



**Daifukuji Soto Mission**

P.O. Box 55 Kealahou, HI 96750  
808-322-3524 [www.daifukuji.org](http://www.daifukuji.org)

*Treasuring the Past, Embracing the Present*

*August 2007*

**Buddhist Sunday Family Program  
To Begin August 12**

Sundays at 9:30 am, 3 Sundays a month

Give your children the blessing of growing up with the gentle Buddhist teachings of:

Loving-kindness and compassion, *metta*

Non-violence, *ahimsa*

Contentment and gratitude, *santosa*

Generosity, *dana*

Services are child friendly. Babies are very welcome. We welcome all members of the family.

Services include: 1 minute meditation, chanting, dharma songs, dharma talk, sharing time, Practice of Generosity (Dana).

We encourage each family member to bring an offering. It can be a small coin or any amount as a way to practice giving. Flowers for the altar and snacks can also be given.

Fun activities: arts & crafts, games, song & dance, skits, field trips & annual family camp. \$15 annual registration for family program.

*Feel free to call Reverend Jiko with any questions: 322-3524.*



Jiko Sensei and Jill Teiho

**Tokudo Ceremony for  
Jill Teiho Wagner**

**August 19**

**4 pm**

All are warmly invited to Jill Teiho's tokudo ceremony to be held at Daifukuji on August 19 at 4:00 pm. Teiho, whose teacher is the Rev. Joshin Althouse of the Zen Community of Oak Park, has been voluntarily serving our Sangha as Jiko Sensei's assistant since January of 2006. Always kind, respectful, and willing to serve, Teiho is greatly loved and respected by everyone at Daifukuji. She's recording secretary for the Daifukuji Board of Directors, youth program coordinator, Jiko Sensei's office assistant, and a member of the Fujinkai, Zazenkai, and samu crew.

A tokudo ceremony is an important ceremony in the training of a Buddhist minister. All are invited to attend this special ceremony for Teiho.

## Welcome, New Members

We warmly welcome the following new members who have recently joined our Daifukuji Sangha:

Elaine and Tamotsu Iwanaga

Bobby, Mary, Iokepa, Lopaka, & Malia  
Command

The Fujinkai welcomes Yuki Morichika.

## Communication Workshop to be Held August 24 – 26

“Inner Disarmament: the Art of Pro-active Integral Communication” taught by Rev. Robert Joshin Althouse will take place at Daifukuji Soto Mission from August 24 – 26. Learn the power of empathic listening and communication skills that improve & enhance relationships. Not only will you nurture more productive and intimate relationships using these skills, but you will also gain more confidence in working with conflicts & difficult people. People find this workshop surprisingly transformative. Rev. Althouse has been teaching and developing this training since 9/11 and has offered this to people all over America. Rev. Althouse brings a fresh approach to teaching mindfulness and language skills with wisdom, insight, humor, and joy.

The workshop begins Friday Aug. 24 at 7 pm. Friday night is also a public talk that is open to everyone. A donation of \$10 is suggested for the Friday night talk, from those not signed up for the full workshop. The full workshop runs from 7 pm to 9 pm on Aug. 24, from 9 am- 5 pm on Aug. 25, and from 9 am – 2 pm on the 26<sup>th</sup>. The workshop cost is \$175. (\$100 for members of the Daifukuji Soto Mission)

Pre-register by calling Jill Teiho Wagner at 325-2377.

## Domo Arigato

Thank you very much to Temple Clean-up Chair Renee Kimura and to all who came out to help on July 7. Mahalo also to Bon Dance Chairs Joyce St. Arnault and Julia Crawford and to all who helped with the cooking, set up, clean up, etc. on July 14 & 15. Also appreciated were the donations of flowers, food, and monetary offerings. Thank you, everyone!

## Zen Center of Hawaii Meditation Retreat “Sesshin”

This traditional Zen retreat called a “sesshin” involves intensive meditation and is held in silence amidst spectacular old-growth ohia and native plants. Joshin Sensei will give daily dharma talks and hold private daisan interviews with participants. The sesshin, which will be held at the Kalopa State Park in Honoka’a begins on Tuesday, Aug. 14 at 7:00 pm and ends on Sunday, August 19 at 12:00 noon.

