



79-7241 Mamalahoa Hwy., Kealahou, HI 96750

May, 2018

(808) 322-3524 www.daifukuji.org

See "archives" on our website for previous newsletters.

Memorial Day Service & Blessing of the Graduates

Sunday, May 27

9:30 a.m.

Prayers for world peace and a remembrance of our fallen soldiers and victims of war will be the focus of Daifukuji's Memorial Day service. The featured speaker will be temple member & retired neuropsychologist **Dr. Harold Hall**. At the end of the service there will be a blessing of the high school graduates who are the children and grandchildren of temple members. Graduates belonging to our taiko group will also be honored.

The blessing will be held for the following graduates of the Class of 2018:

Austin Ewing, son of Peter and Kathy (Hanato) Ewing

Hope Kudo, daughter of Ruth Kudo and Ray Kudo

Ryan Ogi, son of Gordon and Shari Ann Ogi

Dana Sugai, daughter of Lee and Mimi Sugai



If you know of any other graduate whose parents or grandparents belong to our sangha, please inform Rev. Jiko as soon as possible so that an invitation can be sent. Call (808) 322-3524 or send an email to info@daifukuji.org.

All are cordially invited to this service and to stay for the baccalaureate luncheon following the service.

TOBA FORM on page 11. Please turn in your form by June 1.

May Dharma Programs



Dharma Study Classes - Tuesdays, May 1, 8, 15, 22, & 29 4:00 - 5:00 p.m. Temple library

We meet to share our thoughts on the book *Mindfulness* by Domyo Sater Burk, a Soto Zen teacher at Bright Way Zen in Portland, Oregon. These sessions are open to all. Books are available for a special price of \$11. Call Rev. Jiko at (808) 322-3524 for further information.

Buddhist Movie Night Thursday, May 17 7:00 p.m. Kannon Hall

“*Walk With Me: A Journey into Mindfulness Featuring Thich Nhat Hanh*” 93 min. Bring a mug for tea.

Family Sangha Services: Sharing the Dharma with Children - Sundays, May 6 & 20 at 9:30 a.m.

Child-friendly 45-minute services which include yoga, zazen, chanting, singing, & Dharma lessons. For children of all ages and their parents & grandparents. Note: No service will be held on Mother’s Day.

Zazen (Meditation)

* Every Wednesday morning from 6 a.m. - 7:20 a.m.

* Thursdays, **May 10 & 24** from 6:00 p.m. - 7:20 p.m.

Both morning and evening sessions include 20 minutes of chanting. Donations may be placed in the box on the offering table. All are welcome. Please arrive at least 5-10 minutes before starting time. Call (808) 322-3524 for further information. <http://www.daifukuji.org/zazen.html>

Shakyo & Shabutsu Art Meditation - Saturday, May 5 from 8:00 a.m. - 9:30 a.m.

Mindfully tracing the Heart Sutra & pictures of buddhas and bodhisattvas in silence unifies body, breath, and mind. All supplies provided. By donation.

Baikako Plum Blossom Choir Practice - Sunday, May 20 from 7:45 a.m. to 9:00 a.m.

The Gay Sangha - Friday, May 4 6:00 - 7:30 p.m.

A Buddhist group open to all, with a particular invitation to gay women and men and their families and friends. Meditation, kinhin, and discussion. Call (808) 328-0329 for information.

T'ai Chi

Every Thursday from 9:00 - 10:00 a.m. in the Hisashi Kimura Cultural Hall. Call instructor Philip Kakuho Hema for information: (808) 345-1492.



Hatsubon (First O-Bon)

Throughout the summer season of Obon, Buddhists remember their departed loved ones and family ancestors with gratitude and offer prayers and toba in their memory. As a Sangha, we gather to offer our love and support to those who are observing their departed family member's first Obon or hatsubon.

To date, the following are the names of the departed for whom this will be a first Obon:

Alfreida Fujita, Grace Miyamoto, Kaneyasu Enomoto, Susumu Oshima, Miyeko Miyose, Chizuko Kudo, Schayle Kigen Hanato-Wells, Howard Araki, Gilbert Ashikawa, Vivian Ontai, Tomeyo Torioka

All are invited to attend Daifukuji's Obon service on June 24th at 9:30 a.m. The Dharma message will be given by Rev. Shinsho Hata of the Hilo Taishoji Soto Mission. Please join us. All are invited to stay for the fellowship luncheon following the service.

