



79-7241 Mamalahoa Hwy., Kealahou, HI 96750

October, 2016

(808) 322-3524 www.daifukuji.org

(See "archives" on our website for previous newsletters.)



Daruma-ki & Eitaikyo Services

Sunday, October 2 9:30 a.m.

All are invited to join our Sangha in observing Daruma-ki in remembrance of Bodhidharma, the 28th patriarch in our lineage. Also known as Bodai Daruma Daishi, this 6th-century Indian Buddhist monk transmitted Zen from India to China. We honor him on the day of his memorial. The Dharma message will be delivered by Rev. Jiko.

In addition, an Eitaikyo service will be held in memory of those whose names are recorded in the Daifukuji Eitaikyo record book. The word eitaikyo means "chanting the sutras in perpetuity." This annual service ensures that prayers are offered for the departed, even when family members of the deceased cannot be present for the service. If you are interested in having an individual or family's name entered into Daifukuji's Eitaikyo record book, please contact Rev. Jiko (322-3524) to submit the name(s), along with a one-time donation of \$250 per request.

All are invited to stay for lunch which will be prepared by Donald Sasaki & friends.

Donations of flowers are always appreciated. Flowers may be delivered to the temple by the morning of Friday, September 30. Donations of canned foods for the Hawaii Island Food Basket may be brought to the temple the morning of the service.



Daifukuji Fujinkai Women's Association News

Field Trip

All Fujinkai members and guests who have signed up for the field trip on Saturday, October 8, please meet at the temple's social hall at 8:30 a.m. that morning. Field trip coordinator Lorraine Tanimoto will be taking a headcount before the group's 8:45 a.m. departure. Carpooling is recommended. The deadline for signing up for the field trip is September 17. Lunches will be pre-ordered, so lunch selections must be made in advance.

Please pay your guest's museum admission fee of \$3.00 directly to Fujinkai treasurer Elaine Fernandez prior to the tour. While this field trip is free for Fujinkai members, guests are requested to pay for their own lunches at the Manago Hotel. Questions? Please call Rev. Jiko at 322-3524.

Kona Coffee Cultural Festival Bento Sale

The Daifukuji Fujinkai will be selling sushi bentos at this year's Kona Coffee Cultural Festival at the Makaeo Pavilion at the Old Airport park on Saturday, November 12. Help is needed. Monetary donations to the Fujinkai are appreciated. Please make checks payable to Daifukuji Fujinkai. Donations may be dropped off at the temple or mailed to: Daifukuji Fujinkai, P.O. Box 55, Kealakekua, HI 96750.

2017 UHSSWA Conference

Ladies, please mark your calendars. The 52nd United Hawaii Soto Shu Women's Association Conference conference, hosted by the Waipahu Taiyoji Fujinkai, will be held the weekend of April 22 - 23, 2017. We hope that many of you will be able to attend the conference. Details to follow.



Mahalo Nui

Mahalo nui loa to all of the temple groups that participated in this year's Sangha Family Fun Day and to everyone who came. Thank you also to Janet Ota and Vicki Chan of California for mailing us game prizes, to Chris McCullough for the lovely plants, to Raymond Baltero and family for use of the shave ice machine, to Gilbert Kaneko for handling the P.A. system, and to all who contributed refreshments, prizes, and treats. Arigato to Joyce & Stephen for co-chairing the event.

Thank you to Kusato Okayama for donating his time and labor over a two-day period to repair the temple's convection oven.



Gail & Sid at the Bare Bones Writers table

Our First Sangha Family Fun Day

by Gail Ching-Lee



The Sangha Family Fun Day held on August 21 was certainly a lot of fun. Those who came sang, danced, played games, and ate burgers, hot dogs, dragon fruit, sushi, and shave ice. There were door prizes galore. Each person was given a lucky number ticket, and each time we weren't lucky, we shouted to Joyce to "shake up the basket!"



