Daifukuji Soto Mission

Creating a Bright World

明るい世の中を作りましょう



79-7241 Mamalahoa Hwy., Kealakekua, HI 96750

September, 2019

(808) 322-3524 www.daifukuji.org

See "archives" on our website for previous newsletters.



www.daifukuji.org

Bazaar Set Up

Saturday, September 7 8:00 a.m.

Kōkua Needed

Donations of items may be dropped off inside the social hall from August 25 -September 5. Bazaar guidelines are on page 2.

Monetary donations are being accepted for:

- 1) Bazaar Food Department (to purchase ingredients)
- 2) Bazaar Building Maintenance Fund

If you wish to make a donation, please make your check payable to Daifukuji Soto Mission and specify where you wish your donation to go.

Mahalo for supporting this year's bazaar.

24th Annual Daifukuji Building Fund Bazaar

Sunday, September 8, 2019 9 a.m. - 1 p.m.



GUIDELINES:

- 1. Donations may be dropped off at the Daifukuji Hall from August 25- September 5. Place items inside the hall. **Please pick up a donor mahalo letter for tax purposes.** We are NOT able to accept old computers, large electronic equipment, exercise equipment, large furniture, or large appliances.
- 2. Please have all rummage items cleaned. Clothing should be washed.
- 3. Donation of live plants may be dropped off on Saturday, September 7 or by 7:00 a.m. on Sunday, Sept. 8.
- 4. Donation of non-leafy vegetables, fruits, and other perishables may be dropped off Saturday, September 7 by 4:00 p.m.
- 5. Thank you for your past donations of homemade items such as baked goods. Because of new Health Department guidelines regarding homemade items, we are unable to sell them at the bazaar. https://handout.pdf. If you have any questions, please call Ann at (808) 937-0149. 6. All bazaar sale items are final: no refunds, returns or credits.
- 7. All members, please wear your Daifukuji T-shirts. Shirts are available for sale in the temple's Gift Shop. If the shop is not open, see Rev. Jiko to purchase shirts. Shirts are available in children's and adult sizes in a variety of styles.
- 8. The Snack Shop and Temple Gift Shop will open at 8:00 a.m. on the day of the bazaar. All other units will open at 9:00 a.m.
- 9. Workers/members' vehicles should be parked in the cemetery area. Carpool if possible. If you need your car parked, please fill out and attach an identification tag to your keys for our parking staff. Key identification tags will be provided.
- 10. Lunch will be provided to all workers. Meal tickets will be issued to each Unit by Chair by Avis Yamamoto.
- 11. At closing, each unit is responsible for cleaning its respective areas. Please assist other units as needed.
- 12. If you'd like to volunteer or have questions about the bazaar, please contact co-chairs Joyce St. Arnault at 329-3833 or Barbara Bosz at 987-2674, or Rev. Jiko at 322-3524.



Welcome, New Members

Our sangha extends a warm aloha to the following new members:

Dawn Marie Abe-Kent, Aukai Kent, Aaron, and Sophia

New members are always welcome. For information, see Rev. Jiko or visit our website: h t t p : //www.daifukuji.org/membership_brochure.pdf.



Mahalo Nui Loa

Mahalo nui loa to Winifred Kimura and Brian Kimura of H.

Kimura Store for donating fabric to make this year's *teru teru bozu* for our Bon Dance. Arigato to Amy Miyata and Jean Ikeda for making the traditional dolls which are thought to keep the rain away. It worked!

Thank you to sangha member Keith Olson for installing Wi-Fi in the Daifukuji Gift Shop, enabling the processing of credit cards.



Shakyamuni Buddha flanked by Dogen (right) and Keizan (left)

O-Higan & Soto Zen Founders Service Sunday, September 15 9:30 a.m. Lunch to Follow

All are invited to Daifukuji's autumn Ohigan and Ryosoki service on September 15. Ohigan (お彼岸), a Buddhist

holiday observed in Japan at the time of the spring and autumnal equinoxes, is considered the perfect time to strengthen one's practice of the Buddha's teachings of the Six Perfections of the Heart — the Six Paramitas — which are: generosity, observation of the precepts, patience, vigor, meditation, and wisdom. It is also a time to pay homage to Dogen Zenji, the eminent founder of our Soto Zen tradition and Keizan Zenji, the eminent propagator of the Soto Zen teachings. Rev. Jikō will be giving the Dharma message.