Rev. Robert Joshin Althouse founded the Zen Center of Hawaii and is currently the director and spiritual leader of the Zen Community of Oak Park. He is an ordained Zen priest of the White Plum Lineage and lives with his wife, the Reverend June Ryushin Kaililani Tanoue, in Chicago, Illinois.

Cost: \$375 (\$250 Zen Center of Hawaii members)

To register, please call Jill Teiho Wagner at 325-2377 or email: [jillw@turquoise.net](mailto:jillw@turquoise.net).

## Bon Dance DVDs

Cameraman Randy Magnus is offering Daifukuji members and friends a chance to purchase 30-minute DVDs of the Daifukuji Bon Dance held on July 14. DVDs are \$20 each and can be purchased at the temple office. Checks should be made payable to Randy Magnus. Thank you, Randy!

## First Anniversary of

### Daifukuji Yoga

by Mary J. Park

For the past year, we have been gathering on Sunday afternoons at 4:00 pm at Daifukuji for an hour-long yoga class taught by Keith Olson. A diverse group of participants of differing generations and previous yoga experience come together to increase our flexibility and reconnect to our body, mind and spirit.

Many of the participants have found that practicing yoga helps them engage in their lives more fully. "Yoga enables me to have flexible hips and knees so that I can practice hula and taiko," said Nancy Osako. "I appreciate Keith's gentle approach, allowing me to be as flexible as I can be without forcing postures." For others, yoga helps them get through their daily routines a little more easily. With skillful use of yoga blocks, straps, and chairs, Keith helps students get into and hold their postures with comfort.

Students have found an unexpected side effect of practicing yoga. They find themselves aware of their breathing. According to Keith, "We practice breathing through our postures in class so that when we are faced with a challenging situation like a car swerving into our lane, we don't hold our breath. We learn to inhale and exhale through life's adversities."

Despite a busy work schedule as the Manager of the Water Quality Laboratory at NELHA, Keith continues to teach three yoga classes a week. "I have found that yoga is not only relaxing for the body, but also brings peace of mind. Yoga can be practiced throughout your entire lifespan, not just when you are young and in good shape. In fact, flexibility and balance become even more critical to our quality of life as we age," Keith said. He hopes to continue to teach tools that help students expand their capabilities, increase acceptance of their unique bodies and life situations, and to relax.

Since Daifukuji Yoga began in July 2006, we have donated \$1,035 to the temple.

New students are welcome and the first class is free. Sundays 4-5 pm in the Hisashi Kimura Cultural Hall.

Daifukuji Members: \$15 per month, \$5 per class  
Non-members: \$25 per month, \$8 per class

**100% of fees collected are donated to the temple, so come and give yoga a try!**

***The Sangha sincerely thanks Keith and Mary for giving from their hearts the healing gift of yoga.***

**NAMASTE**

## Fujinkai Fun Day Postponed

The Fujinkai Fun Day previously scheduled for July 29<sup>th</sup> has been postponed. News regarding its rescheduled date will be sent out to Fujinkai members through the group's phone tree.

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## Daifukuji Aikido Club Announces New Schedule

The Daifukuji Aikido Club now meets on Tuesdays from 4-5:30 pm and on Thursdays from 6-7:30 pm in the Hisashi Kimura Cultural Hall at Daifukuji.

Aikido Sensei Hans-Peter Mothes welcomes new students ages 12 and up. Beginners, as well as advanced aikidoists are welcome. Monthly fees are \$40 for students ages 12-18, \$50 for students ages 19 and up, and \$70 for families. The first two classes are free.

Aikido teaches self-defense, awareness, and self-confidence. It is the Art of Peace.

For information, call Mothes Sensei at 324-1214.

## *Sangha Photo Album: Clean-Up Day & Obon*



Amy, Kepa, & Alyssa hang up the chochin.



Danielle & Chirio pull weeds together.



Kellie & Renee polish and vacuum.



George & Taichi labor under the hot sun.



Philip Mothes removes the light covers.



The Taiko group came out in full force.



Vivian & Nancy & their ti-leaf lei blessing.