The Significance of the O-Tōba 大塔婆

At the time of O-Bon, Buddhists offer long wooden memorial tablets called ō-tōba for the benefit of the deceased. The Japanese word "tōba" comes from the Sanskrit word "stupa." In India, the relics of Shakyamuni Buddha were kept in burial mounds called stupas. Over time, the stupa developed into a variety of forms as Buddhism travelled across Asia. Among these forms was the five-storied pagoda.

The top section of the ō-tōba ("O" meaning "large") is cut into a pagoda of five levels with each level depicted by a particular shape. Starting at the bottom, there is a square representing earth, then a circle representing water, followed by a triangle representing fire, a semicircle representing wind, and a jewel of fulfillment at the top representing space. Everything in the universe, including our human bodies, are made up of these five elements, which are constantly changing.

At the O-bon service, the tōba memorial dedications are chanted by the minister and the merit dedicated to the deceased. Departed loved ones and family ancestors are remembered with gratitude. It is our prayer that all be liberated from suffering and brought to great peace. See tōba request form on page 11.

Daifukuji Bon Dance

Saturday, July 14

Opening Service at 6:30 p.m.

Dancing until 10 p.m.

Public Welcome

Free Bon Dance Classes

Daifukuji Social Hall 7:00 - 8:30 p.m.

May 21 July 5

June 18 July 10

July 3 July 12

Questions? Call Sensei Winifred Kimura at 322-3296.

In Memoriam

Mrs. Takako Sato, wife of the late Reverend Hakudo Sato, passed away on April 15 in Toyama, Japan. A most gracious and kind "okusan," Mrs. Sato worked alongside her husband, serving our sangha from 1965 to 1976.

We extend our sincere condolences to the Sato family.

Namu Daihi Kanzeon Bosatsu



Temple & Grounds Clean Up to be Held on June 23

Temple members and groups, please mark your calendars and lend a hand if you can. Temple and grounds clean up will be held on **Saturday, June 23** starting at 8:00 a.m. Lunch will be provided. Questions? Call clean-up day chair Shaun Roth at (808) 936-9815.



Sunday, September 9 is the date of this year's Building Fund Bazaar. Usually, the bazaar is held in May, but this year, due to our temple's recent hosting of the UHSSWA conference, the bazaar date has been moved to the 9th of September.

Please keep your bazaar donations for a few more months. We'll begin accepting bazaar items on August 26.

Metal Roofing Material Needed



Replacing a roof? Have old roofing material? The temple is in need of metal roofing material which will be used to keep the pigs out. The feral pigs have become so bold that they are now rooting in our front yard, causing damage to the lawn, flower beds, and shrubbery.

If you have metal roofing material which you can donate, please call the temple office (808) 322-3524. Pick up is possible.

Congratulations



Congratulations to Michael and Jessie upon the blessing of their baby Lehiwa Ide. Congratulations also to grandparents Ruth and Dennis Ide and great-grandmother Naoko Ide.

Kona Daifukuji Orchid Club's

36th Annual Show & Sale

Sunday, August 12

Daifukuji Social Hall & Grounds

8:00 a.m. - 2:00 p.m.

<https://www.facebook.com/orchidsinparadise>

Daifukuji Receives Blue Zones Project Approved Status

by Jien McLaughlin, Daifukuji Wellness Committee

On April 8th, at the Buddha Day Service, Daifukuji received the Blue Zones Project approved status. Daifukuji is the first faith-based organization in West Hawai'i to receive this recognition in the state of Hawaii. Now we will serve as a model for other faith-based organizations that wish to gain their Blue Zones Project approved status.



In order to receive Blue Zones Project recognition, we had to complete at least 32 of a possible 49 pledge actions. Some examples of these pledge actions include providing plant-based dishes at some of our potlucks, providing optional smaller plates at sangha meals & healthy options at fundraisers, hosting educational events that encourage healthy living, establishing a Wellness Committee and submitting minutes, and adopting a tobacco-free grounds policy.



