

Daifukuji Soto Mission

Creating a Bright World
明るい世の中を作りましょう



79-7241 Mamalahoa Hwy., Kealahou, HI 96750

August, 2019

(808) 322-3524 www.daifukuji.org

See "archives" on our website for previous newsletters.



Daifukuji Soto Mission

Sunday Sept. 8, 2019

9:00 a.m. - 1:00 p.m.

79-7241 Mamalahola Hwy

*located in Honalo next to
Teshima's Restaurant*



A fundraiser for the Daifukuji Soto Mission Building Fund

For more information, call 322-3524

www.daifukuji.org

24th Annual Daifukuji Building Fund Bazaar

Sunday, September 8, 2019

9 a.m. - 1 p.m.



GUIDELINES:

1. Donations may be dropped off at the Daifukuji Hall from August 25- September 5. Place items inside the hall. Write the donor's name and address on the donation sheet. We are NOT able to accept old computers, large electronic equipment, exercise equipment, large furniture, or large appliances.
2. Please have all rummage items cleaned. Clothing should be washed.
3. Donation of live plants may be dropped off on Saturday, September 7 or by 7:00 a.m. on Sunday, September 8.
4. Donation of non-leafy vegetables, fruits, and other perishables may be dropped off Saturday, September 7 by 4:00 p.m.
5. Thank you for your past donations of homemade items such as baked goods. Because of new Health Department guidelines regarding homemade items, we are unable to sell them at the bazaar.
<https://health.hawaii.gov/san/files/2017/09/HMF-handout.pdf>
If you have any questions, please call Ann at (808) 937-0149.
6. All bazaar sale items are final: no refunds, returns or credits.
7. All members, please wear your Daifukuji T-shirts. Shirts are available for sale in the temple's Gift Shop. If the shop is not open, see Rev. Jiko to purchase shirts. Shirts are available in children's and adult sizes in a variety of styles.
8. The Snack Shop and Temple Gift Shop will open at 8:00 a.m. on the day of the bazaar. All other units will open at 9:00 a.m.
9. Workers/members' vehicles should be parked in the cemetery area. Carpool if possible. If you need your car parked, please fill out and attach an identification tag to your keys for our parking staff. Key identification tags will be provided.
10. Lunch will be provided to all workers. Meal tickets will be issued to each Unit by Chair by Avis Yamamoto.
11. At closing, each unit is responsible for cleaning its respective areas. Please assist other units as needed.
12. If you'd like to volunteer or have questions about the bazaar, please contact co-chairs Joyce St. Arnault at 329-3833 or Barbara Bosz at 987-2674, or Rev. Jiko at 322-3524.

August Programs



Dharma Study Classes - Tuesdays, August 13, 20, & 27 3:30 - 5:00 p.m. Kannon Hall
A Path With Heart by Jack Kornfield will be used for this series of classes. Books are available in the Daifukuji Gift Shop or through Rev. Jiko. (Please ask for your Dharma class discount.) All sessions begin at 3:30 p.m. with 30 minutes of zazen followed by an hour of Dharma sharing. Please plan on arriving before 3:30. Late arrivals, please do your zazen sitting in the pews outside the meditation room. Contact Rev. Jiko for information: info@daifukuji.org, (808) 322-3524. All are welcome.

Family Sangha: A Dharma Program for Children - Sundays, August 11, 18, & 25 at 9:30 a.m.
Child-friendly 45-minute services which include yoga, zazen, chanting, singing, & Dharma lessons. For children of all ages and their parents & grandparents. Call Rev. Jiko for information: (808) 322-3524.

Zazen (Meditation)

* Every Wednesday morning from 6:00 a.m. - 7:20 a.m. NOTE: The Aug. 7th zazen has been changed to Aug. 6.

* Thursdays, August 8 & 22 from 6:00 p.m. - 7:20 p.m.

Both morning and evening sessions include 20 minutes of chanting. Donations may be placed in the box on the incense table. All are welcome. Please arrive at least 5 minutes before starting time. Call ahead if you are new to zazen practice. (808) 322-3524

Shakyo & Shabutsu Art Meditation - Saturday, August 10 from 8:00 a.m. - 9:30 a.m.

