Daifukuji Soto Mission

Creating a Bright World

明るい世の中を作りましょう



79-7241 Mamalahoa Hwy., Kealakekua, HI 96750

July, 2019

(808) 322-3524 <u>www.daifukuji.org</u>

See "archives" on our website for previous newsletters.



Daifukuji Bon Dance

"Honoring Our Ancestors & Celebrating Community"

Saturday, July 13, 2019

6:30 p.m. - 10:00 p.m.

(Snack Shop & Gift Shop will open at 6:00 p.m.)

Free Admission

We invite you to a night of festivity at our historic Buddhist temple in Honalo, Kona. Join in the dancing, enjoy a thunderous taiko performance, browse in the gift shop, and purchase dinner and other yummies at the snack shop.

Daifukuji Soto Mission is located at 79-7241 Mamalahoa Highway next to Teshima's restaurant. www.daifukuji.org (808) 322-3524

Free Bon Dance Classes

July 2, 4, 9, & 11

Daifukuji Social Hall 7 p.m. - 8:30 p.m.

Want to learn Bon dancing? Winifred Sensei will help you get started. Just enter the circle of dancers and follow along the best you can. Dancers of all ages and abilities are welcome. Refreshments are welcome, too.

Questions? Call Sensei Winifred Kimura at 322-3296.

Kokua Please

Bon Dance Set Up July 13 8:00 a.m.

Bon Dance Clean Up July 14 8:00 a.m.





Kona Daifukuji Taiko's 30th Anniversary Concerts: July 20 & July 21 Time is running out. Get your tickets now!

Announcing Daifukuji Taiko's 30th Anniversary Concert at the Aloha Theater in Kainaliu! Our honored guests/performers will be Sensei Ryuji Tamiya and Noriko Tamiya. Two shows: Saturday, July 20th at 6 pm and Sunday, July 21st at noon. Tickets are \$20 each, general admission.

Our taiko group could not exist without the support of Daifukuji. With gratitude to the sangha we are offering ticket sales to Daifukuji members first.

Ticket sales to the sangha began the day of our Memorial Day-Baccalaureate service on May 26th. Ticket sales to members only will continue through our Daifukuji Clean-up Day on June 23rd.

We will open ticket sales up to the general public on Monday, June 24th.

With only 296 seats for each show, we expect to sell out, so please don't wait too long to purchase your tickets. All sales are first come, first serve and are non-refundable.

To purchase tickets, please contact Kari Kimura, cell 808-987-6146.

Zazenkai Announcement



For the purpose of accommodating the

Soto Zen International Youth Group who will be staying at Daifukuji, there will be no zazen on Wednesday, August 7. Instead, zazen will be held at 6:00 a.m. on Tuesday, August 6.

Friendly reminders for June events....

Sunday, June 23 8:00 a.m. Temple & Grounds Clean Up

Sunday, June 30 9:30 a.m. Bon Memorial Service

July Programs



Dharma Study Classes to Begin August 13

No Dharma study sessions will be held during the month of July. A new series of classes will begin on August 13 using the book *A Path With Heart* by Jack Kornfield. Books are available for purchase in the Daifukuji Gift Shop. (Ask for the Dharma class discount.) Classes will be held on Tuesday afternoons from 3:30 -5:00 p.m. and will begin with 30 minutes of zazen. All are welcome. For more information, please contact Rev. Jiko at (808) 322-3524 or info@daifukuji.org.

Family Sangha: A Dharma Program for Children - Sundays, August 11, 18, & 25 at 9:30 a.m.

Child-friendly 45-minute services which include yoga, zazen, chanting, singing, & Dharma lessons. For children of all ages and their parents & grandparents. The Family Sangha will be on summer break during the month of July. Family services resume August 11. Call Rev. Jiko for information: (808) 322-3524.

Zazen (Meditation)

- * Every Wednesday morning from 6 a.m. 7:20 a.m.
- * No Thursday evening zazen will be held in July. Evening zazen will begin again in August.