Donations of canned foods to the Hawaii Island Food Basket may be brought to the service. The Fujinkai continually delivers food to the Food Basket as its community service project, thanks to the help of Sachi & Ken Joesting.

All are invited to stay for lunch after the service. The Gift Shop will be open.

September Programs



Dharma Study Classes - Tuesdays, Sept. 3, 10, 17, & 24 3:30 - 5:00 p.m. Kannon Hall *A Path With Heart* by Jack Kornfield will be used for this series of classes. Books are available for \$10 in the Daifukuji Gift Shop or through Rev. Jiko. All sessions begin at 3:30 p.m. with 30 minutes of zazen followed by an hour of Dharma sharing. Please plan on arriving before 3:30. Late arrivals, please do your zazen sitting in the pews outside the meditation room. Contact Rev. Jiko for information: info@daifukuji.org, (808) 322-3524. All are welcome.

Family Sangha: A Dharma Program for Children - Sunday, September 1 & 29 at 9:30 a.m.

Child-friendly 45-minute services which include yoga, zazen, chanting, singing, & Dharma lessons. For children of all ages and their parents & grandparents. Call Rev. Jiko for information: (808) 322-3524.

Zazen (Meditation)

- * Every Wednesday morning from 6 a.m. 7:20 a.m.
- * Thursdays, September 12 from 6:00 p.m. 7:20 p.m. (Special event on Sept. 26 see page 5)

Both morning and evening sessions include 20 minutes of chanting. By donation. All are welcome. Please arrive at least 5 minutes before starting time. Call ahead if you are new to zazen practice. (808) 322-3524

Shakyo & Shabutsu Art Meditation - Saturday, September 21 from 8:00 a.m. - 9:30 a.m.

Mindfully tracing the Heart Sutra & pictures of buddhas and bodhisattvas in silence unifies body, breath, and mind. All supplies provided. By donation. Call Rev. Jiko at (808) 322-3524.

The Gay Sangha - Friday, September 6 6:00 - 8:00 p.m.

A Buddhist group open to all, with a particular invitation to gay women and men and their families and friends. Meetings are the first Fridays of each month at 6:00 pm. Meditation and discussion. Call Clear or Steve at (808) 328-0329.

T'ai Chi

Tuesdays at 9 a.m., Wednesdays at 12 noon, Thursdays at 9 a.m. All classes are one hour. \$5.00 per class. No prior experience is necessary. Call instructor Philip Kakuho Hema: (808) 345-1492.

Yoga

Mondays from 8:30 - 9:30 a.m. in the Hisashi Kimura Cultural Hall. No fee, but donations accepted. Bring a mat or towel. Call instructor Liz Aschenbrenner: (808) 345-1270 or liz217a@hotmail.com.

For information on programs such as Taiko, Project Dana, Bare Bones Writers, Sangha Sisters Women's Circle, Soleful Strutters Walking Moai & Kona Daifukuji Orchid Club, please go to:

http://www.daifukuji.org/activities.html.

NOTE: The Soleful Strutters Walking Moai will not be meeting on August 27 & September 3.



Serenity Sundays to Begin September 22

A Peaceful Start to Your Week 9 a.m. - 11 a.m.

A new once-a-month Sunday morning program is starting in September. Join us for meditation, Oigong, & talks on mindful living. Youth, who are able to sit in silence, are welcome to meditate with the adults at 9:00 a.m. Families with young children are welcome to start with Qigong at 9:30 a.m. Donations are appreciated.

8:50 a.m. Arrive and settle in

9:00 a.m. **Meditation Begins**

9:30 a.m. **Qigong**

10:00 a.m. Talks on Wellness & Mindful Living, Q & A

10:30 a.m. Tea & Fellowship September 22

October 20

November 10

December 22

January 19

February 16

"Serenity Sundays" is an opportunity to start the week in a serene way. The benefits of meditation, Qigong, and mindful living are well documented. Those who learn how to slow down and enjoy the present moment are happier & healthier. This program is free of Buddhist ritual, hopefully making it a program that people, regardless of their religious faith, would feel comfortable attending. It's a program that our temple is offering with the hope of creating a peaceful society and a bright world. Please join us.

An Evening of Mindfulness with monks from the Plum Village Tradition

Daifukuji Thursday, September 26

5:30 - 6:15 p.m. Dharma Songs (children & adults together)

6:30 - 8:00 p.m. Meditation & Dharma Talk

Ven. Thich Nhat Hanh

Ten monks from Thich Nhat Hanh's Plum Village tradition will be offering an Evening of Mindfulness at Daifukuji Soto Mission. The evening will begin with Dharma songs at 5:30 p.m. There will be meditation starting at 6:30 p.m. The visiting monks are trained by and practice in the Plum Village tradition led by the Venerable Thich Nhat Hanh. All are welcome.