I enjoyed the entertainment provided by the Happy Strummers & Kona Daifukuji Taiko. Masaru Deguchi's harmonica playing was also wonderful, as was Philip Hema's T'ai Chi, which I could see in between people sitting down and writing at the Bare Bones Writers' table.

I visited the Kona Daifukuji Orchid Club's table and got a pretty orchid corsage. How happy I was! I also saw a Ming jewelry treasure, an ivory orchid set that once belonged to Mildred Oshima which was donated to the club by Rev.



Jiko. At the Shakyō table, I traced a picture of the bodhisattva Jizo, which Miki laminated for me. When it was my turn to use the laminator, my piece got stuck. Luckily, Brian was there to fix it.

At the Fujinkai table I found delicious sushi, jello, and mangoes. The Zazenkai's table, set up by Barbara, offered a very nice display of photos, as well as an altar and an actual meditation cushion on the floor. Do you think anyone was able to meditate amidst all the excitement and noise?



It was a delight to observe the children bouncing around with so much freedom and joy. They helped their parents teach the art of origami at the Family Sangha table, which featured an origami sumo game.

I also visited Jean and Myles' Bon Dance table and received Finding Nemo & Dory fish graham crackers which reminded me of Disney's Tsum Tsums.

1:00 p.m. came around pretty fast and everyone helped clean up and get ready to go home. I went outside to rest and wait for Sid. Sitting next to me was Mrs. Arase with

her 20-pound squash which she was so happy to win. I helped her put it in the truck and waved good-bye to her.

What a day of love and camaraderie! Thank you to all of the groups that participated and contributed to a very joyful day.

Movie on Mindfulness to be Shown October 20

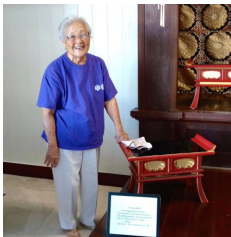
7:00 p.m.

The Mindfulness Movie will be featured at our October movie night. Based on true stories, this 1-hour, 9-minute film takes a look at the benefits of the practice of mindfulness, which is being used by many people these days to manage stress, anxiety, depression, PTSD, and other problems. It is both entertaining and educational. Join us on October 20. There's no charge. Just bring a mug for tea. Movie nights are held in the Kannon Hall inside the temple.

If you are interested in starting a mindfulness practice, come to the Mindfulness Class on October 23.

Mindfulness Class to be Held October 23

Mindfulness is “where the rubber meets the road” for Buddhist practice. Mindfulness is the simple, repetitive effort of bringing one’s attention back to the task at hand throughout the day. Mindfulness, together with meditation and keeping the precepts, leads to the “goalless goal” of awakening. Daifukuji will offer a one-hour class on mindfulness, taught by Clear Houn Englebert, on **Sunday, October 23 at 2:00 p.m.** The class is free, but preregistration is required. Please call the temple at 322-3524 to register.



Mahalo to our Samu group volunteers who clean and maintain our temple, nokotsudo, & grounds every Friday.

October Programs

Dharma Study Classes - Tuesdays, **October 4, 11, & 18 (No class on October 25)** 4:00 - 5:00 p.m.

Study sessions based on the book *Living By Vow* by Rev. Shohaku Okumura, a Soto Zen priest and scholar, are being held each Tuesday afternoon from 4:00 -5:00 p.m. in the temple library. All are welcome. Call Rev. Jiko at 808-322-3524 for information.

Family Sangha Services: Sharing the Dharma with Children - October 9, 23, & 30 at 9:30 a.m. Child-friendly services include yoga, singing, chanting, zazen, and a Dharma lesson.

Zazen (Meditation)

- * Every Wednesday morning from 6 a.m. - 7:20 a.m.
- * Thursday, **October 13 & 27** from 7 p.m. - 8:30 p.m.
- * **Zazenkai Potluck Breakfast Meeting - October 26 at 6:30 a.m. after 1 period of zazen. Zazenkai members, please help us in the planning of a January Zen retreat.**

Both morning and evening sessions include 20 minutes of chanting. Donations may be placed in the box on the incense table. Call Rev. Jiko at (808) 322-3524 for further information.