The kitchen helpers work their magic.

## In Memoriam

To the family of the late Shigeto Larry Tanaka who passed away at the age of 81 on July 18, 2007, we extend our deepest sympathy and love.  
*Namu Kie Butsu, Namu Kie Ho, Namu Kie So.*

## Mahalo from Our Temple President

Dear Members and Friends,

I know that many of you were at our Bon Service and Bon Dance....it was a big turn out. We were joined by Rev. and Mrs. Akita and their sangha members from the Hilo Taishoji Soto Mission, as well as by the hatsuon families and members of both our taiko group and the Kona Hongwanji taiko group. We all had a wonderful time.

The Fujinkai cooks worked long and hard in the kitchen and prepared for us a delicious dinner. The taiko players did several performances throughout the night and we danced and danced. We learned three new dances from dance instructor Ruriko Hayashi from Oahu, and were led by both Ruriko and our own Winifred Kimura on Saturday night.

In order to make the whole day and evening the success that it was, once again our members came together to put up our new yagura, lights, lanterns, and a 50-ft ti-leaf lei made by Vivian and Nancy. It was a 24-hour happening which started at 8 am on Saturday (earlier for the Fujinkai cooks) and ended around noon on Sunday, when everything was taken down and put away. There are not enough THANK YOUS to cover all the work that was done.

You all know how valuable you are to make it possible for us to put on an event like this, not only for our members but for the enjoyment of the public, as well. For fear that I may forget someone, I will not mention everyone's names, but my heart

is touched by your willingness to come back again and again until all the work has been accomplished. Our young people, particularly the members of the Kona Daifukuji Taiko group, are coming out and supplying a lot of the muscles that are needed at times like this. So now we can look forward to the next event that brings us closer together by working side by side...and having fun doing it.

Many, many thanks to all!

Gassho,  
Jan Bovard

## Sojiji Soin Temple Damaged

An earthquake in March caused major damages to the hondo (main hall) and zazen-do (meditation hall) of the Sojiji Soin, the original Sojiji temple located near Wajima on the Noto Peninsula. The temple, which is over 700 years old, is of major importance both historically and religiously to the Soto sect. Bishop Jiho Machida explained that an abbot from Sojiji came to America in 1921, met with President Harding, and spoke in behalf of all immigrants who were Buddhists. He also visited many Buddhist temples of all sects in Hawaii, which had a major impact on Buddhism in these islands.

Bishop Machida, Hawaii Soto Mission Association President Kenichi Watanabe, and Soto Mission of Hawaii President Tom Itagaki and Mrs. Itagaki visited the Soin Temple in June to view the damages and to present a donation of \$15,000 (\$5,000 from the Hawaii Soto Mission Association and \$10,000 from the Soto Mission of Hawaii) to the Soin Reconstruction Fund.

The 2007 Daifukuji Tour to Japan will include a stop at this historic temple.

Incidentally, another earthquake recently struck Niigata, Japan. We gratefully report that Rev. Ryuji Tamiya and family and their temple Kogenji are all fine.

## Summer Greetings from Jiko Sensei

*“Dharma gates are boundless;  
I vow to enter them.”  
(Shigu Seigan Mon)*

I am writing this on a misty summer morning. Outside, taiko group members who are here to perform are watching the fog blow in. Inside the hall, Kona Daifukuji Orchid Club members dressed in blue orchid shirts are sharing their exquisite blooms with the many visitors who have come to the annual orchid show. Started by the late Tom Kadooka, the orchid club is celebrating its 25<sup>th</sup> year of flowers and friendship. Tom is here in spirit. And so is Evelyn Kadooka, who has recently moved to Honolulu to be with her children and grandchildren. They are both greatly missed, yet their knowledge and love of orchids are being passed on to the next generation of orchidists.

Today's theme is “orchids.” Last week it was “Obon.” The week before it was “Temple Clean Up.” Summer is a busy, happy time at the temple, a season of great energy and activity. Our members have been coming out and working hard for the benefit of the whole community. The merit is extended in all directions in ever widening circles. One feels it.

