a way that makes sense to the individual. This reminds me of an important Zen teaching Banpo kiitsu. Everything is connected and leads to the experience of oneness. We can only see the world through our eyes and sometimes forget that without each other our own experiences would not be possible. I could only follow this path because of the help and support of Reverend Hata, Bishop Komagata and our Hawaii ministers.



Once in Japan my experience and knowledge will only be possible through the training and practice of my fellow monks at the monastery, and most importantly this path would not be available for me to follow without our Sangha. Banpo kiitsu. We are all connected and are integral to each other. I look forward to returning and serving Hawaii after my training is complete.

In Humblest Gassho,  
Jigaku

You can watch the ceremonies from the link below.

Shinsan Kaido (Mountain Seat Hall Opening Ceremony) on May 16, 2021

[https://youtu.be/JkFVyzE\\_mxQ](https://youtu.be/JkFVyzE_mxQ)

Shuso Hossen shiki (Dharma Combat Ceremony) on May 16, 2021

<https://youtu.be/F0LaDYVlrjc>





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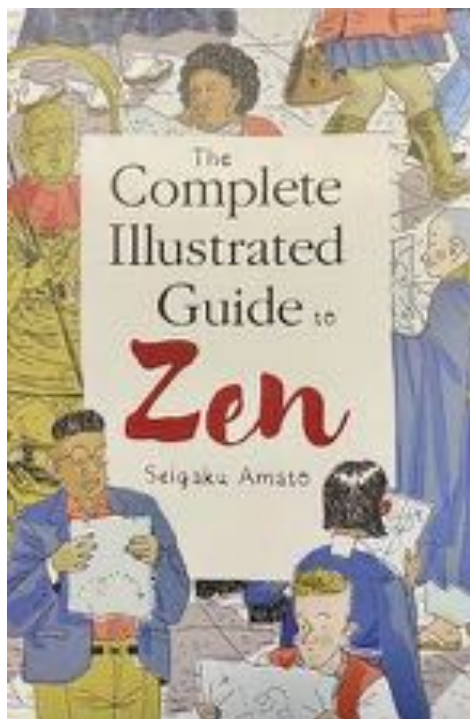
This book is available through the Daifukuji Gift Shop. Dharma class members may purchase a copy at the special price of \$10. (The regular gift shop price is \$15.) Sorry, we are unable to handle mail orders.

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A Zoom link will be sent to you each week. Learning together via Zoom is a fun way to meet new people and make new Dharma friends.

To register for the series, please contact Rev. Jiko at [rev.jiko@daifukuji.org](mailto:rev.jiko@daifukuji.org), (808) 322-3524.





## *Seven kinds of offerings for the non-wealthy*

“無財の七施 (Muzai no Shichise)”

Story by Rev. Daito Noda

A person, when he comes back to the serenity of the heart and observes the world about him, will be keenly awakened to the realization, “How I came to be and what I am, is because others around me have sustained my life!” Then, mysteriously, naturally, a feeling will arise to want to do something to serve others.

This is what is called “aspiring to Buddhahood [菩提心 bodaishin] but to my way of thinking, this a precious stage in the progress toward spiritual experience.

However, when one thinks about what one can do, one is filled with all sorts of negative objections: “I don’t have money.” “I don’t have time.” “I’m no good, after all!” One is filled with despair.

But there is a way to serve others, even if you have nothing and nothing left to give. This is called *Seven Kinds of Offerings*. \* Even if you don’t have anything, you can perform these offerings.

\*from Samyuktaratnapitaka-sutra, p. 30 of *Messages from the Buddha*, ([http://www.bdkamerica.org/system/files/pdf/MFTB\\_Two\\_pages\\_on\\_one-a.pdf](http://www.bdkamerica.org/system/files/pdf/MFTB_Two_pages_on_one-a.pdf))

The first is “offering of eyes.” Any person can touch another person with a friendly gaze. The second is “offering of countenance.” One can, at all times, smile and show friendliness in one’s entire countenance. Third, “oral offering.” One can speak kind words and use kind tones when speaking. Fourth, “spiritual offering.” The kanji characters used for this offering is offering of the heart. In other words, it means to think about putting yourself in the other person’s shoes. Fifth, “physical offering.” The kanji characters used for this offering means to offer your physical person. It appears to mean to offer your physical body through the conduct of your actions. Sixth, “offering of a seat.” It means to give up your seat when on the bus or train. Seven, “offering of shelter.” From long ago, it has meant to offer a night’s stay to travelers. While there are so many ways to serve others, if it were you, what will you do?

These seven kinds of offerings are not all the ways to serve others. Today, for this day, how many ways can you actually do to serve others? Even in things that can’t be settled with money, this is the practice of attaining Buddhahood!





