



79-7241 Mamalahoa Hwy., Kealahou, HI 96750

August, 2015

(808) 322-3524 www.daifukuji.org

Please join us!



Fun & Fellowship!

You are invited to Daifukuji's annual

SANGHA PICNIC

Sunday, August 16

Old Airport Picnic Grounds, Pavilion #3 9:30 a.m. - 2:00 p.m.

Bring pupus, salads, side dishes, desserts, and snacks to share. Temple will provide burgers, hot dogs, drinks, and paper goods.

- * Bring beach chairs if you have them.
- * Carpooling can be arranged. If you need a ride, please call 322-3524.
- * Fishing using rod & reel is not permitted at this beach park.
- * Donations of prizes for kids and adults are needed. Please drop off prizes at Daifukuji by August 9.



Welcome, New Members

We extend a warm welcome with much aloha to the following new members:

Tetsuo and Reiko Kodaira

George Matthews and Jessica Falcone

Together, may we walk the path of compassion.

Congratulations!

We extend a warm and heartfelt congratulations to the **Morichika family** upon the birth of their newest family member, **Kousei**, who was born on June 5. Welcome, baby Kousei!



Mahalo from the Bazaar Food Department



We would like to thank everyone who donated food items to be sold at the bazaar and also for ingredients and monetary donations. Thank you very much.

Our thanks to all who helped with the following: jams/jellies, shredded mangoes, mixing the sushi vinegar and from Friday manju making to Saturday packing and pricing of items and making the mochi.

Our sincere thank you to Elaine and Thelma and their crew for cooking the rice Sunday morning from 2:00 a.m., Merle and helpers for making the cone sushi, Kelly and her sushi rolling crew, Lorraine and breakfast crew, and to all who came to help from early in the morning.

Thank you all very much. *Okagesama de*, with everyone's great help the bazaar was a success.

Thank you again,

Ann Nakamoto and Michiko Enomoto

*Far surpassing the fragrance of sandalwood or incense or lotus or jasmine
is the fragrance of virtue.*

~~ The Dhammapada ~~

Reflections on My Soto Zen Buddhist Confirmation Ceremony Held on May 23



Taking Refuge

By taking refuge in the path of Buddhism

I make myself small, so that my heart
and awareness may grow large.

I crawl up into the Buddha's lap and
sit protected by infinite compassion.

I climb into an open palm and see
clearly the path of Dharma -- the
fog of life's dilemmas lifts and I
embark on the middle path.

I nestle into the heart of the Buddha
and find I am embraced and welcomed
by the Sangha -- like-minded souls
on the journey of life.

My spiritual path has not always been easy or
filled with light and love. There have been
times of turmoil on my quest of self discovery.

During the twelve weeks of studying the
precepts, many fears and remorse surfaced and
were dissected until I understood their sources.
On my confirmation day, when my peace name
was given to me, I felt physically bathed in a
sweet vibration of light and joy. I felt a smile,
from ear to ear, on my face.

My eyes made contact with Rev. Jiko and we
both smiled. Her light and love, the light and
love of the Buddha, Dharma, and Sangha,
entered my heart where they now reside.

In Gassho,
Patricia Kōshin

The words "You are a disciple of the Buddha"
are words that have become a mantra reaching
into the core of my being.

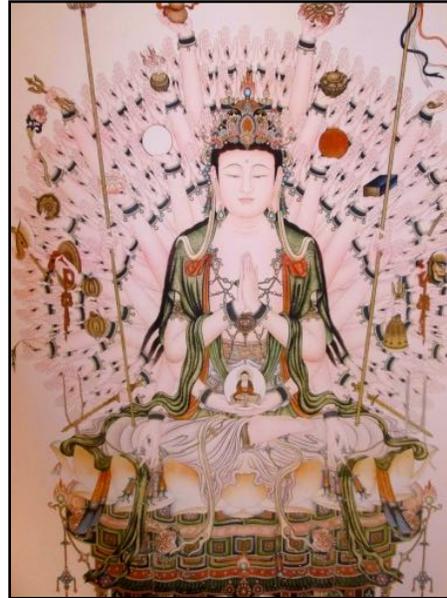
~ Robert Kakuzan

I spoke extemporaneously and do not recall my
exact words of appreciation spoken following
formal ceremonial acceptance of the Sixteen
Precepts. First, I appreciate the Buddha, the
Dharma, and especially the Daifukuji Soto
Mission Sangha. Second, I appreciate past
spiritual benefits received on a Sufi path. And
last, I offer my sincere, profound appreciation
and gratitude for the existence of Hawai'i, the
Hawaiian Culture, and the Aloha Spirit. I did not
say then but add now, that from childhood
through the early 30's, I dwelled from time to
time in mystical communion with my Creator,
Ke Akua, and absorbed the aloha kapu [the
spiritual sacredness of Aloha] of the true
Hawaiian culture.

