Daifukuji Soto Mission

Stringing a Lei of Peace



79-7241 Mamalahoa Hwy., Kealakekua, HI 96750

January, 2020

(808) 322-3524 <u>www.daifukuji.org</u>

See "archives" on our website for previous newsletters.

New Year's Day Blessing



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January 1

10:00 a.m.

Start the new year with a blessing for you & your family's health and safety. Rev. Jiko will be giving individual blessings during the service. Attendees may ring the temple bell and enjoy hot soba noodles after the service.

Hawaii Kannon omamori (Buddhist charms for one's purse and vehicle) and ofuda (blessing cards for home and office) will be available at both services for \$5 per omamori and \$3 per ofuda. Omamori for dogs and cats will be available for \$5.00.

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New Year's Party & General

Membership Meeting

January 26 10:30 a.m.



Temple members, supporters, and temple groups are invited to join our Sangha in celebrating the Year of the Rat.

Daifukuji's New Year's party on January 26 will be a fun-filled luncheon with delicious food made by our Fujinkai chefs. Entertainment will be provided by our various temple groups. (Food prep will begin at 1 p.m. on January 25. Help is appreciated. Questions? Call Ann at 937-0149.)

Donations of lucky number prizes are appreciated. If you'd like to donate a prize, please deliver it to Daifukuji by January 19. To attend, please fill out the form on page 12 and return it with payment by January 12.

Party Set Up January 25 9:00 a.m.

We'll be setting up tables and chairs starting at 9 a.m. on Saturday, January 25. Any kokua you can offer will be appreciated. Questions? Call party co-chair Barb Bosz at 987-2673.

Daifukuji Fujinkai Hatsumairi & Luncheon

Sunday, January 5 10:00 *a.m.*

The first service of the new year (hatsumairi) for the members of the Daifukuji Fujinkai Women's Association will be held on Sunday, January 5 at

10:00 a.m. A brief meeting will follow the service. Sign ups will be taken for the 55th UHSSWA Conference which will be hosted by the Mantokuji Soto Zen Mission in Paia, Maui the weekend of April 18 & 19, 2020. The conference will be held at the temple and also at the Maui Beach Hotel.

After the Hatsumairi meeting, a luncheon will be held in the temple's social hall. There is no fee for **Fujinkai members. Caregivers of Fujinkai members may attend at a cost of \$8.00.** District representatives will be calling members for a headcount.

Ladies, please bring a \$10 wrapped gift for the gift exchange.

Women age 18 and up are welcome to join the Daifukuji Fujinkai. Annual dues are \$10 & will be collected at the hatsumairi service. Dues will not be collected from members 85 years old and above. To join, call Joyce at 329-3833 or Merle at 323-3553.

Heart and Mind Circle Forming *Tuesday, January 14* 5:00 p.m.



by Teri Jigen Hollowell

On the second Tuesday of the month, starting in January 2020, we invite everyone to come and be part of the Heart and Mind Circle (Hawaiian name to follow) from 5 p.m. to 5:45 p.m.

We will sing and chant familiar and new songs together in the Kannon Hall within a relaxed and friendly circle of friends and sangha.

You might remember from past years when we had fun doing this with Ryan Nakade after his yoga meditation classes on Sunday afternoons.

We will provide percussion instruments for everyone and Reverend Jiko will accompany us on her ukulele. If you wish to bring your own musical instrument to the circle, you are welcome to do so.

Come join us for this fun and joyful meditation of chant and song!

Please pick up your pre-ordered

MOCHI

Saturday, December 28

9:30 a.m. - 2:00 p.m.

(808) 322-3524



Thank you to the Daifukuji Zazenkai and Sangha Sisters groups for their recent contributions to our temple's Legacy Endowment Fund. Mahalo to **all** who've supported our Endowment. http://www.daifukuji.org/endowment/index.html



January Programs



Dharma Study Classes - Tuesdays, January 7, 14, 21, & 28 3:30 - 5:00 p.m. Kannon Hall *A Path With Heart* by Jack Kornfield is the book being used. All sessions begin at 3:30 p.m. with 30 minutes of zazen followed by an hour of Dharma sharing. Please plan on arriving before 3:30. Late arrivals, please do your zazen sitting in the pews & remain outside the meditation room. One may purchase a book for \$10. Contact Rev. Jiko for information: info@daifukuji.org, (808) 322-3524. All are welcome.

