Daifukuji Soto Mission

Creating a Bright World 明るい世の中を作りましょう



79-7241 Mamalahoa Hwy., Kealakekua, HI 96750

April, 2019

花祭り

(808) 322-3524 <u>www.daifukuji.org</u>

See "archives" on our website for previous newsletters.



Hanamatsuri Buddha Day Service

Sunday, April 7 9:30 a.m

All are invited to join our sangha in pouring sweet tea over the baby Buddha in celebration of his birth 2,600 years ago in Lumbini Garden. A Dharma talk will be given by Rev. Jikō.

There will be a spring egg hunt for the children immediately after the service, followed by a vegetarian meal prepared by the members of our temple's Zazenkai. All are invited to stay for lunch. Donations of desserts are welcome.

Donations of flowers for the altars and hanamido flower shrine may be dropped off on Friday, April 5th or by 8 a.m. on Saturday, April 6th.

Hanamatsuri is a joyful occasion to be shared with all. Feel free to invite friends and relatives. The children always enjoy the spring egg hunt after the service.

The gift shop will be open. Donations of canned food for the Food Basket are always appreciated.

Pancake Breakfast Fundraiser



Saturday, March 23 7 a.m. - 10:30 a.m. \$8.00 at the social hall door

Come out & enjoy the best breakfast in town, along with wonderful fellowship. Please support the

Daifukuji Fujinkai Women's Association's pancake breakfast fundraiser.

April Programs



Dharma Study Classes - Tuesdays, April 2, 9, 16, 23, & 30 3:30 - 5:00 p.m. Kannon Hall *Zen Mind, Beginners Mind* by Shunryu Suzuki Roshi is the subject of study. All sessions begin at 3:30 p.m. with 30 minutes of zazen followed by an hour of Dharma sharing. Please plan on arriving before 3:30. Late arrivals, please do your zazen sitting in the pews & remain outside the meditation room. One may purchase a book for \$8.50. Contact Rev. Jiko for information: info@daifukuji.org, (808) 322-3524. All are welcome.

Family Sangha: A Dharma Program for Children - Sunday, April 21 at 9:30 a.m.

Child-friendly 45-minute services which include yoga, zazen, chanting, singing, & Dharma lessons. For children of all ages and their parents & grandparents. Call Rev. Jiko for information: (808) 322-3524.

Zazen (Meditation)

- * Every Wednesday morning from 6 a.m. 7:20 a.m.
- * Thursdays, April 11 & 25 from 6:00 p.m. 7:20 p.m.

Both morning and evening sessions include 20 minutes of chanting. Donations may be placed in the box on the table. All are welcome. Please arrive at least 5 minutes before starting time. Call ahead if you are new to zazen practice. (808) 322-3524

Shakyo & Shabutsu Art Meditation - Saturday, April 6 from 8:00 a.m. - 9:30 a.m.

Mindfully tracing the Heart Sutra & pictures of buddhas and bodhisattvas in silence unifies body, breath, and mind. All supplies provided. By donation. Call Rev. Jiko at (808) 322-3524.

The Gay Sangha - Friday, April 5 6:00 - 8:00 p.m.

A Buddhist group open to all, with a particular invitation to gay women and men and their families and friends. Meetings are the first Fridays of each month at 6:00 pm. Meditation and discussion. Call Clear or Steve at (808) 328-0329.

Japanese Class With Takako Sensei — Monday, April 29 7:00 p.m. - 7:50 p.m.

Learn Japanese conversation and songs.Contact Takako Oxley: <u>oxleyj002@gmail.com</u> or (808) 989-8085.

T'ai Chi

Tuesdays at 9 a.m., Wednesdays at 12 noon, Thursdays at 9 a.m. All classes are one hour. \$5.00 per class. No prior experience is necessary. Call instructor Philip Kakuho Hema : (808) 345-1492.

Yoga

Mondays from 8:30 - 9:30 a.m. in the Hisashi Kimura Cultural Hall. No fee, but donations accepted. Bring a mat or towel. Call instructor Liz Aschenbrenner: (808) 345-1270 or <u>liz217a@hotmail.com</u>.

For information on programs such as taiko, Project Dana, Bare Bones Writers, Sangha Sisters Women's Circle, & Kona Daifukuji Orchid Club, please go to: http://www.daifukuji.org/activities.html.

Baika Workshops Held

The Daifukuji Baikako Plum Blossom Choir extends a warm mahalo to Baika teacher Rev. Ryoko Matsui of Jozenji in Chiba, Japan, for her patient instruction in the art of Baika Ryu Eisanka on February 16 & 17.