Mindfully tracing the Heart Sutra & pictures of buddhas and bodhisattvas in silence unifies body, breath, and mind. All supplies provided. By donation. Call Rev. Jiko at (808) 322-3524.

Baikako Plum Blossom Choir Practice - Sunday, August 18 from 7:45 a.m. to 9:00 a.m. Baika workshops will be held on November 15 - 16.

The Gay Sangha - Friday, August 2 6:00 - 8:00 p.m.

A Buddhist group open to all, with a particular invitation to gay women and men and their families and friends. Meetings are the first Fridays of each month at 6:00 pm. Meditation and discussion. Call Clear or Steve at (808) 328-0329.

T'ai Chi

Tuesdays at 9 a.m., Wednesdays at 12 noon, Thursdays at 9 a.m. All classes are one hour. \$5.00 per class. No prior experience is necessary. Call instructor Philip Kakuho Hema : (808) 345-1492.

Yoga

Mondays from 8:30 - 9:30 a.m. in the Hisashi Kimura Cultural Hall. No fee, but donations accepted. Bring a mat or towel. Call instructor Liz Aschenbrenner: (808) 345-1270 or liz217a@hotmail.com.

For information on programs such as Taiko, Project Dana, Bare Bones Writers, Sangha Sisters Women's Circle, Soleful Strutters Walking Moai & Kona Daifukuji Orchid Club, please go to:

<http://www.daifukuji.org/activities.html>.

Welcome, New Members



Our sangha extends a warm aloha to the following new members:

Neil Forsberg

Carolyn Arenas

New members are always welcome. For information, see Rev. Jiko or visit our website: http://www.daifukuji.org/membership_brochure.pdf.

Mahalo Nui Loa

Mahalo to everyone who helped with the June 23 temple cleanup. The job list was a little different from last year; thankfully all the volunteers were flexible and worked hard. We were able to complete before the rain.

Thank you to the Sangha Sisters for preparing the lunch and being willing to work around all the kitchen cleaning.

Aloha,

Shaun Roth, Cleanup Chair

Kona Daifukuji Orchid Club's 37th Annual Show & Sale - Wonderland of Orchids



Sunday, July 28

8:00 am - 1:00 pm

Free admission

Daifukuji Soto Mission, next to Teshima's

- ✿ Enchanting displays of blooming orchids
- ✿ Peering Through the Looking Glass of Orchids - display of memorabilia and commemoratives
- ✿ Learn about edibility, medicinal uses, and adaptability of orchids
- ✿ Plants for sale
- ✿ Taiko drummers perform at 10:00 am

Zen Retreat

A Day of Silence: Beginning a Meditation Practice

Saturday, August 24 9:00 a.m. to 3:00 p.m.

Arrival & check-in at 8:30 a.m.

\$15 suggested donation

Vegetarian Potluck Lunch



The public is welcome to a Zen Retreat hosted by the Daifukuji Zazenkai. Please join us for a day of silence. We suggest wearing loose, comfortable clothes in subdued colors that cover your legs and shoulders, and avoid fragrances. Please consider bringing a vegetarian dish to share at lunch.

During this retreat, instructions on zazen and beginning a meditation practice will be given by Rev. Jiko. Several members of the Daifukuji Zazenkai will briefly talk about their meditation journeys.

The day will include several meditation sessions, the practice of *shakyo/shabutsu* art meditation, a Qigong or T'ai Chi session, and a vegetarian lunch eaten in silence.

Pre-registration is requested. You may register by calling (808) 322-3524 or sending an email to info@daifukuji.org.



Serenity Sundays to Begin September 22

A Peaceful Start to Your Week

A new once-a-month Sunday morning program is starting in September. Join us for meditation, Qigong, & talks on mindful living. Youth, who are able to sit in silence, are welcome to meditate with the adults at 9:00 a.m. Families with young children are welcome to start with Qigong at 9:30 a.m. Donations are appreciated.