~ Kaleopono Kōdo

(“Reflections on My Soto Zen Buddhist Confirmation Ceremony” continued)

Infinite surprise,
Unexpected, overwhelming,
Connection.
A raindrop soaks the sea.
The curtain of space opens,
Overflowing light touches light,
Planets become jewels,
Atoms bathed forever.
Pure light penetrates heaven,
Oneness unveiled.
~ Kindness Isshin



The evening of the Ceremony, I arrive at Daifukuji. After offering incense, I enter the sanctuary and sit quietly in meditation, aware that the Sangha is arriving. We sit and meditate amid lovely flowers, our offerings to the Buddha. The ceremony begins. With each bow and each chant, I realize that I am the ceremony, that we all are. After offering incense and burning my repentance words, I feel a release. Moving upward into the inner sanctuary, we accept the precepts. Then we receive our wagesa. I am humbled. Reverend Jiko presents us with our Dharma names, and I feel honored to be recognized. As we rejoin the Sangha, I am filled with emotional thankfulness. I offer my appreciation to all who supported me and helped me find my path. Listening to my classmates express their thankfulness, I am overwhelmed by their sincerity and clarity. I am so very grateful to have found Daifukuji Soto Zen Mission and our Sangha.

~Hannah Hōran

The Soto Zen Buddhist confirmation ceremony is an honor I will treasure for a lifetime. The wagesa I received is a special reminder of my connection to the Buddha's Teachings, and the goodness that I can share with others. Thank you to my family and friends and especially Rev Jiko for her guidance and love.

~ Sharen Seiren

Fujinkai Field Trip

By Lorraine Jitoku Tanimoto



Where? Hamakua Mushroom Farm at Laupahoehoe

When? **Saturday, September 19, 2015**

What? A 70-minute tour of the Mushroom Farm and an all-you-can-eat lunch buffet at the Jade Chinese Restaurant in Waimea.

Who? The outing is free to Fujinkai members. Guests are to pay \$30.00 for the farm admission fee and luncheon. Drinks are not included. No charge for the bus fare.

The deadline was Saturday, July 25. Announcements of this trip were included in the June Newsletter and at the end of the O-Bon service. District Representatives, if you have not done so already, a list of members in your group planning to attend this field trip is needed. Bus will leave the temple at 7 a.m. Please be at the temple by 6:45 a.m.

Bon Dance Mahalo

Aloha,

We humbly express our heartfelt gratitude to those who assisted with the setup, operation and cleanup for this year's Obon. Much like those who create beautiful mandalas, we work diligently each year to build a marvelous venue for the dancers. And like the priests who are content to sweep the completed mandala away, when we are finished, we happily disassemble and pack away our Bon dance for another year, leaving nothing but memories. The time we invest into this wonderful event each year is returned to us in treasures more valuable than gold, the joy of those who dance the night away in celebration of their ancestors. Thank you for making our Sangha a stronger place for all.

Gokurosama Deshita

Gassho,

Bobby Command and Wade Yasuda

Bon Dance Co-Chairs



Library News

By Clear Houn Englebert

We have a wonderful new book by Pema Chodron, *Living Beautifully with Uncertainty and Change*. We also now have the book that Mushim Ikeda recommended highly when she spoke at Daifukuji, *Mindfulness in Plain English* by Bhante Gunaratana.



There are two new children's books: *Anh's Anger* by Gail Silver, which was donated by Mushim Ikeda, and *Little Panka Sweeps the Mind* by Fa Ze. There's also a new young adult book called *The Buddha's Apprentices* edited by Sumi Loundon.

Aki Imai filmed and donated a couple of new DVDs: *Kona Daifukuji New Year's Party 2014* and *HAIB Buddha Day Celebration 2014*.

There are two new items by Thich Nhat Hanh: *Fragrant Palm Leaves: Journals 1962-1966* and *The Ultimate Dimension*. The latter is a 6-disk audio set discussing two very important scriptures: the Avatamsaka and Lotus Sutras. Another audio set is *Buddhism* by Malcolm Eckel, which is part of The Great Courses series from The Teaching Company. It's a whopping 12-disk set.

Two beautiful art books have arrived: *Japanese Ink Painting: Early Zen Masters* by Hiroshi Kanazawa and *Buddhist Cave Paintings at Tun-Huang* by Basil Gray.