Zazen (Meditation)

* Every Wednesday morning, including January 1, from 6 a.m. - 7:20 a.m.

* Thursdays, January 9 & 23 from 6:00 p.m. - 7:20 p.m.

Both morning and evening sessions include 20 minutes of chanting. Donations may be placed in the box on the incense table. All are welcome. Please arrive at least 5 minutes before starting time. Call ahead if you are new to zazen practice. (808) 322-3524

Family Sangha: A Dharma Program for Children - Sunday, January 12 at 9:30 a.m. Child-friendly 45-minute services which include yoga, zazen, chanting, singing, & Dharma lessons. For children of all ages and their parents & grandparents. Call Rev. Jiko for information: (808) 322-3524.

Young Buddhist Association (Y.B.A.) Meeting - January 12 at 10:15 a.m., Daifukuji Social Hall Pre-teens and teens in middle and high school are invited to attend. Fun activities & monthly meetings. Contact Rev. Jiko at (808) 322-3524, info @daifukuji.org for more information.

Shakyo & Shabutsu Art Meditation - Saturday, January 18 from 8:00 a.m. - 9:30 a.m.

Mindfully tracing the Heart Sutra & pictures of buddhas and bodhisattvas in silence unifies body, breath, and mind. All supplies provided. By donation. Call Rev. Jiko at (808) 322-3524.

Baikako Plum Blossom Choir Practice - Sunday, January 12 from 7:45 a.m. to 9:00 a.m.

The Gay Sangha - Friday, January 3 6:00 - 8:00 p.m.

A Buddhist group open to all, with a particular invitation to gay women and men and their families and friends. Meetings are the first Fridays of each month at 6:00 pm. Meditation and discussion. Call Clear or Steve at (808) 328-0329.

T'ai Chi

Tuesdays at 9 a.m., Wednesdays at 12 noon, Thursdays at 9 a.m. All classes are one hour. \$5.00 per class. No prior experience is necessary. Call instructor Philip Kakuho Hema : (808) 345-1492.

Yoga

Mondays from 8:30 - 9:30 a.m. in the Hisashi Kimura Cultural Hall. No fee, but donations accepted. Bring a mat or towel. Call instructor Liz Aschenbrenner: (808) 345-1270 or <u>liz217a@hotmail.com</u>.

Thursday mornings and Sunday afternoons with instructor Ambika Rose. See page 6 for more information.

For information on programs such as Taiko, Project Dana, Bare Bones Writers, Sangha Sisters Women's Circle, Soleful Strutters Walking Moai & Kona Daifukuji Orchid Club, please go to: <u>http://www.daifukuji.org/activities.html</u>.