Shakyo & Shabutsu Art Meditation - Saturday, October 1 from 8:00 a.m. - 9:30 a.m.

Mindfully tracing the Heart Sutra & pictures of buddhas and bodhisattvas in silence unifies body, breath, and mind and attunes one to the Buddha's teachings. All supplies provided. By donation.

Baikako Choir Practice - October 23 7:45 a.m. to 9:00 a.m.

T'ai Chi

Every Tuesday & Thursday from 9:00 - 10:00 a.m. & Wednesday from 12:00 -1:00 p.m. in the Hisashi Kimura Cultural Hall. All are welcome. Call instructor Philip Kakuho Hema for information: (808) 345-1492.



Learn Japanese Songs October 5 9:00 - 10:00 a.m.

On the first Wednesday of the month, Takako Oxley teaches Japanese through the singing of popular Japanese songs. This class meets in the social hall. Call Takako at (808) 989-8085 or send her an email oxleyj002@hotmail.com.

Library News

By Clear Houn Englebert



There are two new DVDs: *Un Buda* by Diego Rafecas and *Bones of the Buddha* by Steven Clarke. *Un Buda* is in Spanish with English subtitles. I highly recommend it—it's touching, sometimes humorous, and quite powerful.

There's also an excellent new CD: *Shakuhachi: the Japanese Flute* by Kohachiro Miyata.

We have three new books in Japanese—gifts to our library from the author, Rev. Eiichi Shinohara: *Buddhism to Light Up Your Life, At All Times, There is a Way Out*, and *True Stories for All to Read, Vol. 1*.

The other new arrivals are:

Freedom Wherever We Go: A Buddhist Monastic Code for the Twenty-First Century by Thich Nhat Hanh.

Designing with Kanji by Shogo Oketani and Leza Lowitz. This wonderful book is a guide to using kanji as decorative elements. It has the kanji for such words as Lotus, Buddha, Bodhisattva, Kannon, Emptiness, and Enlightenment. The kanji is shown with a grid background and in four styles: Formal, Modern, Flowing, and Stylish.

Buddha of the Future by Nandana Cutiwongs and Denise Leidy is a well-illustrated guide to an exhibit of an early Maitreya statues from Thailand. It's largely concerned with the art history and iconography of Buddha and bodhisattva statues including Kannon.

A Flock of Fools by Kazuaki Tanahashi and Peter Levitt. The authors translate and retell stories from the One Hundred Parable Sutra, which is considered to be the most humorous of all the sutras.

Eat Sleep Sit by Kaoru Nonomura is his account of his year at Eiheiji—described as Japan's strictest monastery.

Buddha: The Intelligent Heart by Alistair Shearer is a beautifully illustrated overview of our religion.

Buddhism and Rock by Sylvia Lachman is about Buddhist caves and carvings in living rock—rock lying in its natural disposition. The book is fascinating and well illustrated.

Entry into the Realm of Reality: The Text translated by Thomas Cleary is the final book of the lengthy Avatamsaka Sutra.



Garden Dharma: The Clingy Peas

By Rev. Jiko Nakade



Have you ever planted peas? A couple of months ago I received some healthy little pea plants from Patsy and Brandon Sayphone, who contributed them to our temple's vegetable garden. I wove string back and forth across an old, rotted wooden fence which I had decided to use as a trellis. I thought that this would give the peas something to climb. Judie Myoko stepped in to lend a hand. Not knowing much about growing peas, she and I planted a row of plants close to the trellis on either side, then two more rows a couple of inches away from the first two rows. As you can imagine, the plants further away from the trellis had nothing to grab. As they grew, they sent out their sticky tendrils which curled around the closest things that were there — the pea plants in the row next to them.