There are a couple of new psychology books: *The Mindful Brain* by Daniel Siegel and *The Mindful Way Through Depression* by several authors, including Jon Kabat-Zinn.

The other new arrivals are:

The Best Buddhist Writing 2013 edited by Melvin McLeod.

Buddhist Acts of Compassion edited by Pamela Bloom.

The Big Bang, the Buddha, and the Baby Boom by Wes Scoop Nisker who is the editor of the Buddhist journal *Inquiring Mind*.

Zen Buddhism by O. B. Duane is a small, beautiful book which very clearly introduces Zen and the text is accompanied with full-page color pictures.

A Sure Sign of the Dharma by Hsuan Hua is a lucid commentary on the Surangama Scripture.

The Sacred Art of Bowing by Andi Young is from the Korean Zen tradition.

Living in the Face of Death by Glenn Mullin is from the Tibetan tradition.



August Dharma Programs

Dharma Fellowship (A Monthly Dharma Discussion Group)

The next Dharma Fellowship will be held on **Thursday, August 20** at 7:00 p.m. in the Kannon Hall.

Zazen (Meditation)

* Every Wednesday morning from 6 a.m. - 7:20 a.m.

* Thursday, August 13 & 27 from 7 p.m. - 8:30 p.m.

Both morning and evening sessions include 20 minutes of chanting. Donations may be placed in the box on the incense table.

Shakyo & Shabutsu Art Meditation - Saturday, August 15 from 8:00 a.m. - 9:30 a.m.

Mindfully tracing the Heart Sutra & pictures of buddhas and bodhisattvas in silence unifies body, breath, and mind and can bring one into a state of harmony with the universe. All supplies provided. By donation.

Baikako Plum Blossom Choir Practice - Sunday, August 9 and 23 from 7:45 a.m. to 9:00 a.m.

Tai Chi

Every Thursday from 9:00 - 10:00 a.m. in the Hisashi Kimura Cultural Hall. Classes by donation. Call instructor Philip Kakuho Hema for information: 345-1492.

Yoga, Music, & Meditation

Led by Ananda Yoga instructor Ryan Jigaku Nakade, these gentle yoga sessions followed by group singing and a brief meditation are held every Friday afternoon from 4:30 - 6:00 p.m. in the Kannon Hall. Bring a yoga mat or towel. Classes by donation. Call Ryan Jigaku for information: 895-0784.

Family Sangha Services: Sharing the Dharma with Our Children - Sunday, August 9, 23, and 30 at 9:30 a.m.

Dharma Study Classes

A new series of classes on basic Buddhism will begin on September 15. This introduction to Buddhism will be held on Tuesday afternoons from 4:00 - 5:00 p.m. More information will follow in next month's newsletter.



Ginger-Carrot Cake

(This recipe is from Velvet Replogle, a temple member and Project Dana volunteer. Velvet regularly bakes scrumptious cakes for our monthly Project Dana birthday celebrations. Her ginger-carrot cake is truly a winner!)

- 4 eggs, lightly beaten
- 2 cups all purpose flour
- 1-3/4 cups sugar
- 2 tsp. baking powder
- 1/2 tsp. baking soda
- 1/4 tsp. salt
- 4 cups finely shredded carrot
- 2/3 cups cooking oil
- 1/4 cup orange juice
- 2 tsp. grated fresh ginger (or 3/4 tsp. ground)
- 1 cup walnuts, toasted and finely chopped (optional)



Velvet in between Miyeko & Kazuyo

Let eggs stand at room temp for 30 minutes. Preheat oven to 350 degrees. Grease 2-9" round cake pans (or 1 fluted bundt) and line with parchment; set aside. In a large bowl combine flour, sugar, baking soda, baking powder and salt. In another bowl combine eggs, carrots, oil, orange juice and ginger. Stir egg mixture into flour mixture; stir in nuts. Spread batter in pans. Bake 30-35 minutes or until pick inserted near center comes out clean. Cool pans on wire rack 10 minutes then remove from pans and cool thoroughly.

Double cream cheese frosting:

In a large bowl beat together on low speed one 8-oz. pkg cream cheese, softened; 2 Tbsp. whipping cream and 1/4 tsp. salt until fluffy. Gradually beat in 5 to 5 1/2 cups powdered sugar.

Or

Bundt glaze: 2 Tbsp orange juice, 1 tsp. orange zest and 1 1/2 cups icing sugar until stiff enough to drizzle over top of cake.