Both morning and evening sessions include 20 minutes of chanting. Donations may be placed in the box on the incense table. All are welcome. Please arrive at least 5 minutes before starting time. Call ahead if you are new to zazen practice. (808) 322-3524

Shakyo & Shabutsu Art Meditation - Saturday, July 6 from 8:00 a.m. - 9:30 a.m.

Mindfully tracing the Heart Sutra & pictures of buddhas and bodhisattvas in silence unifies body, breath, and mind. All supplies provided. By donation. Call Rev. Jiko at (808) 322-3524.

Baikako Plum Blossom Choir Practice - Sunday, **July 7** from 7:45 a.m. to 9:00 a.m. Call Rev. Jiko at 322-3524 for information.

The Gay Sangha - Friday, July 5 6:00 - 8:00 p.m.

A Buddhist group open to all, with a particular invitation to gay women and men and their families and friends. Meetings are the first Fridays of each month at 6:00 pm. Meditation and discussion. Call Clear or Steve at (808) 328-0329.

T'ai Chi

Tuesdays at 9 a.m., Wednesdays at 12 noon, Thursdays at 9 a.m. All classes are one hour. \$5.00 per class. No prior experience is necessary. Call instructor Philip Kakuho Hema: (808) 345-1492.

Yoga

Mondays from 8:30 - 9:30 a.m. in the Hisashi Kimura Cultural Hall. No fee, but donations accepted. Bring a mat or towel. Call instructor Liz Aschenbrenner: (808) 345-1270 or liz217a@hotmail.com.

For information on programs such as Taiko, Project Dana, Bare Bones Writers, Sangha Sisters Women's Circle, Soleful Strutters Walking Moai & Kona Daifukuji Orchid Club, please go to: http://www.daifukuji.org/activities.html.

Welcome to Our Sangha



Our sangha extends a warm aloha to the following new member:

Mike Kaneko

New members are always welcome. For information, see Rev. Jiko or visit our website:http://www.daifukuji.org/membership_brochure.pdf.

Jam & Jelly Ingredients Needed

We'll soon be making jams and jellies for the Bazaar. The following ingredients are needed:

- * 75 pounds of sugar
- * 16 boxes of Certo liquid pectin
- * 14 cases of 8 oz. jars
- * Fresh or frozen poha

Donations of any quantity are welcome & appreciated. Please call Ann at 937-0149. Items may be dropped off at Daifukuji by the end of July.

In Preparation for Our September 8th Bazaar



- * Please start collecting clean soda boxes and large brown paper bags for the bazaar.
- * Monetary donations to purchase ingredients for the items to be made by the Bazaar Food Department are welcome and appreciated. Please make checks payable to **Daifukuji Soto Mission** and write
 - "Bazaar Food Dept." on the check's memo line.
- * Donations of bazaar items will be accepted from August 25 September 5.
- * If you wish to help at the bazaar, please contact co-chairs Joyce at 329-3833 or Barbara at 987-2673, barbarainkona@gmail.com. Bazaar guidelines will appear in the August newsletter.

Daifukuji Gift Shop News

There's a bit of fine tuning to be done, but the gift shop is basically set up in the basement. Our weekly hours are Thursdays from 10:00 am until 2:00 pm, and on Fridays from 10:00 am until 1:00 pm. On Wednesdays the hours are variable at the moment. We're aiming for a consistent 10:00 am until 2:00 pm, and hopefully it will be that way by the time you are reading this. We will also be open on the monthly Serenity Sundays (see flyer on page 7). The shop is also open before & after monthly major Sunday services and at big events, such as the Bon Dance & Orchid Show. Updates of the shop's hours will be posted on the temple's website, and also look for the "Gift Shop Open" signs by the road.