With her quick thinking, Myoko set up another trellis for one of the two rows of plants that needed it. There wasn't enough room to set up yet another trellis for the row on the opposite side. The sticky, curly green tendrils were fascinating to watch. They were madly driven to attaching themselves to something even if it meant strangling their neighbor. They just had to latch onto something — anything. Those that did latch on to their neighbor prevented their neighbor from reaching the trellis, so both plants ended up in a pitiful heap. Carefully I untangled their curly tendrils, separated them, and helped each plant reach the trellis. I felt like a yoga teacher for peas, urging the plants to stretch, stretch, stretch in order to reach the trellis. And stretch upward they did in a magnificent sun salutation! Luckily, all four rows of peas managed to survive and thrive, producing pretty flowers and sweet, crunchy pods. Thank you, Patsy and Brandon.

This gardening experience provided me with a good Dharma lesson. Seeing the pea plants' long, sticky tendrils swinging back and forth in the air reminded me of my own grasping and craving mind which, in its longing for security and permanence, desperately looks for something upon which to hook itself. With mindfulness, however, such habitual states of mind can be noticed and curbed. When I am mindful, I am able to *see* the habit energies that drive me into unwholesome states of mind. With mindfulness, I am able to see and pause, gently allowing my clingy, anxious mind to relax and loosen up, allowing clarity and a sense of spaciousness to enter. With spaciousness, the light of wisdom shines through. With wisdom, I am no longer a pea plant with sticky waving tendrils fiercely searching for something to which to cling. I relax and feel the breeze of the Buddha's great compassion.

A garden is truly a wonderful place for reflection. My lesson from the peas reminded me of how precious our Buddhist practice of zazen and mindfulness truly is. I cordially invite you to join me in October for the Daruma-ki service, Buddhist movie night, and Clear Houn's mindfulness class.

Thank you for your support of Daifukuji Soto Mission and its many programs.

We take refuge in the Buddha, the Dharma, and the Sangha. Namu kie butsu, namu kie ho, namu kie so.

the Gay Sangha

a Buddhist group open to all, with a particular invitation to gay women and men and their families and friends

Daifukuji Soto Mission
Honalo, Kona
322-3524 daifukuji.org

Daifukuji Gay Sangha
328-0329

Feel free to call, or join us there:

**forming Friday, October 7
6:00 to 7:30pm, with
meditation and discussion**



Coming Up in November...

- Project Dana.....November 9
- Coffee Festival Bento Sale.....November 12
- Kannon-ko Service.....November 16
- Thanksgiving Service.....November 20
- Temple & Grounds Clean Up...November 27

In Memoriam



To the family of the late Dorothy Ichikawa who passed away August 7 at the age of 79, we send our heartfelt condolences.

To the family of the late Shizuko Kabei who passed away August 9 at the age of 94, we extend our love and sympathy.

Namu Shakamuni Butsu



Temple To Be Closed October 24 & 25

On October 24 & 25 (and possibly longer, depending on the weather), the temple will be closed for fumigation. At the end of August, the social hall, cultural hall, and nokotsudo were fumigated. However, due to the threat posed by the approaching hurricane, fumigation of the temple and minister's residence was suspended.

It's possible that the road to the columbarium and cemetery will again be blocked during the fumigation. Please plan accordingly.

Mahalo to the members of the samu group & Fujinkai members who helped with fumigation preparations. Arigato to Kris Yamauchi who served as night watchman & to Philip Kakuho Hema for standing by.

Sangha Family Fun Day



Nina & Hina enjoying an art activity



Bon Dance led by Winifred Sensei



Myles & Jean at the Bon Dance table



The Sangha Sisters



Zen Taiko members helped Tony in the shave ice booth



Kona Daifukuji Orchid Club



The Daifukuji Family Sangha

October 2016

September 2016							October 2016							November 2016						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
				1	2	3							1							1
4	5	6	7	8	9	10	2	3	4	5	6	7	8	6	7	8	9	10	11	12
11	12	13	14	15	16	17	9	10	11	12	13	14	15	13	14	15	16	17	18	19
18	19	20	21	22	23	24	16	17	18	19	20	21	22	20	21	22	23	24	25	26
25	26	27	28	29	30		23	24	25	26	27	28	29	27	28	29	30			
							30	31												