Country Store Donations



The 54th Annual United Hawaii Soto Shu Women's Association (UHSSWA) Conference will be held on April 13 & 14 at the Soto Mission of Hawaii & the Sheraton Princess Kaiulani Hotel. A group of 12 from Daifukuji will be attending the conference.

A Country Store Fundraiser which benefits the UHSSWA will be held. Donations of small or medium sized avocados, Kona coffee, mac nuts, dried fruits and other kinds of Kona specialties are appreciated.

If you are able to contribute any of these items, please call Joyce at 329-3833 or Rev. Jiko at 322-3524. We ask that donations be dropped off at the temple by Thursday, April 11.

Our neighbor island friends just love our Kona specialities!

Zazenkai News

In preparation for the April 7th Hanamatsuri lunch, Zazenkai members will be working in the temple kitchen from 9:00 a.m. - 3:00 p.m. on Saturday, April 6. Please drop off food and vegetable donations by 9 a.m. that day or the day before.

Cooking on Sunday, April 7 will begin at 8:00 a.m.

Questions? Wish to help? Have vegetables, fruits, or desserts to donate? Please call or text Barbara Shoshin Bosz at (808) 987-2673 or send an email to Barbarainkona@gmail.com.



From the Bare Bones Writers Group

The Bare Bones Writers group meets every 2nd Tuesday of the month from 9 a.m. to 11 a.m. in the temple library. New members are welcome. For information, please contact Kathryn at (808) 345-2976.

A writing sample from the group

Topic: "Life presented itself ... "

Do I really want to open this Pandora's box....?

So, I had decided to move to Hawaii when life presented itself in the parking lot of Wegman's. A cosmic shove and fall resulting in 2 years of opening and allowing and taking stands for the highest good of self. Not bending to the will of others to meet their needs and definitions of what's right, decreed, necessary.

The "divine trip", as I call it, continues to unfold even to this day. What is the next opening, the next allowing? How much am I willing to receive? How much am I willing to share? Whose "rules" am I willing to break in service to what's right and true? How much am I willing to expose about a cosmic life well lived? How often and easy it is to stay cloaked behind the veil of normal.

9th U.S. Soto Zen Members' Conference, Las Vegas

October 26, 2019



Dr. Duncan Ryūken Williams

The 9th U.S. Soto Members' Conference will be held on Saturday, October 26, 2019 at the Golden Nugget Hotel in Las Vegas and will be hosted by Los Angeles Zenshuji and the North American Bishop's Office. Over a hundred people from temples and Zen centers are expected to participate in this event.

This one-day conference is open to all and includes lunch and dinner. It's theme is "American Buddhism" and the keynote speaker will be Dr. Duncan Ryūken Williams, a professor of religion and ordained Soto Zen priest, whose book *American Sutra: A Story of Faith and Freedom in the Second World War* was

recently published by the Harvard University Press. <u>https://www.duncanryukenwilliams.com/american-</u><u>sutra</u>

The U.S. Soto Zen Members' Conference is held every few years in an effort to promote fellowship amongst Soto Zen members throughout North America and Hawaii.

The conference registration fee of \$130 includes lunch and dinner. Please contact Rev. Jikō at (808) 322-3524 or <u>rev.jiko@daifukuji.org</u> if you are interesting in attending the conference.



Baccalaureate Ceremony to be Held on May 26

On Sunday, May 26, there will be a blessing of the high school graduates who are the children and grandchildren of temple members. We will also be honoring graduates belonging to Kona Daifukuji Taiko. The blessing will take place following the morning's Memorial Day Service which begins at 9:30 a.m.

Invitations will be sent to the graduates and their families. Please inform Rev. Jiko if you have a graduate in your family or if you know of a graduate whose parents/grandparents are Daifukuji members. You may reach Rev. Jiko at (808) 322-3524 or rev.jiko@daifukuji.org.

APA-Approved Workshop

COGNITIVE ENHANCEMENT AND MINDFULNESS-MEDITATION: Buddhist Concepts Using a Neuropsychological Paradigm



Saturday, May 11, 2019 from 1 - 5 p.m. Daiful

Daifukuji Social Hall

Evidence-based mindfulness/meditation, neuropsychological, and psychological methods including a consideration of socio-emotional functioning and compassion, are illustrated through a heuristic cognitive enhancement program. The goal is to increase the likelihood of attaining positive traits/states and learning experiences to help others in their unique life journey, as well as oneself in this reciprocal process. Such a program can be easily adapted to assist cognitively impaired individuals regain intellectual competency (or slow down progression of deterioration). From a Buddhist perspective, the Five Pillars of Wisdom are discussed which may lead to the view that the highest wisdom is a compassionate state of being characterized by a recognition that all phenomena are incomplete, impermanent and not self.