Zen Master Thich Nhat Hanh is a global spiritual leader, poet and peace activist, revered around the world for his powerful teachings and bestselling writings on mindfulness and peace. He is the man Martin Luther King called "An Apostle of peace and nonviolence." His key teaching is that, through mindfulness, we can learn to live happily in the present moment—the only way to truly develop peace, both in one's self and in the world.

The monks will be traveling from Blue Cliff Monastery in New York and visiting Hawaii Island from September 24-30. Please contact Michael Donenfeld of the Hawaii Island Mindfulness Community for the monks' full itinerary & further details. 808-557-9650, mikemigrates@gmail.com.

Fujinkai Women's Association News

Fujinkai General Membership Meeting to be Held September 22 at 1 p.m.

Fujinkai members are cordially invited to this annual general membership meeting, which will be held at 1 p.m. in the social hall on September 22. Among the topics to be discussed are the autumn field trip, Kona Coffee Festival bento sale, and the 2020 UHSSWA Conference on Maui. Ladies, please join us for fun, information, and fellowship.

Women age 18 and up are invited to join the Daifukuji Fujinkai. Dues are \$10 annually. For information, please call Merle at (808) 323-3553 or Joyce at (808) 329-3833.

Fujinkai's Autumn Field Trip Coming Up October 12

Fujinkai members, mark your calendars! This year our outing will be a southbound trip to visit the Volcanoes National Park & to see the changes in the crater after the 2018 eruption.

Date: Saturday, October 12 — Meet at temple at 7:45 a.m. We will depart at 8:00 a.m.

Reststop: Punaluu Bake Shop 9:30 a.m. Arrive at Visitor's Center 10:30 a.m.

Lunch: Volcano House, Rim Restaurant 12:00 noon

(We'll all have the island plate lunch with choice of entree. Fujinkai members are free. Should you bring a guest, the cost is \$24.00, including tip and a beverage.)

If you are interested in going on this field trip, please see trip coordinator Lorraine Tanimoto or contact Rev. Jiko at 322-3524, no later than Tuesday, October 1. Further details will be discussed at our Fujinkai meeting on Sunday, September 22, so please be sure to attend this meeting.

Japanese Conversation & Grammar Classes

Mondays, September 9,16, & 30 (No class on September 23) $4 \text{ pm} \sim 5 \text{ pm}$ in the temple library

All are welcome to join the classes. Lessons will be conducted according to who is present in class.



Takako Sensei

Classes offer a great start for beginners and are a good review for advanced students. Bring your questions. A donation to the instructor and to the temple would be appreciated.

Contact Takako Sensei: toxley@kuleanaeducation.com, or (808) 989-8085.



Mahalo Nui Loa

Aloha Kakou,

After a year of planning, several months of intense practices, your Kona Daifukuji Taiko Group celebrated 30 years of rocking with two concerts at the Aloha Theater on Saturday, July 20th and Sunday, July 21.

The combined positive energies from everyone rattled the roof of Aloha Theater. Literally. We were honored to have Rev. Ryuji and Mrs. Tamiya, over 20 alumni, Sensei Chad Nakagawa from Hilo Taishoji Taiko Group, Sensei Paul Sakamoto and his fabulous crew from Puna Taiko Group, Momiji No Ha (Kealakehe High School Japanese Dance Group) under the direction of Sensei Randal Smith, alumna and taiko instructor Sensei Kristy Oshiro, as well as Sensei Tiffany Tamaribuchi from Sacramento Taiko Dan, join us on stage.

It was an amazing and successful weekend and we couldn't have pulled it off without the kokua and support of our Taiko village. I send waves of appreciation and gratitude to our performance members, their families, all of our alumni and all of our special guests for your sacrifices, positive energies and extra time you devoted to making our concert an amazing success. Special thank you to those who traveled hundreds of miles to join us just for the weekend. Thank you to our Daifukuji Sangha and Kona community for your continued support.

Thank you everyone for your support throughout the years. I humbly ask for your support for many more years to come.