Congratulations

One of the most serene ceremonies held at our temple each year is the Soto Zen Buddhist Lay Confirmation Ceremony. On June 1, a group of four sangha members accepted the precepts in a ceremony officiated by Rev. Jiko and assisted by Deacon Jikai. Formally becoming disciples of the Buddha, these members received their Buddhist names, wagesa, and certificates. This ceremony was the culmination of a period of study and



reflection on the sixteen bodhisattva precepts which provide a strong, stable moral foundation in the life of a Soto Zen Buddhist.

Our Sangha warmly congratulates:

Melanie Shinnen 真念 Eccard (Genuine Mindfulness), Adel Zenkō 禅光 Kedves (Zen Light),

Mark Dai-un 大雲 Kriss (Great Cloud), Betsy Kairen 開蓮 Morrigan (Opening of the Lotus)

Kona Daifukuji Orchid Club's 37th Annual Show & Sale - Wonderland of Orchids



Sunday, July 28 8:00 am - 1:00 pm

Free admission

Daifukuji Soto Mission, next to Teshima's

- Enchanting displays of blooming orchids
- Peering Through the Looking Glass of Orchids display of memorabilia and commemoratives
- Learn about edibleness, medicinal uses, and adaptability of orchids
- Plants for sale
- Taiko drummers perform at 10:00 am



Precepts Ceremony Appreciation

from Betsy Kairen Morrigan

Aloha Members & Friends of Daifukuji,

I would like to give thanks to those who have made this day possible and so meaningful to me. First of all I want to thank my friend Connie Zahalka, who told me about Reverend Jiko's precepts classes this year and got me interested right away; the

rest is today's history. Next I want to thank my friend Clint Kolyer, here from the Kea'au Hongwanji Buddhist temple, who is going on the same journey in becoming a Buddhist. He and I have shared so much and will continue to share our Buddhist path and journey. I want to thank Clear Englebert for managing our very complete library here on Buddhist topics. This will occupy me for years to come. I want to thank my three wonderful children, Sarah, Jacques, and Jessica, who have taught me the true meaning of humility for over fifty years, and who are such loving parents to my grandchildren. Next, I'd like to thank Deacon Amy Jikai Nakade, whose diligent and thoughtful touch makes everything you see here glow.

And lastly, of course I want to thank Reverend Jiko, who made this all possible for me. We have been learning about Buddhism and studying the sixteen precepts with her for sixteen weeks. It has been very interesting to hear the refreshing ideas, reactions, and experiences of our fellow students. All my dumb questions she answered with respect and explanations I could grasp. She helped us learn to meditate, and now I meditate daily, without falling asleep! She has distilled and explained the deepest, most mysterious, and ancient concepts of Buddhism in a warm, refreshing, down-to-earth and modern way, with unforgettable examples. Her signature warm, sweet laugh says to me, "See, these precepts, this Zen Buddhist way, it's nice, it's good, it's for you, I've been there, and I'm here for you." I hope to be able to learn much more about Zen Buddhism from her. To start with, "When in doubt, bow," she tells us.

So here I am today in front of you, saying, "I take refuge in the Buddha, I take refuge in the Dharma, and I take refuge in the Sangha." These three treasures will now define my life. I am especially happy to know the compassionate Buddha, as his lineage is passed down today through Reverend Jiko and great scholars like Thich Nhat Hanh. I am happy and very interested to learn the Dharma, to understand how to live better, and how to be a human being truly empty yet unified, forgiving and forgiven, a happy and compassionate person. Reverend Jiko told us today in her Dharma talk that we need to work to stop the hatred and inequality in the world by spreading more peace and compassion. To put that into the poetry of Thich Nhat Hanh, "We are all the leaves of one tree. We are all the waves of one sea."