Registration is required by the May 5, 2019 deadline by mailing a check for \$35 to Dr. Roger Weiss, PhD, HIPA, P.O. Box 3178, Kailua-Kona, HI 96745.

Students, seniors over 65 and those with special needs need only pay \$15 to cover cost of materials and refreshments. A portion of the proceeds will be donated to Daifukuji Soto Mission.

Daifukuji members who assist in the workshop in any capacity can attend free of charge. Contact Jiho at (808) 315-7341 if more information is desired.

Welcome, New Members



Our sangha extends a warm aloha to the following new members:

George Matsuyama

Phyllis Alani

New members are always welcome. For information, see Rev. Jiko or visit our website:http://www.daifukuji.org/ membership_brochure.pdf.

Gift Shop News

Request for Privacy Fencing Material



The gift shop will be moving to the basement —breathing new life into that space, as Rev. Jiko says. The shop has outgrown the *choba* and we've received an amazingly generous donation of shelving for displaying items in the new space. We'd like to ask for one more donation item, if anyone has it just sitting around—bamboo or reed fencing material. It will be used to maintain privacy for the residence when customers are coming and going from the basement. If you have the fencing material and would like to donate it, please call the temple at (808) 322-3524.



For Our Temple Gardens

We are looking for the following plants to enhance our temple gardens:

Yellow protea

Red protea

Hāpu'u Fern Keiki

If you are able to donate these plants to Daifukuji, please call Rev. Jiko at (808) 322-3524. Pick up can be arranged.

Temple Tour Sunday, May 5 2 p.m.



The ever-popular temple tour will be offered at 2 p.m. on May 5 by Rev.

Jiko and Clear Houn Englebert. This is an opportunity to learn about the history of Daifukuji Soto Mission, its architectural features, the symbolism behind altar objects and temple art, and the significance the temple plays in the Kona community.

Feel free to bring family and friends. This onehour tour is open to the public and offered free of charge. Library News

By Clear Houn Englebert



Here are the new arrivals.

There are two new DVDs:

Walk With Me by Marc Francis and Max Pugh is about Thich Nhat Hanh and practice at Plum Village in France.

One Body One Heart is a dialogue between Roshi Pat O'Hara and Bob Gunn who is a Zen priest as well as a Christian minister. It was filmed after Gunn was diagnosed with pancreatic cancer. It's short and very poignant.

We have three small books from Shasta Abbey:

The Kyojukaimon (with commentary by Roshi Jiyu Kennett). The Kyojukaimon is about the precepts and was written by Keizan in the 1200's. The last page of the book has this magnificent quote from Dogen: "Within these Precepts dwell the Buddhas, enfolding all things within their unparalleled wisdom. There is no distinction between subject and object for any who dwell herein. All things, earth, trees, wooden posts, bricks, stones become Buddhas once this refuge is taken. From these Precepts come forth such a wind and fire that all are driven into enlightenment when the flames are fanned by the Buddha's wisdom. This is the merit of non-action and non-seeking; the awakening to True Wisdom."

Sexuality and Religious Training, which is a special issue of The Journal of Shasta Abbey. It starts with the Buddhist quote "All paths lead to the goal—walk the one that is best for you." There are topics include marriage, celibacy, love, and gay people.

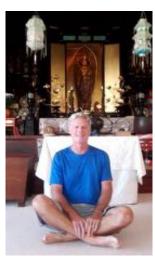
The Shasta Abbey Book of Ceremonies includes weddings, funerals for animals and people, and naming ceremonies. The last part of the book has scriptures in transliterated Japanese.

We have two colorful pamphlets from a series published by the Fine Arts Department of Thailand:

An Appreciation of Sukhothai Art by Silpa Bhirasri is about the 200 year period starting in 1238 which was a golden age of material, intellectual, and spiritual progress in Thailand. This book is about the Buddhist images of that period.

Thai Images of the Buddha by Luang Buribhand and A.B. Griswold explains the history and symbolism of Thai Buddhist images.

We are fortunate to have the two workshop materials for the workshops led by Harold Hall at Daifukuji and Taishoji: *Cognitive Enhancement and Mindfulness-Meditation* and *Contributions of Neuroscience and Behavioral Science to Mindfulness Meditation*.