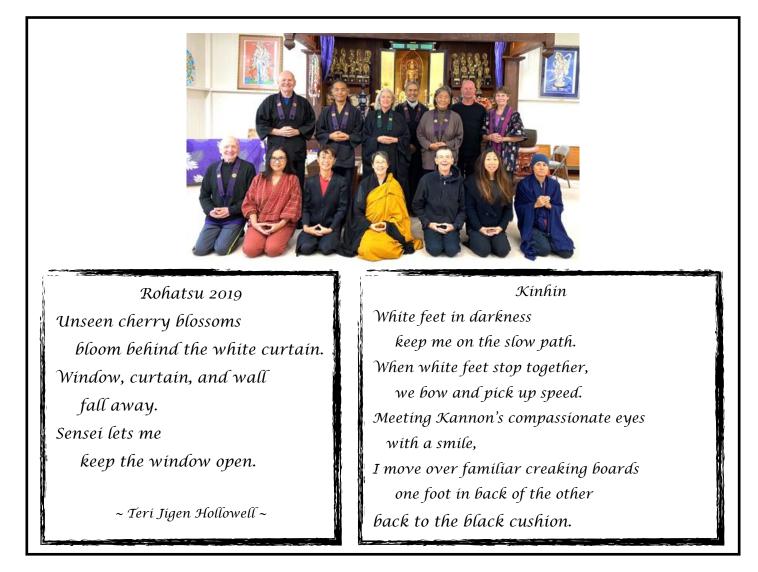
2020 Precepts Classes

Receiving the precepts & one's Buddhist name and formally becoming a disciple of the Buddha is an important event in the life of a Soto Zen Buddhist. One goes through a process of study and reflection together with Rev. Jiko and a group of Dharma friends. The sharing of one's life is done in an atmosphere that is gentle, accepting, and compassionate. Many have found their lives illuminated and

enriched by this inner journey.

The 2020 Lay Confirmation Ceremony will be held at Daifukuji on the 7th of June. In preparation for this ceremony, classes on the 16 Bodhisattva Precepts will be offered by Rev. Jiko from March through May. Classes will be held weekly. The day of the week and time will be decided once the participants are confirmed.

If you are interested in signing up for these classes or learning more about what Lay Confirmation entails, please contact Rev. Jiko at (808) 322-3524 or email her at info@daifukuji.org. by February 1.



In Memoriam

To the family of the late **Ray Yamane**, 53, who passed away on December 5 in Kumamoto Prefecture, Japan, we express our sincere condolences.



To the family of the late **Masaru Deguchi**, who passed away on December 13 at the age of 91, we convey our deepest sympathy. A funeral service will be held on January 11, 2020. Visitation at 3 p.m. Service at 4 p.m.

Namu Daihi Kanzeon Bosatsu

Mahalo Nui Loa

Mahalo nui loa to Larry and Dale Yoshiyama for providing the temple with magnificent anthuriums. Larry, thank you for driving to Hilo each month to bring over the flowers for our altars.

Domo arigato to Joyce Yuko St. Arnault for making lovely leis for our guest speakers & emcees, and to Michiko Enomoto for providing blossoms from her garden for our floral offerings. We also thank Michiko, as well as Reiko Sekine, for preparing the *goreizen* food tray offerings for our monthly services. To our Baikako choir members & organist Lorraine Jitoku Tanimoto, thank you for providing soothing music at services & funerals throughout the year. To our emcees — Austin, Momo, & Amy Jikai — thank you for making our services sparkle.

To president Bobby and all of our hardworking Daifukuji Board members, mahalo for serving our temple with dedication & compassion.

Serenity Sunday: A Peaceful Start to Your Week

Sunday, January 19, 2020 9:00 a.m.

Guest speaker: Kirstin Kahaloa, Blue Zones Community Engagement Lead – West Hawai'i



Join us for meditation, Qigong, & talks on mindful living. Youth, who are

able to sit in silence, are welcome to meditate with the adults at 9:00 a.m. Families with young children are welcome to start with Qigong at 9:30 a.m.

8:50 a.m. Arrive and settle in
9:00 a.m. Meditation Begins
9:30 a.m. Qigong
10:00 a.m. Talk by Kirstin Kahaloa, Q & A
10:30 a.m. Tea & Fellowship (Donations of refreshments are welcome)

"Serenity Sundays" is an opportunity to start the week in a serene way. The benefits of meditation, Qigong, and mindful living are well documented. Those who learn how to slow down and enjoy the present moment are happier & healthier. This program is free of Buddhist ritual, making it a program that people, regardless of their religious faith, would feel comfortable attending. Our temple offers it with the hope of creating a peaceful society and a bright world. Donations are welcome.

New Year's Yoga Classes with Ambika

7 Thursdays	8:30 - 9:30 a.m.	January 2, 9, 16, 23, 30	February 6 & 13
7 Sundays	4:30 -6:00 pm.	January 5, 12, 19, & 26	February 2, 9, 16

Open to: Temple members & Kona Community, Beginners & Experienced, Drop In or Whole Series Bring: Yoga mat, loose clothing, water, towel, empty stomach, & "Dana" offering Held in: Kannon Hall inside the temple



Instructor: Ambika "Jō-An" Rose

I have been teaching yoga for 42 years. The "style" is Amrit Yoga, an authentic, meditative exploration of Shakti (Chi) Energy through intention, breath, alignment, & extention. Following posture we pause, relax, breathe, & let go! We EXPLORE ENERGY. For inquiry: 808-430-2620

Mahalo to Our 2020 Cooking Leaders

Our sangha thanks those who have kindly volunteered to lead the cooking of the meals & the preparation of refreshments served after major temple services & on special occasions.