As a very new Buddhist, I have so much more to learn and am only beginning. After we practiced our confirmation ritual, I tried to understand the meaning of the "Maka Hannya Haramitta Shingyo" (Heart of Great Perfect Wisdom) sutra we recited today in Japanese. Read in English, it hit me like an atom bomb. It seems to try to explain the deepest human condition, emptiness and fullness, where the far edges of Zen Buddhist thought on the meaning of human life intersect with something like quantum particle physics. I spent hours on the Internet last night listening to it in both languages, trying to understand it. I admit it is beyond me at the present. I would like to learn more about it with Reverend Jiko and fellow students.

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I am honored to be started in the path of this Buddhist tradition that has already helped me be calmer and not as judgmental, and yes, even less of a food Nazi. I am not sure I deserve to be confirmed in Buddhism now, when I have just put my smallest toe in such deep water here, but it is a start. I know there is so much more, and I am on a great journey with the best teachers, like Reverend Jiko. I honestly wish I could take the precepts instruction again, because just now it's beginning to fit together, to sink in, and to all make sense. Now I am trying to live them.

And last, I am very pleased to be a member of this sangha, this warm and welcoming community of the Daifukuji Soto Zen Mission temple. I am eager to get to know more people here, to help, and to be involved in more activities, as soon as I return from doing my "grandmother camp" on the mainland by the end of July. I am very sorry to miss our special annual Bon Dance and taiko concerts, but I will be back in time for the orchid show. Thank you for welcoming me into the Daifukuji community.



Serenity Sundays at Daifukuji Zen Temple

Join us for meditation, Qigong, & talks on mindful living. ~Public welcome~

Families with young children are welcome to come for Qigong at 9:30 a.m. Older children, who are able to sit in silence, are welcome to meditate with the adults at 9 a.m.

8:50 a.m. Arrive & settle in

9:00 a.m. Meditation Begins

9:30 a.m. Qigong

10:00 a.m. Talks on Wellness & Mindful Living

Q&A

10:30 a.m. Tea & Fellowship

Please join us once a month.

September 22, 2019 October 20, 2019 November 10, 2019 December 22, 2019

January 19, 2020 February 16, 2020 March 15, 2020

Donations appreciated

For further information, call (808) 322-3524 or send an email to info@daifukuji.org. Daifukuji, a Blue Zones approved faith-based organization, is located at 79-7241 Mamalahoa Highway next to Teshima's Restaurant in Honalo, Kona. www.daifukuji.org





A Message to the Graduates

by Donna Jien Ryngala, Ph.D.

Dr. Ryngala gave this Dharma message at the May 26th Memorial Day Service & Blessing of the High School Graduates.

When my husband and I and our two children first started attending Daifukuji family services several years ago, we were struck by the welcoming and loving nature of Rev. Jiko and the sangha here. We wanted to raise our children with the teachings of Soto Zen Buddhism running throughout their awareness and are so grateful that they can incorporate the teachings in their daily lives.

For graduates Keoki, Makana, Megan, and Mako, I think about how lovely it is to have spent your childhood growing up with the Buddha, Dharma and Sangha as integral parts of your lives. As someone who has lived in communities across the country, I can honestly say that the message of connection, compassion and openness that are taught and expressed here are unfortunately not the norm in much of our country.

As we all know, the country and the world are going through some intense and painful times. The world is suffering just as it was in Buddha's day. We struggle on a personal scale with the effects of too much screen time, social media, and managing all the "have to's" that make up our daily lives. On a global scale, climate change and social inequalities cause great suffering to all beings. In my practice as a psychologist, I see the effects of this suffering every day.

However, there is good news! In addition to all of the struggle and unknowing, there is a whole generation of children and young adults who are capable, conscientious and not willing to just accept the status quo. They are willing to challenge the older generations with thoughtful and compassionate ideas that can change the world.

A couple of years ago, the term "Woke" became a part of the vernacular in the American culture. Have you heard of it? The phrase 'Stay Woke' is "to be aware of your surroundings and things going on, with a particular focus on social injustices". I think about what a gift of growing up within the Buddhist community can be for all you young people. To have been practicing zazen and mindfulness from such an early age, I know that the seeds of awareness, kindness and compassion for all beings have been planted, watered and nurtured for years. You have been aware. Your upbringing which has been focused on being observant and attentive to your own experience as well as the experiences of others make it so you are woke just by your nature.