Many of these pledge actions were already being done at Daifukuji, but there were additional actions that we incorporated. We started the Soleful Strutters Walking Club which meets every Monday morning at 8:30 a.m.

We are also looking into

the possibility of receiving a small bench to place in the orchid garden behind the outside restrooms for quiet meditation, and in the fall of this year, we will be starting a book club to start reading *The Blue Zones* by Dan Buettner.

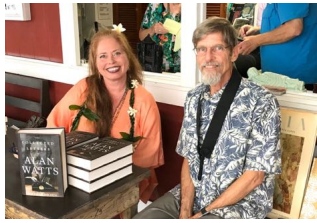


The Blue Zones Project focuses on nine principles for good health and longevity. The nine are: 1. Healthy eating by adopting a plant-slanted diet. 2. Down shifting and taking time out to renew ourselves. 3. Waking up with a purpose each day. 4. Spending time with family. 5. Eating mindfully & stopping when 80% full (*hara hachibu*). 6. Finding enjoyable and easy ways to exercise & move naturally. 7. Surrounding ourselves with people who support positive behaviors. 8. Belonging to a faith-based community & attending services, and 9. Having an optional glass of wine with good friends in the evening.



The Blue Zones Project is about eating a healthy diet, enjoying good friends and family, finding one's passion, exercising a little more, and, most importantly, enjoying life.





Myra Krien,
granddaughter of Alan
Watts, & Clear Englebert

Library News

By Clear Houn Englebert

We have five new books and they're all by Thich Nhat Hanh, our most popular author in the library.

This Moment is Full of Wonders is lovely. It's his English-language calligraphy. They are very similar to Paul Rep's artwork—wonderful reminders.

Inside the Now is also lovely and illustrated with some of his calligraphy. The book is in two parts: an autobiographical prologue and then writings on time, love, and happiness.

Awakening of the Heart is a compilation of eight essential scriptures with extensive commentaries. The choice of scriptures reveals the closeness of Vietnamese Zen with Theravada Buddhism. I've always wondered about Vietnam being a predominately Mahayana country while most of its neighbors are Theravada.

The Mindfulness Survival Kit is a physically small book, but contains five mindfulness practices plus a large bonus section comparing different ethical traditions. It ends with a ten-page summary of Buddhist ethics. I recommend that to everyone reading this—it starts on page 194.

No Mud, No Lotus is subtitled *The Art of Transforming Suffering*. It's fabulous: it feels good, has a nice cover, and the design is extremely thoughtful. There are six chapters in the Table of Contents and facing that page is a list of eight Practices for Happiness. These practices also have page numbers so they can be easily referenced. This is the first time I've seen something like this in the front of a book. It certainly enhances the usability of the book.

We also have a new DVD: *AJA Files: Stories from Tohoku* narrated by Kristi Yamaguchi. There's also a new set of audio CDs titled *Practicing Mindfulness*, Vol. 2 by Mark Muesse. It's from the Great Courses series which is always good quality.

Asking for Help in Publicizing Temple Events

By Clear Houn Englebert

When Daifukuji has events, they are often quite well attended and appreciated by the congregation and the community at large. Publicity has a good bit to do with this. I'm sometimes asked to post flyers at businesses, and the businesses are glad to do this for us. I'd appreciate some help in posting these flyers. There are thirteen businesses on the makai side of Kainaliu that welcome our flyers, and that's just the makai side. I only know of three places in Kailua to post flyers. Maybe you know of other bulletin boards in Kailua, or maybe you'd be willing to help post flyers in the mauka towns. If so, please contact me: Clear Houn Englebert, 328-0329 or clearengle@aol.com. It's actually a pleasant task because of the interaction with the stores. (Most places prefer to be asked before posting a flyer.) It's also a way to help spread the Dharma, and I can't think of anything that's much better than doing that.



Daifukuji Temple Tour

Sunday, May 20 2:00 p.m.

There will be a free tour of Daifukuji Buddhist Temple on Sunday, May 20. It will begin at 2:00 p.m. and last approximately one hour. The tour will be guided by Rev. Jiko Nakade and Clear Englebert. The history and meaning of the objects in and around the temple will be explained, as well as the architectural features of the building.