8:50 a.m. Arrive and settle in

9:00 a.m. Meditation Begins

9:30 a.m. Qigong

10:00 a.m. Talks on Wellness & Mindful Living, Q & A

10:30 a.m. Tea & Fellowship

Dates: September 22, October 20, November 10, December 22, January 19, February 16, March 15

Aloha from Rev. Jikō

Aloha Members & Friends of Daifukuji,

Mahalo nui loa to all who've helped with this summer's various services and events, a few of them still to come. I am truly grateful for our vibrant sangha, a community which works together with kindness and respect to bring peace & happiness to all.



Mahalo to Rev. Hata & the members of Taishoji, who joined us at O-bon.

Although there's still much to be enjoyed this summer, bazaar planners have begun preparing for this big fundraiser, while the Zazenkai is preparing to offer its gift to the public - a silent meditation retreat. I am especially looking forward to launching "Serenity Sundays" in September, a Sunday morning program which is designed to promote peace and well-being.

"Serenity Sundays" is born of my wish to give folks a chance to slow down, relax, breathe, & take a refreshing pause at the beginning of the week. Too many of us are rushing here & there. For example, do you know what the speed limit is on the road that goes by our temple? The sign says 25 m.p.h. Yet, cars, trucks, and motorcycles go whizzing by, even faster in the middle of the night. Some drivers ignore the speed limit signs, fail to maneuver the turn, and end up going off the road or hitting the stonewall. On the road of life, we need not drive or live in such a crazy fashion.

"Serenity Sundays" is an opportunity to start the week in a serene way. The benefits of meditation, Qigong, and mindful living are well documented. Those who learn how to slow down and enjoy the present moment are happier & healthier. Someone recently told me that at the Zen Center she attends in California, teenagers show up for morning zazen at 5:30 a.m. because they have discovered the joy & peace of meditation. You can, too. The "Serenity Sundays" program is free of Buddhist ritual, hopefully making it a program that people, regardless of their religious faith, would feel comfortable attending. It's a program that our temple is offering with the hope of creating a peaceful society. In Gassho.

Returning to a Place They Loved

On June 11, Faye Sato and her brother, Rev. Shuudo Glenn Sato and his family visited Daifukuji, bringing with them from Japan a portion of their beloved father and mother's ashes, which have been placed in Daifukuji's columbarium. Rev. & Mrs. Hakudo Sato, who served our sangha from 1965- 1976, had expressed while they were alive, their wish to have their ashes come back to Daifukuji Soto Mission, a place which they loved. Rev. & Mrs. Sato's niche is located in the new section of the Nokotsudo, close to the altar. Please offer a stick of incense for them when you visit the columbarium.



Sato Family Visit



Library News

By Clear Houn Englebert

The new arrivals are:

A Mind at Home with Itself by Byron Katie and Stephen Mitchell is a most unusual book. Part of it is an illumination of the *Diamond Sutra* by Katie, and part of it is a biography (by Stephen Mitchell) of how Katie came to have a spontaneous kensho in 1986, and how her life changed. I've never imagined a book like this, but both parts of the book are fascinating. I highly recommend it to everyone. It's an example that Dharma is not the exclusive property of Buddhists.

Another book that demonstrates that principle (in graphic form) is *Dharmacakra or the Wheel of the Law* by Dhanit Yupho. It is a large format, photography book from Thailand, and it's part of an excellent series, "Thai Culture" produced by their government (and the library has several of them). The interesting thing about the Dharma Wheels that are depicted in this book is that they all have more than eight spokes. Eight spokes is what is now thought of as a standard Buddhist Dharma Wheel, but the original Dharma Wheels had many spokes, and one of the things it represented was that the center is the same for everyone, and the spokes are individual paths leading to that common center.

We have two new audio sets:

The Roots of Buddhist Psychology by Jack Kornfield has eight CDs, and *Breath Sweeps Mind: The Intimate Heart of Zen* by Jakusho Kwong has six CDs. These CDs are a convenient way to learn about Buddhism.

Departures by Yojiro Takita is a film based on the book *Coffinman* by Shinmon Aoki. The library already had the novel (thanks to a donation by Burton Ito), and now we have the movie to go with it.