Shakyo: Becoming One With Buddha

By Rev. Jiko Nakade

The five virtues of shakyo are:

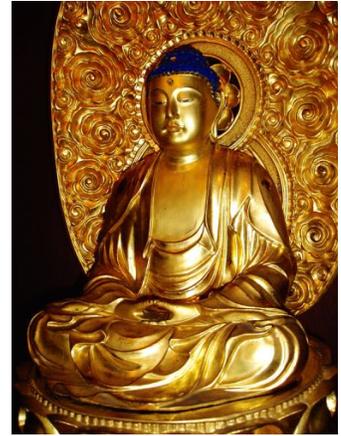
Venerating the letters with your eyes

Keeping the letters in your heart

Chanting the letters with your mouth

Writing the letters with your hands

Becoming one with Buddha



I came across the above words in the book *Sacred Calligraphy of the East* by John Stevens. In the chapter “One Word, One Buddha,” Stevens says that shakyo, the copying of the sutras, has many aspects. It can be a kind of skillful means (*upaya*) which connects people to the Buddha’s teachings; it can be an offering for the repose of the deceased; it can be a prayer for recovery from illness. He goes on to say that **“Finally, shakyo is a form of meditation. It is written Zen, for it requires the same determination and concentration as sitting Zen. One cannot write properly if one is upset, angry, or distracted in any way. Writing intensely in silence with a composed mind purifies the heart. Each word is a new Buddha.”**

I warmly invite you to experience shakyo. Monthly sessions are held on Saturday mornings inside the Kannon Hall at Daifukuji from 8:00 a.m. until 9:30 a.m. We begin with a few minutes of zazen, followed by the chanting of the Hannya Shingyo and the Four Great Vows. Then we sit at tables and silently trace the Hannya Shingyo (Heart Sutra) and pictures of Buddhas and bodhisattvas with brush and ink or pens. Each letter or stroke of the brush is mindfully written with a feeling of gratitude. We end with the recitation of the Fueko, the Universal Transference of Merit.

All supplies are provided. Donations may be placed in the small offering box on the supply table. If you have a wagesa or rakusu, please wear it during the session. **The next session will be on August 15 at 8:00 a.m.** For more information, please call Rev. Jiko at 322-3524 or Miki at 329-9119.

Coming up in September...

September 9...Project Dana

September 12...Shakyo

September 13...Ohigan Service, Fujinkai General Membership Meeting, Potluck Lunch

September 15...Dharma Study Classes Begin (New Series)

September 16...Kannon-ko Service

September 19...Fujinkai Field Trip



袖振り合うも他生の縁 (Sode furi au mo tasho no en)

by Rev. Jiko Nakade

The fluttering sleeves of the dancers as they circled the *yagura* at our temple's recent Bon Dance brought to mind the Japanese proverb *Sode furi au mo tasho no en*, which means "Even the brushing of sleeves denotes a karmic connection from a past life."

Imagine two complete strangers walking toward each other from opposite directions and passing on the street. For a split second their sleeves brush. On they walk, unaware of what had just happened. Similarly, during our Bon Dance, I found myself "brushing sleeves" with friends and strangers alike as we twirled to the beat of the music.

From a Buddhist perspective, even the slightest encounter, however brief or seemingly insignificant, is indicative of a karmic connection and, therefore, precious and not to be taken for granted. The good friend one danced with this year might not be around next year. The smiles exchanged between friends and strangers will most likely never be exchanged again. Circumstances change. People pass each other and move on. And yet, feelings of connection, joy, and goodwill can brighten one's spirit for days and weeks. The brushing of sleeves can be profound indeed.

It is with a grateful heart that I write about Daifukuji's Bon Dance. Thank you very much to **all** who helped make our Bon Dance possible. Thank you especially to our dance sensei Winifred Kimura for leading the Bon Dance classes week after week, and to Bon Dance co-chairs Wade Yasuda and Bobby Command for coordinating the event.

Although each temple's Bon Dance happens but once a year, the bonds created among people and the good energy generated strengthens our community in ways beyond our imagining. Something wonderfully magical happens when sleeves brush in passing.

May we take refuge in Buddha, Dharma, and Sangha.

Namu kie butsu. Namu kie ho. Namu kie so.

“Daifukuji Soto Mission’s First 100 Years”

Hanohano ‘O Kona Lecture at
West Hawaii Civic Center

Wednesday, August 26 5:30 p.m.

Sponsored by the Kona Historical Society



Upon the invitation of the Kona Historical Society, Rev. Jiko and Ryan Jigaku Nakade will talk about the history of our temple, as well as the significant role it has played in the Kona community over the past 100 years. Long-time temple member Alfreida Fujita will be sharing her memories of Daifukuji. Please join us at the West Hawaii Civic Center in Kailua-Kona on August 26 at 5:30 p.m.