January 26	New Year's Party (Michiko, Merle, Ann)	
February 9	Nehan -e Service (potluck lunch)	
March 22	Spring Higan & 33 Kannon Service (Machiko, Reiko S., Phyllis)	
April 5	Hanamatsuri Service (Daifukuji Zazenkai)	
May 31	Memorial Day & Baccalaureate Service (Dale Y. & Joy)	
June 28	Bon Service (Merle, Dale Kabei)	
July 11	Bon Dance refreshments (Michiko, Ann, Sharen)	
September 13	Autumn Higan & Ryosoki Service (Lorraine, Kelly D.)	
October 11	Daruma-ki & Eitaikyo Service (potluck lunch)	
November 22	Thanksgiving Service refreshments (Jessica, Elaine)	
December 13	Bodhi Day Jodo-e Service (potluck lunch)	



Rev. Ryoko Matsui, Baika Sensei from Chiba, Japan



Roshi Joshin Althouse & Rev. June Tanoue (wearing leis), Zen Life & Meditation Center in Oak Park, Illinois



Rev. Satoshi Tomioka, Minister of Puna, Pahala, & Naalehu Hongwanji Buddhist Temples

Mahalo to Our Visiting Teachers

Our Sangha sends waves of appreciation to the following Buddhist teachers who have gifted us with the Dharma in recent months: Rev. Ryoko Matsui for her Baika workshops in November, Roshi Althouse for his Dharma talk on December 12, & Rev. Tomioka for his Bodhi Day Dharma message on December 15.

Library News

By Clear Houn Englebert

Here are the latest new arrivals:

How to See Yourself as You Really Are by Dalai Lama

The Light of Discovery by Toni Packer

There are two books inspired by Korean Zen:

One Hundred Days of Solitude by Jane Dobisz and The Things You Can Only See When You Slow Down by Haemin Sunim.

Thich Nhat Hanh is a large format tribute by Lion's Roar magazine to this great Zen master.

The Precepts and the Rules of Discipline for Sramanera translated by Liarn Chyr Tzu Shih is a collection of Mahayana Precepts for novice monks.

O, Beautiful End is a beautiful book of poems by Geoffrey Arnold.

Against the Stream by Noah Levine, the son of Stephen Levine.

Original Teachings of Chan Buddhism by Chang Chung-yuan, who was the Professor of Philosophy at UH Manoa.

The Journal of the Order of Buddhist Contemplatives Sept 2013 by Shasta Abbey is notable for having a magnificent translation of my favorite Zen poem, "Faith in Heart Mind" by Sosan (the third Zen ancestor in China).



A Message from Your Temple President

Aloha sangha,

The end of the year is only an artificial observation of the passage of time, In reality, each passing moment is the start of a new year. But humans crave quantification, and so they designate milestones, and the moment between Dec. 31 and Jan. 1 is the one we have chosen to celebrate another trip around the Sun. That observation,



as artificial as it may be, is valuable as it gives us a chance to look back and reflect upon what has passed and how we have behaved. Personally, I grow more appreciative of Buddhism and the Daifukuji Soto Mission. I marvel at the way people give their valuable time and resources to the Daifukuji, and for that matter all worthy causes. I reflect on the happy faces of those who benefit from our services, programs and activities. And I contemplate with sadness the loss of our foundations, our valued kupuna, but also with happiness as I remember them in life and of their new journeys. So we begin another artificial cycle, this one a day longer because it is a leap year. And that's one extra day that I can use to try to live my life with the Buddha, the Dharma, and the Sangha in mind. On behalf of the Kyodan Board, I wish everyone happy holidays and Akemashite Omedetou!