Daifukuji was founded in 1914 with the arrival of our first minister, the Reverend Kaiseki Kodama. The main hall was completed in 1921 and expanded in 1936. It is a traditional Japanese-style building with Western elements such as the fan-shaped arches over some of the windows. It has been lovingly maintained by temple members.

This is an opportunity to ask questions and learn about the unique things the temple contains. The symbolism of the objects and their design is often a reminder of a spiritual lesson. Those lessons will be explained in the tour so that being at the temple can be more meaningful. After the tour the gift shop will be open.

Buddhist Movie Night Features *Walk With Me*

Thursday, May 17 7:00 p.m. Daifukuji Kannon Hall

No Charge Bring a mug for tea

Some of you have been waiting to see this movie, which was cancelled a few months ago due to stormy weather. Thank you for your patience.

“Walk With Me: A Journey into Mindfulness Featuring Thich Nhat Hanh” is a documentary about the greatly loved and respected Vietnamese Zen teacher Thich Nhat Hanh, affectionately addressed as *Thay*. It is also about his sangha in Plum Village, France. The Venerable Thich Nhat Hanh is one of the greatest Buddhist teachers of modern times.



Rev. Jiko with Dharma Wheel made by Tina Cintron

Setting the Wheel in Motion

by Rev. Jikō Nakade

The first teaching given by the Buddha Shakyamuni after his enlightenment is referred to as “Setting the Wheel of the Dharma in Motion.” In his first sermon, the Buddha expounded the teaching of the Four Noble Truths. This was a simple, yet momentous occasion, the first going forth of the Dharma into the world.

For Buddhists, this image of an eight-spoked Dharma wheel set in motion is an image of faith, aspiration, and joy. Depicting the Eightfold Path, the way of life taught by the Buddha, it ignites the flame of spiritual confidence in one’s heart and mind and steers one through the perils and pitfalls of human life. “Here is a path,” it tells us. “A path to liberation. A path to awakening. Walk this path and you shall see.”

The spokes of the Dharma Wheel represent the Buddha’s teachings: Right View, Right Intention, Right Speech, Right Action, Right Livelihood, Right Effort, Right Mindfulness, and Right Concentration.

Like the precepts, the Eightfold Path is a source of steady guidance in our lives. Over 2,500 years ago the Buddha set the Wheel of the Dharma in motion. It is turning today. We can rely upon it.



Mahalo from Rev. Jikō

Thank you very much, dear Sangha, for making so much possible at Daifukuji. In April alone, we observed Buddha Day, became a Blue Zones Project approved faith-based organization, and hosted the 53rd Annual United Hawaii Soto Shu Women’s Association Conference. Thank you for your aloha, generosity, kokua, and goodwill.

Now we are heading into the season of graduations and O-bon. Please join us in May to bless and honor the high school graduates of our sangha and to prepare for the festive Bon season. As a community, may we continue to live and work for the benefit of all beings.

Namu kie butsu, namu kie hō, namu kie sō.

May we take refuge in Buddha, Dharma, and Sangha.

Coming up in June...

Precepts Ceremony.....June 3	Keauhou O-bon Festival.....June 16
Project Dana..... June 13	Temple & Grounds Clean Up....June 23
Jizo-ko & Kannon-ko Service....June 20	Daifukuji O-bon Service.....June 24



Here's our sangha on Buddha Day, celebrating our temple's recognition as the first approved Blue Zones Project faith-based organization in West Hawai'i.



Mahalo to the Zazenkai for a great Hanamatsuri lunch.



Hanamatsuri Spring Egg Hunt



HPA students on a field trip to Daifukuji



Fujinkai members preparing for the conference

May 2018

April 2018							May 2018							June 2018						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	8	9	10	11	12	13	14	8	9	10	11	12	13	14
15	16	17	18	19	20	21	15	16	17	18	19	20	21	15	16	17	18	19	20	21
22	23	24	25	26	27	28	22	23	24	25	26	27	28	22	23	24	25	26	27	28
29	30						29	30	31					29	30					

- Major Service
- Home
- Work
- Work
- Work
- Zazen
- Sangha Sisters
- Youth Taiko
- Adult Taiko
- Family Service
- Happy Strummers
- Temple Board
- Fujinkai
- Kannon-ko Service
- Project Dana
- Orchid Club
- Samu
- Special Events
- Baikako Practice
- Dharma Study
- Found in Apps
- Offsite Backup
- Bon Dance Group
- Teen Sangha