A New Dharma School Year Begins

The Daifukuji Family Sangha will be starting a new Dharma school year on Sunday, August 9th and invites those who wish to give their children the precious gift of the Buddha’s Teachings. Family services begin at 9:30 a.m. on Sunday mornings several times a month. Led by Rev. Jiko and Deacon Amy Jikai, these child-friendly services offer meditation, chanting, stories, and singing. Dharma lessons are given by sensei Gentei Diedrichs (<http://richarddiedrichs.tumblr.com>) and kids yoga led by yoga instructor Ryan Jigaku. Please visit http://www.daifukuji.org/service/2015_Family_Service_b.pdf for the family service schedule and call 322-3524 for more information.

Note: Sometimes the services don’t start until 9:40 a.m. because everyone’s so busy hugging each other when they arrive at the temple. So, please come early and we’ll be able to start at 9:30. :-)

August 2015

July 2015							August 2015							September 2015						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
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5	6	7	8	9	10	11	2	3	4	5	6	7	8	6	7	8	9	10	11	12
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19	20	21	22	23	24	25	16	17	18	19	20	21	22	20	21	22	23	24	25	26
26	27	28	29	30	31	23	24	25	26	27	28	29	27	28	29	30				
							30	31												

- Adult Taiko
- Temple Board
- Kannon-ko Service
- Bon Dance Group
- Family Service
- Fujinkai
- Project Dana
- Teen Sangha
- Major Service
- Zazen
- Baikako Practice
- Orchid Club
- Home
- Sangha Sisters
- Dharma Study
- Samu
- Work
- Youth Taiko
- Happy Strummers
- Special Events
- Offsite Backup

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 5:00 PM Youth Taiko	27 5:00 PM Adult Taiko	28 6:00 AM Zazen 5:00 PM Youth Taiko	29 9:00 AM Tai Chi 5:00 PM Adult Taiko 7:00 PM Zazen	30 7:30 AM Samu 3:30 PM Ke Kama Pono 4:30 PM Yoga & Music	31 7:00 PM Hilo Taishoji Bon Dance	1
2 9:00 AM Taishoji Bon Service	3 5:00 PM Youth Taiko 7:30 PM Happy Strummers	4 5:00 PM Adult Taiko	5 6:00 AM Zazen 5:00 PM Youth Taiko 7:00 PM Fujinkai Board	6 9:00 AM Tai Chi 5:00 PM Adult Taiko 7:00 PM Temple Board	7 7:30 AM Samu 3:30 PM Ke Kama Pono 4:30 PM Yoga & Music	8 7:00 PM Koyasan Bon Dance
9 7:45 AM Baikako 9:30 AM Family Service	10 5:00 PM Youth Taiko	11 5:00 PM Adult Taiko	12 Project Dana 8:30 am 6:00 AM Zazen 5:00 PM Youth Taiko 7:00 PM Orchid Club	13 9:00 AM Tai Chi 5:00 PM Adult Taiko 7:00 PM Evening Zazen	14 7:30 AM Samu 3:30 PM Ke Kama Pono 4:30 PM Yoga & Music 7:00 PM Sangha Sis-	15 8:00 AM Shakyo
16 Old Airport Beach SANGHA PICNIC	17 5:00 PM Youth Taiko	18 9:00 AM Bare Bones writers 5:00 PM Adult Taiko	19 Kannonko 10:00 6:00 AM Zazen 5:00 PM Youth Taiko	20 9:00 AM Tai Chi 5:00 PM Adult Taiko 7:00 PM Dharma Fellowship	21 7:30 AM Samu 3:30 PM Ke Kama Pono 4:30 PM Yoga & Music	22
23 7:45 AM Baikako 9:30 AM Family Service	24 5:00 PM Youth Taiko	25 5:00 PM Adult Taiko	26 6:00 AM Zazen 5:00 PM Youth Taiko 5:30 PM Civic Center Talk	27 9:00 AM Tai Chi 5:00 PM Adult Taiko 7:00 PM Evening Zazen	28 7:30 AM Samu 3:30 PM Ke Kama Pono 4:30 PM Yoga & Music	29
30 9:30 AM Family Service	31 5:00 PM Youth Taiko	1 5:00 PM Adult Taiko	2 6:00 AM Zazen 5:00 PM Youth Taiko	3 9:00 AM Tai Chi 5:00 PM Adult Taiko	4 7:30 AM Samu 3:30 PM Ke Kama Pono 4:30 PM Yoga & Music	5