Right Speech

A Talk given to the Family Sangha by Richard Gentei Diedrichs

I listened to a podcast with a famous person who said that she thought having good manners, saying please and thank you, is the key to the universe. It helps us so much.

I thought about what she said.

I saw in my mind myself and everyone else walking around being nice to each other, saying and doing kind, polite things, and it hit me. She was right: I agree with her. It is the key to the universe. It is the key to a happy life.

We create for ourselves and everyone around us a joyous and positive world by having good manners and acting and speaking nicely and with love.

Buddha said that when we speak, we think about five things.

We think about speaking at the right time.

We think about speaking the truth.

We think about speaking with affection.

We think about speaking with benefit.

And we think about speaking with goodwill.

We speak with affection. What is affection? Affection means that we have gentle feelings toward someone. We like her or him. In our Zen practice, we feel that way about everyone, even when we are around someone who does or saying something we don't agree with. We speak to everyone with affection.

We speak with benefit. Benefit means that we say things that are helpful and useful to others.

We speak with goodwill. Goodwill means we offer everyone kindness, help and support.

We want to say things that are cheerful and offer the people around us ways to help them in their lives.

It is simple. It is a simple practice. We can all do it.

For the rest of the day and all day tomorrow, when you walk around and meet people, try to talk to them with affection, with benefit and with goodwill.

See how it makes you feel and see if you think it makes for a happy world.

The Children of Daifukuji

by Rev. Jikō Nakade

The children of the Daifukuji sangha 'ohana are very dear to me. Over the years I've watched many of them grow from tiny tots into fine adults. Some begin their



Singing at the HAIB Buddha Day Service

Buddhist education as infants and toddlers when they are brought to the temple on Sunday mornings by their parents and grandparents. Others come through our youth taiko group and are lovingly nurtured by Akemi Sensei and the adults around them. Knowing that the temple is in some measure a part of their lives brings me joy. They are blessed with the Three Treasures.

A person, who recently rejoined the membership after going through some twists and turns in his life, told me that his adult offspring, whom he brought to the temple as youngsters, still talk about Daifukuji, cherish their childhood temple experiences, and have expressed that they'd like to return to the sangha. Also, a former student of our Family Sangha Sunday School program, who is now grown up and living on the mainland, has written heartwarming comments about her temple experiences on our Facebook Page. It's nice to know that their coming to the temple as children has had a positive impact on their lives. This gives me good reason to invite families to join the Daifukuji Family Sangha, a Sunday morning Dharma program that's designed to nurture the hearts and minds of children.

Our Family Sangha will soon be bidding farewell to a wonderful Dharma teacher who's dedicated several Sunday mornings a month for many years to giving Buddhist lessons to the children of Daifukuji. From my heart I thank *sensei* Richard Gentei Diedrichs for giving our children the precious gift of the Buddha's teachings. (His lesson on Right Speech appears on page 7.) Not only the children, but also the adults who've accompanied them to services have all received a wonderful Dharma gift from Gentei Sensei. I, too, have learned much from Gentei Sensei and wish him and his wife Sharon all the best in their move to California. Mahalo nui loa, Gentei Sensei!

I warmly invite you to come to Daifukuji on April 7th to celebrate the birth of Shakyamuni Buddha together with our sangha. Please bring family and friends. Please bring your children and grandchildren. Young and old alike enjoy the pouring of sweet tea over the infant Buddha, as well as the spring egg hunt and Hanamatsuri feast after the service. HAPPY BUDDHA DAY TO ALL!

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Coming up in May...

Temple Tour	May	5
Project Dana	May	8
Cognitive Enhancement Workshop	May	11

Kannon-ko Service May 15
Regency at Hualalai ServiceMay 22
Memorial Day Service/Graduates' Blessing May 26

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28 - 3:00 PM Youth Taiko	29 = 8:30 AM Yoga = 7:00 PM Japanese Class	30 = 8:30 AM Walking Moai = 9:00 AM T'ai chi = 3:30 PM Dharma Study & Zazen = 5:30 PM Zen Taiko	1 = 6:00 AM Zazen = 12:00 PM T'ai chi = 5:00 PM Youth Taiko = 7:00 PM Fujinkai Board	= 9:00 AM T'ai chi = 5:30 PM Zen Taiko	3 = 7:30 AM Samu = 3:30 PM Precepts Study = 6:00 PM Gay Sangha	4 = 9:30 AM Youth Taiko = 7:30 PM Happy Strummers