Aloha pumehana,

Akemi Iwamoto

Artistic Director/Instructor













Rev. Ryuji Tamiya

Daifukuji Soto Mission Legacy Endowment Fund

Kako (Past) Genzai (Present) Mirai (Future) Honor the Past, Continue the Legacy, Shape the Future

Aloha Members & Friends of Daifukuji

Thank you for your generous support of our Legacy Endowment Fund. And in an attempt to be efficient, Mahalo Piha for your time & hard work to make our 2019 Bon Dance another success. Every year someone finds a solution, or adds something that makes the event better than before. And I'm still stunned by how lucky we got

with the weather. It was a beautiful evening. Thank you to all the temple groups & members who came out all week long to help & contribute.

Recent Legacy Endowment Fund Donors:

Russell B. Kudo in Memory of Takeshi & Chizuko Kudo, Lester & Jeanne Nakamoto in Memory of Sadanoshin Nakamoto Family Ancestors, Stanley M. Kimura, The Amazon Smile Foundation.

Our Daifukuji Taiko Group recently held a 30th Anniversary Concert series at Aloha Theatre. And one of the best testaments as to how good it was, is that several people phoned or texted me later and commented that "It was the most spectacular thing I've ever seen" and "How can I become a Daifukuji member?" They were so moved by the performances & sense of family that poured from the stage that they wanted to be a part of it. Our Taiko performers and the parents backing them up are truly a vital "engine" of our temple. Every single performer & performance went straight to your soul.

Alumni performers gave their time, traveled to come back & endured grueling practices to contribute to the concerts. Reverend & Mrs. Tamiya, who helped start it all 30 years ago, traveled from Japan to participate and it was a reminder of how lucky we were to have had them in the past, and how lucky we are to have Reverend Jiko guide us now. During the concert Sensei Akemi Iwamoto thanked two Youth Taiko members who coordinated the concert rehearsals & performances, Noa Roth & Douglas Ii, and said that when they both started 9 years ago in the youngsters' group, they were the two most "kolohe buggahs," who eventually became leaders and invaluable assets to Daifukuji Taiko — a reminder of how we are all part of this wonderful continuum of learning & growing.

As I reflected on these things, I thought how neatly it fit into the core concept of our endowment fund: legacy. Legacy is about life and living. Legacy is fundamental to what it is to be human. It's about learning from the past, living in the present, and building for the future. As I look to our Youth Taiko members, I see how they honor & respect those who have helped them get to where they are now and how they cherish the present moment. In this budding generation, the Future is Bright. *Okagesama de*.

Thank you for your continued support of Daifukuji and our Legacy Endowment Fund.

In Gassho,

Wade Yasuda, Chairman

Daifukuji Soto Mission Legacy Endowment Fund Board of Trustees

Avis Yamamoto Brian Yamamoto Keith Olson Wade Yasuda



Library News

By Clear Houn Englebert

In late July of this year, Kona Daifukuji Taiko had their 30th Anniversary Concert, and Aki Imai made a video and donated it to the library. So if you missed the concert, you can still appreciate it. We are very grateful for Mr. Imai's generous spirit with his documentation of local events and then sharing them via the library.

We have six lovely new books from a Pure Land temple (Lingyen Mountain) in Taiwan. They were donated by Harold Jiho Hall and hopefully everyone reading this will do this sort of thing---when you're traveling and you're in a Buddhist temple, see if they have any local publications. And if they do, and especially if they're in English, please obtain them for the Daifukuji library. By doing so, you're helping our library be a bridge between East and West. The books from Taiwan are all by Master Miao Lien, and the first two titles are each in two volume sets: "Sweet Dew", "Complex Questions Simple Answers", and "Cultivating Compassion with Guan Yin Bodhisattva" (this book is about Kannon) and then a biography of Miao Lien titled "The Great Teacher of Lingyen".

FOLK (the Friends of the Library Kona) also donated to our library. They gave us an excellent two-volume audio CD set "*Buddhism*" by Malcolm Eckel. What makes this really great is that it's from the famous "The Teaching Company" and there are a total of twelve discs.

The following items were donated by the Daifukuji Gift Shop:

"The Zen Poetry of Dogen" by Steven Heine. This book is excellent.

"Once-Born, Twice-Born Zen" by Conrad Hyers. Here's how I described this book to a friend, "The author compares these two schools (Rinzai and Soto) and lets Soto win." The truth is you don't see many books at all that compare Soto and Rinzai. You mostly see books that are from one tradition or the other. The book is also unique in that it's published in Durango, Colorado. I've never in my life seen a Buddhist book from Durango.

"Famous Temples and Monasteries in China" is a DVD about two magnificent temples: Zhongyue Temple and the Soul Mountain Temple.