79-7241 Mamalahoa Hwy, Kealahou, HI 96750 (808) 322-3524



## KONA DAIFUKUJI "ZOOM" YOGA<sup>6.26..21</sup>

**6 Thurs. 8-9 am HST July 22, 29 Aug.5, 12, 19, 26**

- 7:45 – 8 am HST Welcome Warmup
- 8:00 – 9 am "ZOOM" YOGA!
- 9:00 – 9:20am Chat (optional)
- 1:45 – 2 pm EST
- 2:00 – 3 pm
- 3:00 – 3:20 pm

**Open to: Members, Kona Community and ALL  
Beginners & Experienced WELCOME!**

@Drop in or Whole Series@

**EnErGy is our focus,** so move to your body!

*Consciously Crossing over to the Inner Source of Self!*

**Bring: Yoga mat, loose clothing, H2O, & towel, empty stomach**

**"Dana" = Temple Offering by mail or at: <http://www.daifukuji.org/donation/index.html>**

**Email for REGISTRATION & Link: [ambikarose@hawaiiantel.net](mailto:ambikarose@hawaiiantel.net)**



### **Instructor: Ambika "Jō-An" Rose**

I have taught yoga for 44 years. The "Style" is **Amrit Yoga** an authentic, meditative exploration of Shakti [Chi] Energy through intention, breath, alignment, extension & movement. Following postures, we pause: relax, breathe, and "let go!" We **EXPLORE ENERGY!** For inquiry: **808-430-2620** 6.26.21

# August 2021

July 2021							August 2021							September 2021							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
				1	2	3	1	2	3	4	5	6	7					1	2	3	4
4	5	6	7	8	9	10	8	9	10	11	12	13	14	5	6	7	8	9	10	11	
11	12	13	14	15	16	17	15	16	17	18	19	20	21	12	13	14	15	16	17	18	
18	19	20	21	22	23	24	22	23	24	25	26	27	28	19	20	21	22	23	24	25	
25	26	27	28	29	30	31	29	30	31					26	27	28	29	30			

- Adult Taiko
- Family Service
- Major Service
- Home
- Work
- Kannon-ko Service
- Project Dana
- Zazen
- Sangha Sisters
- Youth Taiko
- Baikako Practice
- Dharma Study
- Happy Strummers
- Temple Board
- Fujinkai
- Bon Dance Group
- Teen Sangha
- Orchid Club
- Samu
- Special Events
- Offsite Backup

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 5:00 PM Youth Taiko	3 8:30 AM Walking Moai	4 6:00 AM In-person Zazen Only 9:00 AM Library Staff Meeting 5:00 PM Youth Taiko	5 8:00 AM Zoom Yoga with Ambika 7:00 PM Temple Board	6 8:00 AM Samu 2:00 PM LRPC Zoom meeting	7 9:00 AM Youth Taiko
8 8:30 AM Yoga with Liz 5:00 PM Youth Taiko	9 8:30 AM Walking Moai 9:00 AM Zoom Bare Bones Writers	10 8:30 AM Walking Moai 9:00 AM Zoom Bare Bones Writers	11 6:00 AM In-person & Zoom Zazen 5:00 PM Youth Taiko	12 8:00 AM Zoom Yoga with Ambika 6:00 PM Zoom Zazen	13 8:00 AM Samu 7:00 PM Zoom Sangha Sisters	14 9:00 AM Youth Taiko
15 9:30 AM Family Service	16 8:30 AM Yoga with Liz 5:00 PM Youth Taiko	17 8:30 AM Walking Moai 3:00 PM Zoom Dharma Study	18 Kannon-ko 10 am 6:00 AM In-person & Zoom Zazen 5:00 PM Youth Taiko	19 8:00 AM Zoom Yoga with Ambika	20 8:00 AM Samu	21 8:00 AM Zoom Dharma Study 9:00 AM Youth Taiko
22 8:30 AM Yoga with Liz 5:00 PM Youth Taiko	23 8:30 AM Walking Moai 5:00 PM Youth Taiko	24 8:30 AM Walking Moai 3:00 PM Zoom Dharma Study	25 6:00 AM In-person & Zoom Zazen 5:00 PM Youth Taiko	26 8:00 AM Zoom Yoga with Ambika 6:00 PM Zoom Zazen	27 8:00 AM Samu	28 8:00 AM Zoom Dharma Study 9:00 AM Youth Taiko
29 7:45 AM Baikako Practice 9:30 AM Family Service 10:30 AM Y.B.A. Meeting	30 8:30 AM Yoga with Liz 5:00 PM Youth Taiko	31 8:30 AM Walking Moai 3:00 PM Zoom Dharma Study	1 6:00 AM In-person & Zoom Zazen 5:00 PM Youth Taiko 7:00 PM Daifukuji Board Meeting	2	3 8:00 AM Samu	4 8:00 AM Zoom Dharma Study 9:00 AM Youth Taiko