August will be quieter. At the beginning of the month a group of doctors from Hiroshima will be using our social hall for eight days to give health examinations to the descendents of those who came to Hawaii from Hiroshima, the city upon which the atom bomb was dropped.

On August 12<sup>th</sup> Sunday morning family services will begin afresh. Teiho and Rabjee Sensei will be helping with the kids and teen Dharma programs, and Auntie Taura is preparing to teach new Dharma songs. Our family services are held with the children in mind, but are not just for children. The services are open to members and friends of all ages. Won't you join us on Sunday mornings at 9:30 for fellowship and Dharma enrichment?

Then, on August 20<sup>th</sup> at 4 pm, the Sangha will gather for Jill Teiho's tokudo ceremony which will be officiated by Teiho's teacher, the Reverend Robert Joshin Althouse. Michiko Enomoto is sewing new robes for Teiho for her ceremony. And I will be passing on to Teiho a black okesa (the cloth that is worn over the Buddha robe) and zagu (bowing cloth) which Tamiya Sensei used during his training and handed down to me to use during my training. From hand to hand and heart to heart our Dharma line continues strongly. Please come out to congratulate & encourage Teiho who's been of such wonderful service to our Sangha. “Teiho” means “faithful to the Dharma” and is a Buddhist name that describes her perfectly.

In the fall, the Daifukuji Caring Circle's program for seniors that we've been talking about for a long time will become a reality. Daifukuji member Vivian Ontai (who is also a Board & Fujinkai member, taiko student, and lomi lomi practitioner) has agreed to serve as project coordinator and is excited about getting started. We will soon be asking for volunteers and funds to start a program for seniors called Project Dana. Taking care of our kupuna and doing what we can to meet their spiritual and social needs is important to us.

Also in the fall, a brochure describing the Soto Zen Buddhist Lay Confirmation Ceremony will be mailed out to all member families. My dream of giving members the opportunity to receive the precepts and a Buddhist name is slowly coming into being. I have been putting together the materials needed, and the beautiful purple *wagesa* (the sacred collar worn as a symbol of one's commitment to the Buddha's teachings) embroidered with the Soto crests which I ordered from Japan have arrived.

Together, dear friends, we will deepen our Buddhist practice and walk hand in hand along this most precious and wondrous path.

*Namu Kie Butsu.*

*Namu Kie Ho.*

*Namu Kie So.*

## August 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Aug. 3-10 Use of Social Hall by doctors from Hiroshima, Japan.			1 Zazen 6 am  Fujinkai Board Meeting 7 pm	2  Daifukuji Board Meeting 7 pm	3  Samu Temple Cleaning 8 am	4
5  (No Family Service)	6  Happy Strummers 7:30 pm	7	8 Zazen 6 am	9  No Evening Zazen	10 Samu 8 am  Sangha Sisters 7 pm	11  Kona Koyasan Daishiji Mission Bon Dance, Holualoa
12 Goeika Practice 8 am  <b>Family Services Begin 9:30 am.</b>	13	14	15 Zazen 6 am  <b>Kannon-ko Service 10 am</b>	16  Evening Zazen 7 pm	17  Samu 8 am	18
19 Family Service 9:30  <b>TOKUDO CEREMONY FOR JILL TEIHO 4:00 pm</b>	20  Happy Strummers 7:30 pm	21	22 Zazen 6 am	23  Evening Zazen 7 pm	24 Samu 8 am  Public Talk by Rev. Joshin 7-9 pm Cultural Hall	25 "Inner Disarmament" Communication Workshop 9-5 pm
26 Goeika Practice 8 am  Family Service 9:30  Communication Workshop 9 am – 2 pm	27	28	29  Zazen 6 am	30  Evening Zazen 7 pm	31 Samu 8 am	Coming Up in Sept.:  Sept. 9 Ohigan & Ryosoki Service, Fujinkai Gen. Membership Meeting  29 HAIB Meeting

### Regular Activities:

\* Youth Taiko- Mon 3:45 p.m. & Wed. 5p.m.  
\*\*\* Yoga –Sun. 4 p.m.

\*\* Adult Taiko-Tues. 6:00 p.m.  
\*\*\*\*Aikido Tues. 4 p.m., Thur. 6 p.m.