Another fine film in the library is *Ajanta*. It's filmed in India and really gives a great feel of what it's like to be at this impressive series of ancient temples, which are carved into a remote cliffside.

Another unique donation, that we are very thankful for, is from Sumiko Asai. It's *Zen Mind, Beginner's Mind* by Shunryu Suzuki in Japanese. It's in two volumes and translated by Taro Matsunaga. It gives me great satisfaction for our library to have this superb book. It's like Zen coming full circle.



Tales of Old Todaiji is from Todaiji Temple in Nara. It might classify as the cutest book in the whole library. That's because of the vivid watercolor brushwork by Y. Shimamoto, which is on almost every page of the book. The book is small and has extra thick pages, so it really rates a super cute book, and I wouldn't be surprised if it gets checked out a lot.



The next book is one that I'd be surprised if it ever gets checked out at all. (Please prove me wrong!) *Flower Ornament Sutra: Flower Store*

Sea of Worlds, Chapter 5, Volume 1 by the Venerable Tripitaka Master Hsuan Hua. I'm a great fan of Buddhist literature, but that complicated title is somewhat off-putting. It's a small part of the *Avatamsaka Sutra* and the big deal is that the extensive commentary is unsurpassed in English. A commentary can be extremely useful with this famously long sutra.

The Life of Buddha by George Hulskramer is a children's comic book from Holland. It's in English and the illustrations (by Bijay Raj and Raju Babu Shakya) are of very high quality and I have a feeling that adult cartoon fans will also check out this nice book.



Precepts Class Appreciation

by Melanie Shinnen Eccard

I thoroughly enjoyed the precepts class. It helped me greatly and I consider taking it again - there is so much to learn and understand. Each week I left feeling better than I had when I arrived. I found having a different precept to ponder throughout the week was a welcomed practice and a more beneficial use of my brain. Hearing other's perspectives and experiences during the classes provided me with further understanding of the concepts and life in general. Since then, I'm having deeper, more meaningful conversations and have found it easier to share my true feelings and thoughts. I'm more appreciative of the quiet and find myself seeking it out more often. I also have a stronger desire to connect with nature. The ceremony was truly special and I'm appreciative of the entire experience.



Takako Sensei

Japanese Conversation & Grammar Classes

*Mondays, September 9, 16, 23, 30
4 pm ~ 5 pm in the temple library*

All are welcome to join the classes. Lessons will be conducted according to who is present in class.

Classes offer a great start for beginners and are a good review for advanced students. Bring your questions! A donation to the instructor and to the temple would be appreciated.

Contact Takako Oxley: tolxey@kuleanaeducation.com or (808) 989-8085.

Gift Shop News

by Clear Houn Englebert

The gift shop is rolling along in its new location. We're in need of a few more volunteers so that we can keep our hours consistent. Sometimes someone who is scheduled to be there has something come up and can't make it, so having a few people for backup would be excellent. It's a great place to volunteer---ask anyone who works there. It's lovely and has great vibes. Sincere thanks to everyone who has made it that way!





Mahalo to the members of the Konawaena Leo Club and Kona Lions Club for spending several hours under the hot sun weeding & cleaning the walkways of the Daifukuji cemetery on July 3, 2019.

Thank you very much for your dedicated service to our community!

A Writing Sample From the Bare Bones Writers

Monthly meetings are held on the second Tuesday of the month from 9 - 11 a.m. in the temple library. For information, contact Kathryn at (808) 345-2976, kathrynpheller@gmail.com.

Write for seven minutes on the thought, "And then what?"

Being there. You reach your goal and then what?

Zen, in pursuit of the goal-less goal. Direction, without desire.

Covet nothing, work/not work, try/not try,

tangle the mind in contradictions until it grows tired and surrenders.

You reach your goal and then what? Be there.

And there you already were. In Buddha nature,

walking a circle, walking a long, long, circle,

circumambulating the mountain

climbing and descending

to reach the starting point, the finishing point, the only point.

Here, now.

And now.

And now.