"Dalai Lama: Man Monk Mystic" by Mayank Chhaya is also a new donation about this great monk.

Daifukuji Gift Shop News

Our great benefactor, Spring Liao, is a very creative person. Even though she's never been to the temple in person, she's thought of a very creative way to help the gift shop and the temple. We regularly send her photos of the shop (because it's changing all the time) and in one of the photos she saw a close-up of the purple t-shirt that has Tina's design of the Hawaii Kannon. Spring came up with the idea of giving away one of the shirts to any customer who spends at least \$50 at a time in the shop, and will pay for the shirt that is given away. Our warmest mahalo to Spring Liao!

Arigato from the Soto Zen International Youth Group

Four students from Japan, along with their chaperone Rev. Eshin Sato, stayed at Daifukuji on August 5 & 6. They express their appreciation to those who made their visit a happy one, in particular to the Daifukuji Happy Strummers, the Daifukuji Zazenkai, James & Mark of Daifukuji Zen Taiko, Shigeru Yamamoto and Reiko Sekine for providing transportation, and to Rev. Jiko, Amy, and Michi for being their hosts.



James & Mark gave the group a taiko lesson.

It was fun to experience many things at Daifukuji. Thank you very much. It was great being able to enjoy many delicious kinds of food, including those unique to Hawaii. I learned how different Hawaii temples are from temples in Japan, and what an important role they play in bringing all kinds of people together. $\sim Ayaka \sim$

Listening to the ukuleles and being taught the art of taiko was, for me, an enjoyable cultural experience. The bright atmosphere of the temple shone through. Thank you for welcoming us. $\sim Akiko \sim$

It was a valuable experience for me to be shown many places in Kona, to experience the playing of taiko, and to participate in an ukulele sing-along. Thank you very much. $\sim Nobumichi \sim$

Thank you very much for allowing me the opportunity to listen to ukulele music, to sit in zazen together with everyone, and be treated to many meals. I am grateful to you for welcoming me and talking to me, and for the delicious food. It was fun spending time with everyone. Thank you also to Michi (the temple dog) for playing with me! $\sim Risa \sim$



A Sing-along with the Happy Strummers

6 a.m. Meditation with the Zazenkai



Aloha from Rev. Jikō

A few days ago, the samu group helped take down the colorful *chochin* lanterns, bringing the season of O-bon to a respectful close. Summer was indeed rich and eventful; our temple fulfilled its purpose as a community gathering place. Kona

Daifukuji Taiko's 30th Anniversary Celebration was particularly memorable. I wish to express a big and loving mahalo to our taiko sensei Akemi Iwamoto for her amazing leadership and tremendous dedication to our youth taiko program. She was truly the humble, yet rock-steady, full-of-aloha driving force behind the entire celebration. Congratulations & mahalo to Akemi Sensei & to our entire taiko 'ohana!

Summer activities are winding down. The children are back in school. At the temple, weekly Dharma classes and the Family Sangha program have resumed, and preparations for our bazaar are coming along nicely. A few weekends ago, the women of our sangha contributed time and energy to make jams and jellies; another weekend, they baked loaves of mango bread. All for our bazaar. All to benefit Daifukuji's Building Fund. Thank you to all who are helping with this year's bazaar. Without all of you working so hard, Daifukuji would not be here. Everyone, please take care of yourselves during the busy two weeks of bazaar prep that lie before us & remember that your health and well being are foremost.

As autumn approaches, our focus at the temple turns inward. The Zen Retreat offering a day of silence happens on August 24, followed by our first Serenity Sunday on September 22, then an Evening of Mindfulness with Buddhist monks on September 26 (see page 5). In addition, please come to Daifukuji's Autumn Higan and Ryoso-ki service on Sunday, September 15. At the time of the autumnal equinox, we gather to remember Dogen Zenji and Keizan Zenji, the eminent Dharma ancestors of our Soto Zen lineage, & reflect on the Six Perfections of the Heart.

Without our strong Buddhist practice, we would not be the temple community that we are. From the still point within comes the spiritual strength, compassion, and wisdom needed to fulfill our mission in society. And what is our mission? In my eyes, our mission is to offer practices that cultivate the qualities of stability, peace, and kindness in individuals which are then reflected in society and in our world.

Thank you for helping Daifukuji to be a place of peace. I am grateful for all of you.