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 9:30 AM Family Service	30 8:30 AM Walking Moai 5:00 PM Youth Taiko	1 4:00 PM Dharma Study 5:30 PM Zen Taiko	2 6:00 AM Zazen 9:00 AM Takako's Song Class 5:00 PM Youth Taiko 7:00 PM Fujinkai Board	3 9:00 AM T'ai chi 3:00 PM Precepts Study 5:30 PM Zen Taiko 7:00 PM Temple Board	4 7:30 AM Samu 6:00 PM Gay Sangha	5 8:00 AM Shakyo
6 9:30 AM Family Service	7 8:30 AM Walking Moai 5:00 PM Youth Taiko 7:30 PM Happy Strummers	8 9:00 AM Bare Bones Writers 4:00 PM Dharma Study 5:30 PM Zen Taiko	9 Project Dana 8:30 am 6:00 AM Zazen 5:00 PM Youth Taiko 6:30 PM Orchid Club	10 9:00 AM T'ai chi 3:00 PM Precepts Study 5:30 PM Zen Taiko 6:00 PM Zazen	11 7:30 AM Samu 7:00 PM Sangha Sisters	12
13 Happy Mother's Day! No Family Service	14 8:30 AM Walking Moai 5:00 PM Youth Taiko	15 4:00 PM Dharma Study 5:30 PM Zen Taiko	16 Kannon-ko 10 am 6:00 AM Zazen 5:00 PM Youth Taiko	17 Buddhist Movie 7 pm 9:00 AM T'ai chi 9:30 AM Library Staff 3:00 PM Precepts Study 5:30 PM Zen Taiko	18 7:30 AM Samu	19
20 Temple Tour 2 pm 7:45 AM Baika Practice 9:30 AM Family Service	21 8:30 AM Walking Moai 5:00 PM Youth Taiko 7:00 PM Bon Dance Class	22 4:00 PM Dharma Study 5:30 PM Zen Taiko	23 Regency Service 9 am 6:00 AM Zazen 5:00 PM Youth Taiko	24 9:00 AM T'ai chi 3:00 PM Precepts Study 5:30 PM Zen Taiko 6:00 PM Zazen	25 7:30 AM Samu	26
27 MemorialDayService9:30 Blessing of Graduates	28 8:30 AM Walking Moai 5:00 PM Youth Taiko	29 4:00 PM Dharma Study 5:30 PM Zen Taiko	30 6:00 AM Zazen 5:00 PM Youth Taiko	31 9:00 AM T'ai chi 3:00 PM Precepts Study 5:30 PM Zen Taiko	1 7:30 AM Samu 6:00 PM Gay Sangha	2

Daifukuji Soto Mission O-Toba and Ko-Toba Request Form
Please turn in by June 1, 2018

At Obon, Buddhists express their gratitude to their ancestors by making prayer offerings in the form of TOBA. The names of the deceased will be read by the minister during the Obon Service to which you are invited on **June 24, 2018**. Please send or bring your request form to Daifukuji no later than **June 1** and make checks payable to **Daifukuji Soto Mission**. If you have any questions, please call Rev. Jiko at (808) 322-3524.

YOUR NAME _____
PHONE NUMBER _____ **E-MAIL ADDRESS** _____

O-TOBA (written on wooden boards)..... Donation \$10.00 per request

O-TOBA are offered in remembrance of:

1. Your family ancestors as a group (example: The Nakade Family Ancestors)
2. A deceased family member or friend for whom this is a first Obon (hatsubon)

PLEASE PRINT NAMES CLEARLY.

I dedicate the merit of these prayers to.....

1. _____
 2. _____
 3. _____
 4. _____
-

KO-TOBA (written on paper)..... Donation \$2.00 per request

KO-TOBA are similar to O-toba, but are written on paper instead of wood and are a second option. Please print names clearly. *I dedicate the merit of these prayers to.....*

- | | |
|----------|----------|
| 1. _____ | 2. _____ |
| 3. _____ | 4. _____ |
| 5. _____ | 6. _____ |

Your Name _____
Total enclosed _____