There is so much to be learned from the world and whether that come from your own exploration out in the world, in your own minds, or on the internet, you have a lot of information to take in. But! I also want to remind you that you have a lot that you can teach to others. People outside of this sangha do not yet know what gifts you have. As a member of this community, you have so much that needs to be shared with the world.



Congratulations to Makana, Megan, Mako, & Keoki, graduates of the Class of 2019!

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Eric Hoffer said "The search for happiness is one of the chief sources of happiness." This is not the direction that I would point you: finding happiness is a fool's errand. The direction, of course, is up to you. But don't forget about the triple truth: a generous heart, kind speech, and a life of service and compassion are the things which will renew humanity.

We need this more than ever in our world and I know that these young people are just the ones to do it.

In my practice as a psychologist, I frequently talk to my clients about how we have so much choice in our lives. Even when there are parts of us that we aren't particularly proud of, we can always grow other qualities to take care of the more difficult parts. I borrowed this metaphor from Thich Nhat Hanh many years ago and although it may sound familiar, I think we can all learn from it.

Now it is the turn of these four graduates, Megan, Makana, Mako, and Keoki to plant some seeds of their own. Buddha left his palace, wife and young son to help alleviate the suffering in the world. Soon, these young people will leave the comfort of childhood and venture out into this bigger world.

Now is the time to strike out on your own and build your own community. Please be careful about the people you let in your gardens. Make sure that they are worthy and that they water seeds that make you a better person and that don't harm you. And you too, need to be good stewards of others' gardens — it goes both ways.

What seeds do you wish to plant in others' gardens? What seeds do you need to nurture in you own garden?

It is my hope that these four graduates will take the things they have learned here and spread it with the world outside of Daifukuji and Kona and give the other people the compassion and connection that is so needed in our world. Please be good messengers. Our world needs more wonderful people like you.

The most important thing is to find out what is the most important thing.

~Shunryu Suzuki~

Sangha Photo Gallery



Kona Daifukuji Taiko at the 2019 Big Island Taiko Festival



Gift Shop Volunteers at the Keauhou Bon Festival



Toba Shaving Crew



Nancy & Amy at the Keauhou Bon Festival



Rev. Jiko & Mark in front of the Gift Shop Booth



Zen Retreat Saturday, August 24

9:00 a.m. - 3:00 p.m.

Vegetarian potluck lunch

Registration Required

Suggested donation \$15

Public welcome

Sponsored by the Daifukuji Zazenkai, this one-day Zen retreat is perfect for someone beginning a meditation practice. Instructions on zazen will be given by Rev. Jiko; members of the Zazenkai will share their experiences during the Dharma talk. In addition to the practice of zazen, you will be able to experience shakyo art meditation & Qigong, all in silence.

Please plan on arriving at 8:30 a.m. If possible, bring a vegetarian offering for the potluck lunch.

You may register for this retreat by contacting the temple office at (808) 322-3524, <u>info@daifukuji.org</u> or Zazenkai president Barbara Shoshin at (808) 987-2673, Barbarainkona@gmail.com.



Summer Greetings

from Rev. Jikō Nakade

Dear Daifukuji sangha and friends,

Our temple becomes the hub of several community events over the summer months. Each event involves many hours of preparation by large numbers of volunteers, who give wholeheartedly of their time, energy, and goodwill. To all, I express my sincere gratitude.

Our temple groups will be especially busy during the month of July since there will be three big events in succession: our Bon Dance on July 13, Daifukuji Taiko's anniversary concerts at the Aloha Theater on July 20 & 21, and the Orchid Show on July 28.