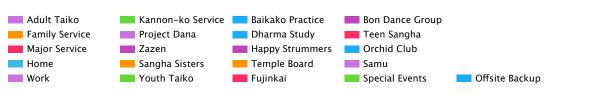
Namu kie butsu. Namu kie hō. Namu kie sō. Warm aloha, in gassho,

Rev. Jikō

Coming up in October...

Project Dana.....October 9 Kannon-ko Service....October 16
Fujinkai Field Trip....October 12 Serenity SundayOctober 20
Daruma-ki/Eitaikyo Service...October 13 Regency at Hualalai Service...October 23

September 2019



August 2019 September 2019 October 2019 $\label{eq:small} \textbf{S} \ \ \textbf{M} \ \ \textbf{T} \ \ \textbf{W} \ \ \textbf{T} \ \ \textbf{F} \ \ \textbf{S}$ S M T W T F S SMTWTFS 1 2 3 4 5 6 7 1 2 3 1 2 3 4 5 4 5 6 7 8 9 10 8 9 10 11 12 13 14 6 7 8 9 10 11 12 11 12 13 14 15 16 17 15 16 17 18 19 20 21 13 14 15 16 17 18 19 18 19 20 21 22 23 24 22 23 24 25 26 27 28 20 21 22 23 24 25 26 25 26 27 28 29 30 31 29 30 27 28 29 30 31

Work Yo	outh Taiko Fujinkai	Special Events	Offsite Backup			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Bazaar Items Ac- cepted -9:30 AM Family Sangha	= Bazaar Items Ac- cepted = 8:30 AM Yoga = 5:00 PM Youth Taiko = 7:30 PM Happy Strummers	Bazaar Items Accepted -9:00 AM T'ai chi -3:30 PM Dharma Study & Zazen -5:30 PM Zen Taiko	Bazaar Items Ac- cepted -6:00 AM Zazen -12:00 PM T'ai chi -5:00 PM Youth Taiko	= Bazaar Items Ac- cepted = 7:30 AM Samu = 9:00 AM T'ai chi = 5:30 PM Zen Taiko	=6:00 PM Gay Sangha	Bazaar Set Up 8am
BAZAAR 9 am to 1 pm	= 8:30 AM Yoga = 4:00 PM Japanese Class = 5:00 PM Youth Taiko	= 8:30 AM Walking Moai = 9:00 AM Bare Bones = 9:00 AM T'ai chi = 3:30 PM Dharma = 5:30 PM Zen Taiko	Project Dana 9:00 am -6:00 AM Zazen -12:00 PM T'ai chi -5:00 PM Youth Taiko -6:30 PM Orchid Club	9:00 AM T'ai chi =5:30 PM Zen Taiko =6:00 PM Zazen	=7:30 AM Samu	9:30 AM Youth Taiko
Higan & Ryosoki Service 9:30 a.m.	= 8:30 AM Yoga = 4:00 PM Japanese Class = 5:00 PM Youth Taiko	= 8:30 AM Walking Moai = 9:00 AM T'ai chi = 3:30 PM Dharma Study & Zazen = 5:30 PM Zen Taiko	Kannon-ko 10 am = 6:00 AM Zazen = 12:00 PM T'ai chi = 5:00 PM Youth Taiko	9:00 AM T'ai chi =5:30 PM Zen Taiko	=7:30 AM Samu	=8:00 AM Shakyo =9:30 AM Youth Taiko
Serenity Sunday 9 a.m. Fujinkai Meeting 1 p.m.	23 = 8:30 AM Yoga = 5:00 PM Youth Taiko	 8:30 AM Walking Moai 9:00 AM T'ai chi 3:30 PM Dharma Study & Zazen 5:30 PM Zen Taiko 	Regency Service 9 am -6:00 AM Zazen -12:00 PM T'ai chi -5:00 PM Youth Taiko	Evening of Mindfulness 5:30 Dharma Songs 6:30 Meditation & Talk -9:00 AM T'ai chi	=7:30 AM Samu	9:30 AM Youth Taiko
9:30 AM Family Sangha	= 8:30 AM Yoga = 4:00 PM Japanese Class = 5:00 PM Youth Taiko	= 8:30 AM Walking Moai = 9:00 AM T'ai chi = 3:30 PM Dharma Study & Zazen = 5:30 PM Zen Taiko	=6:00 AM Zazen =12:00 PM T'ai chi =5:00 PM Youth Taiko =7:00 PM Fujinkai Board	=9:00 AM T'ai chi =5:30 PM Zen Taiko	=7:30 AM Samu =6:00 PM Gay Sangha	=9:30 AM Youth Taiko