- Adult Taiko
- Temple Board
- Kannon-ko Service
- Bon Dance Group
- Family Service
- Fujinkai
- Project Dana
- Teen Sangha
- Major Service
- Zazen
- Baikako Practice
- Orchid Club
- Work
- Home
- Sangha Sisters
- Dharma Study
- Samu
- Work
- Youth Taiko
- Happy Strummers
- Special Events
- US Holidays
- Offsite Backup

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25 Family Sa...Field Trip 7:45 AM Baikako	26 5:00 PM Youth Taiko	27 9:00 AM T'ai Chi 4:00 PM Dharma Study 5:30 PM Zen Taiko	28 6:00 AM Zazen 12:00 PM T'ai Chi 5:00 PM Youth Taiko	29 9:00 AM T'ai Chi 5:30 PM Zen Taiko	30 7:30 AM Samu	1 8:00 AM Shakyo 9:30 AM Youth Taiko
2 Darumaki Service 9:30	3 5:00 PM Youth Taiko	4 9:00 AM T'ai Chi 4:00 PM Dharma Study 5:30 PM Zen Taiko	5 6:00 AM Zazen 9:00 AM Japanese 12:00 PM T'ai Chi 5:00 PM Youth Taiko 7:00 PM Fujinkai	6 9:00 AM T'ai Chi 5:30 PM Zen Taiko 7:00 PM Temple Board	7 7:30 AM Samu 6:00 PM Gay Sangha	8 Fujinkai Field Trip 9:30 AM Youth Taiko
9 9:30 AM Family Service	10 Columbus Day 5:00 PM Youth Taiko	11 9:00 AM Bare Bones Writers 9:00 AM T'ai Chi 4:00 PM Dharma 5:30 PM Zen Taiko	12 Project Dana 8:30 am 6:00 AM Zazen 12:00 PM T'ai Chi 5:00 PM Youth Taiko 7:00 PM Orchid Club	13 9:00 AM T'ai Chi 5:30 PM Zen Taiko 7:00 PM Evening Zazen	14 7:30 AM Samu 7:00 PM Sangha Sisters	15 9:30 AM Youth Taiko 1:00 PM HSMA Meeting
16 8:30 AM Taishoji Centennial	17 5:00 PM Youth Taiko 7:00 PM Bon Dance Class	18 9:00 AM T'ai Chi 4:00 PM Dharma Study 5:30 PM Zen Taiko	19 Kannon-ko 10 am 6:00 AM Zazen 12:00 PM T'ai Chi 5:00 PM Youth Taiko	20 9:00 AM T'ai Chi 5:30 PM Zen Taiko 7:00 PM Buddhist Movie	21 7:30 AM Samu	22 9:30 AM Youth Taiko
23 7:45 AM Baikako 9:30 AM Family Service 2:00 PM Mindfulness Class	24 9:00 AM Temple Fumigation 5:00 PM Youth Taiko	25 ... Temple Fumigation 9:00 AM T'ai Chi 5:30 PM Zen Taiko	26 6:00 AM Zazen 6:30 AM Zazen Meeting 12:00 PM T'ai Chi 5:00 PM Youth Taiko	27 9:00 AM T'ai Chi 5:30 PM Zen Taiko 7:00 PM Evening Zazen	28 7:30 AM Samu	29 9:30 AM Youth Taiko
30 9:30 AM Family Service	31 Halloween 5:00 PM Youth Taiko	1 9:00 AM T'ai Chi 4:00 PM Dharma Study 5:30 PM Zen Taiko	2 6:00 AM Zazen 9:00 AM Japanese 12:00 PM T'ai Chi 5:00 PM Youth Taiko 7:00 PM Fujinkai	3 9:00 AM T'ai Chi 5:30 PM Zen Taiko	4 7:30 AM Samu 6:00 PM Gay Sangha	5 9:30 AM Youth Taiko