I am looking forward to Rev. and Mrs. Tamiya's visit. They'll be performing in the two taiko concerts and staying with my family here at the temple for several days. Imagine, the taiko group which they started during their ministry is strongly continuing 30 years later, thanks to Akemi Sensei's great dedication, as well as the support of temple members and our taiko 'ohana. The fact that 20 taiko alumni will be coming from near and far to perform in the concerts is a testimonial to the impact that taiko has had on their lives. They are surely returning to say *arigato* to their *senseis* and to celebrating

this occasion with Daifukuji's large taiko 'ohana. Family, sangha, community togetherness — this is what Daifukuji is all about.

After the hustle and bustle of summer, we will return to our study of the Dharma, this time using one of my favorite books, *A Path With Heart*. Dharma sessions begin on August 13 and all are welcome. On August 24, our Zazenkai will be hosting a Zen retreat that will be open to the public. Please join us for a day of silence.

In the fall, a new once-a-month program called "Serenity Sundays" will be starting. In alignment with our Blue Zones mission to promote health and wellbeing, "Serenity Sundays" will feature meditation, Qigong, & talks on mindful living. Together, we are creating a brighter, happier, and healthier world.

Namu Kie Butsu. Namu Kie Ho. Namu Kie So.

Wishing you a peaceful Obon & a wonderful summer!

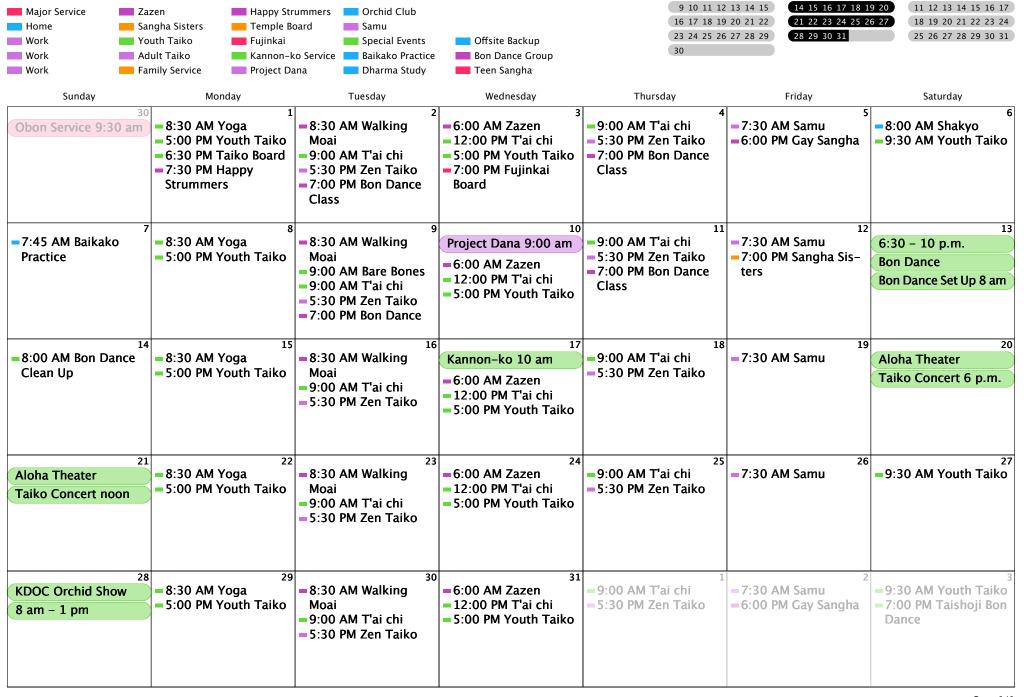


Coming up in August...

Taishoji Bon Dance & Service.....August 3 & 4 Kannon-ko Service......August 21

Project Dana......August 14 Regency at Hualalai Service...August 28

July 2019



August 2019

SMTWTFS

4 5 6 7 8 9 10

June 2019

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July 2019

7 8 9 10 11 12 13

S M T W T F S

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