Bobby Command



Soleful Strutters Blue Zones Moai

Daifukuji Happy Strummers



Project Dana Kupuna



Family Sangha & Santa



We Wish You a Happy New Year!

from Rev. Jikō and Deacon Amy Jikai

Aloha dear Sangha and Friends,

Sangha is the beating heart of the Three Treasures. Sangha shines with the radiance of Buddha and Dharma. It certainly is my greatest joy to be of service to our wonderful Daifukuji sangha 'ohana. Together, we go through the joys and

sorrows of life, holding hands during difficult moments and lifting each other up along the way. I cannot think of a better way to spend this precious human life and thank all of you for walking this Path of Buddha together with me. Daily, I am inspired by this poem by our great teacher Dogen Zenji, a poem which I keep on my desk.

おろかなる吾れは仏にならずとも衆生を渡す僧の身ならん

Although this ignorant self may never become a buddha,

Let my priest's body be the raft to carry

Sentient beings to the yonder shore.

It is my deepest wish that the New Year 2020 usher in an era of peace and harmony in our country and throughout the world. May the seeds of ignorance, greed, and hatred, which are imbedded in the soil of people's minds, be transformed into awakening, generosity, & love. I sincerely pray for your health and happiness and humbly ask for your support throughout the New Year. I hope to see you and your family at Daifukuji's New Year's Day Blessing Service & New Year's party. Taking refuge in Buddha, Dharma, and Sangha...

In Gassho,

Jiko Nakade

Aloha and Happy New Year!

Mahalo nui loa for your continuous love and support throughout 2019. It's such a pleasure for me to serve as deacon. I humbly ask for your support again in 2020. Kotoshi mo yoroshiku onegai itashimasu. May 2020 bring peace, lots of happiness, and little blessings for all.

In Gassho,

Amy Jikai Nakade

Coming up in February...

Shakyo.....February 1Nehan-e Service.....February 9Project Dana....February 12

Serenity Sunday.....February 16 Kannon-ko Service....February 19 Regency at Hualalai Service...February 26

Family Service Pro Major Service Za Home Sa	nnon-ko Service 🗾 Baikako P oject Dana 🗾 Dharma S	tudy Teen Sangha ummers Orchid Club	p Offsite Backup	December S M T W 1 2 3 4 8 9 10 11 15 16 17 18 22 23 24 25 29 30 31	/ T F S S M T W T 4 5 6 7 1 2 1 12 13 14 5 6 7 8 9 1 3 19 20 21 12 13 14 15 16 1	F S M T W T F S 3 4 1
Sunday 29	Monday	Tuesday	Wednesday	Thursday = 8:30 AM Yoga = 9:00 AM T'ai chi = 5:30 PM Zen Taiko	Friday = 7:30 AM Samu = 6:00 PM Gay Sangha	Saturday 4 Joint Zen Retreat 8:30 am
5 10:00 a.m. Fujinkai Hatsumairi = 4:30 PM Yoga	6 = 8:30 AM Yoga = 5:00 PM Youth Taiko = 7:30 PM Happy Strummers	7 = 8:30 AM Walking Moai = 9:00 AM T'ai chi = 3:30 PM Dharma Study & Zazen = 5:30 PM Zen Taiko	8 Project Dana 9:00 am 6:00 AM Zazen 12:00 PM T'ai chi 5:00 PM Youth Taiko	9 = 8:30 AM Yoga = 9:00 AM T'ai chi = 5:30 PM Zen Taiko = 6:00 PM Zazen	10 = 7:30 AM Samu = 7:00 PM Sangha Sis- ters	¹¹ -9:00 AM Youth Taiko
12 Y.B.A. Meeting 10:15 7:45 AM Baikako Practice 9:30 AM Family Sangha 4:30 PM Yoga	13 = 8:30 AM Yoga = 5:00 PM Youth Taiko	14 = 8:30 AM Walking = 9:00 AM Bare Bones = 9:00 AM T'ai chi = 3:30 PM Dharma = 5:00 PM Heart & = 5:30 PM Zen Taiko	15 Kannon-ko 10 am 6:00 AM Zazen 12:00 PM T'ai chi 5:00 PM Youth Taiko	16 = 8:30 AM Yoga = 9:00 AM T'ai chi = 5:30 PM Zen Taiko	17 - 7:30 AM Samu	18 = 8:00 AM Shakyo = 9:00 AM Youth Taiko
19 Serenity Sunday 9 a.m. Speaker: Kirstin Kahaloa = 4:30 PM Yoga	20 = 8:30 AM Yoga = 5:00 PM Youth Taiko = 7:00 PM Bon Dance Class	21 = 8:30 AM Walking Moai = 9:00 AM T'ai chi = 3:30 PM Dharma Study & Zazen = 5:30 PM Zen Taiko	22 Regency Service 9 am 6:00 AM Zazen 12:00 PM T'ai chi 5:00 PM Youth Taiko	23 = 8:30 AM Yoga = 9:00 AM T'ai chi = 5:30 PM Zen Taiko = 6:00 PM Zazen	=7:30 AM Samu	25 9:00 AM New Year's Party Set Up 9:00 AM Youth Taiko
26 New Year's Party 10:30 a.m. = 10:30 AM General Membership Meeting = 4:30 PM Yoga	27 = 8:30 AM Yoga = 5:00 PM Youth Taiko	28 = 8:30 AM Walking Moai = 9:00 AM T'ai chi = 3:30 PM Dharma Study & Zazen = 5:30 PM Zen Taiko	29 = 6:00 AM Zazen = 12:00 PM T'ai chi = 5:00 PM Youth Taiko	30 = 8:30 AM Yoga = 9:00 AM T'ai chi = 5:30 PM Zen Taiko	31 - 7:30 AM Samu	= 8:00 AM Shakyo = 9:00 AM Youth Taiko