Where were you going? And when you get there? And then what?

August 2019

July 2019							August 2019							September 2019						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6					1	2	3		1	2	3	4	5	6	7
7	8	9	10	11	12	13	4	5	6	7	8	9	10	8	9	10	11	12	13	14
14	15	16	17	18	19	20	11	12	13	14	15	16	17	15	16	17	18	19	20	21
21	22	23	24	25	26	27	18	19	20	21	22	23	24	22	23	24	25	26	27	28
28	29	30	31				25	26	27	28	29	30	31	29	30					

- Adult Taiko
- Kannon-ko Service
- Baikako Practice
- Bon Dance Group
- Family Service
- Project Dana
- Dharma Study
- Teen Sangha
- Major Service
- Zazen
- Happy Strummers
- Orchid Club
- Home
- Sangha Sisters
- Temple Board
- Samu
- Work
- Youth Taiko
- Fujinkai
- Special Events
- Offsite Backup

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 8 am - 1 pm KDOC Orchid Show	29 8:30 AM Yoga 5:00 PM Youth Taiko	30 8:30 AM Walking Moai 9:00 AM T'ai chi 5:30 PM Zen Taiko	31 6:00 AM Zazen 12:00 PM T'ai chi 5:00 PM Youth Taiko	1 9:00 AM T'ai chi 5:30 PM Zen Taiko 7:00 PM Temple Board	2 7:30 AM Samu 6:00 PM Gay Sangha	3 9:30 AM Youth Taiko 7:00 PM Taishoji Bon Dance
4 9:00 AM Taishoji Bon Service	5 8:30 AM Yoga 5:00 PM Youth Taiko 6:00 PM Happy Strummers	6 Zazen 6 a.m. 8:30 AM Walking Moai 9:00 AM T'ai chi 5:30 PM Zen Taiko	7 6:00 AM No Zazen 12:00 PM T'ai chi 5:00 PM Youth Taiko	8 9:00 AM T'ai chi 5:30 PM Zen Taiko 6:00 PM Zazen	9 7:30 AM Samu 7:00 PM Sangha Sisters	10 8:00 AM Shakyo 9:30 AM Youth Taiko
11 9:30 AM Family Sangha	12 8:30 AM Yoga 5:00 PM Youth Taiko	13 8:30 AM Walking Moai 9:00 AM Bare Bones 9:00 AM T'ai chi 3:30 PM Dharma 5:30 PM Zen Taiko	14 Project Dana 9:00 am 6:00 AM Zazen 12:00 PM T'ai chi 5:00 PM Youth Taiko 6:30 PM Orchid Club	15 9:00 AM T'ai chi 5:30 PM Zen Taiko	16 7:30 AM Samu	17 9:30 AM Youth Taiko
18 7:45 AM Baikako Practice 9:30 AM Family Sangha	19 8:30 AM Yoga 5:00 PM Youth Taiko	20 8:30 AM Walking Moai 9:00 AM T'ai chi 3:30 PM Dharma Study & Zazen 5:30 PM Zen Taiko	21 Kannon-ko 10 am 6:00 AM Zazen 12:00 PM T'ai chi 5:00 PM Youth Taiko	22 9:00 AM T'ai chi 5:30 PM Zen Taiko 6:00 PM Zazen	23 7:30 AM Samu	24 Zen Retreat
25 8:00 AM Bazaar Items Accepted 9:30 AM Family Sangha	26 ... Bazaar Items Accepted 8:30 AM Yoga 5:00 PM Youth Taiko	27 ... Bazaar Items Accepted 8:30 AM Walking Moai 9:00 AM T'ai chi 3:30 PM Dharma 5:30 PM Zen Taiko	28 Regency Service 9 am ... Bazaar Items Accepted 6:00 AM Zazen 12:00 PM T'ai chi 5:00 PM Youth Taiko	29 ... Bazaar Items Accepted 9:00 AM T'ai chi 5:30 PM Zen Taiko	30 ... Bazaar Items Accepted 7:30 AM Samu	31 ... Bazaar Items Accepted 9:30 AM Youth Taiko