Daifukuji Soto Mission 2020 Annual Membership Form

Please check one of the following:

____Membership renewal

____New member

(Non-members only) Wish to be a supporter of the temple. Enclosed is my donation.

____Please remove me from your mailing list. Name____

Please list the members of your household who are considered members of Daifukuji Soto Mission:

First Name		Occupation
First Name		Occupation
First Name		Occupation
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rst Name	Year of Birth	Occupation
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Membership forms and donations may be dropped off at the temple office or mailed to: **Daifukuji Soto Mission, P.O. Box 55, Kealakekua, HI** 96750.

Your donations sustain our temple. Whatever amount you can donate beyond the membership dues is greatly appreciated. Thank you very much for your generosity & support. In Gassho

Daifukuji Soto Mission New Year's Party Sunday, January 26, 2020 10:30 a.m.



Please return form with payment by January 12, 2020

We hope you'll join us in celebrating the Year of the Rat. There will be great food, entertainment, and prizes. If you would like to donate pupus, non-alcoholic beverages, desserts, or menu ingredients, please call Ann Nakamoto (937-0149) or Merle Uyeda (323-3553) by January 12. If you have any questions, please call Rev. Jiko at 322-3524.

NAME: Phone no		
		E-mail Address
<u>Daifukuji Mem</u>	<u>ıbers & Member</u>	<u>s of Temple Groups (\$10.00 per person)</u>
No2	X \$10.00 =	
Names	1	4
	2	5
	3	6
	<u>guests (\$15 per p</u>	
	5.00 =	
Names	1	3
	2	4
<u>Children under</u>	<u>r 5 (Free)</u> No.	Names
		Total Enclosed \$
Please fill out and	enclose payment. M	Iake check payable to <u>Daifukuji Soto Mission.</u>
Please give to Rev	. Jiko or mail to:	Daifukuji Soto Mission Attn: New Year's Party 79-7241 Mamalahoa Hwy

Kindly RSVP by January 12, 2020

No tickets will be sent to you. Your name and record of payment will be available at the door. Our hope is that this prepayment system will simplify your entrance. You do **not** need to bring a door prize/gift to the party. However, if you'd like to donate a prize, please drop it off at the temple by January 19. Donations are appreciated.

Kealakekua, HI 96750